

1 **Title:** Total Root Remodeling by Sleeve Technique for Aortic Regurgitation in Repaired Tetralogy
2 of Fallot

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23 **Abstract**

24 We report a 15-year-old patient who developed aortic regurgitation (AR) primarily because of
25 annulus dilatation late after definitive repair of Tetralogy of Fallot. Valsalva sinus dilatation was
26 not remarkable enough for root replacement. For the purpose of total root remodeling, the Sleeve
27 procedure was employed. This procedure not only reduced root diameters but also augmented
28 commissure heights. With concomitant non-coronary cusp plication, AR was effectively
29 controlled. As an alternative to root replacement, Sleeve may be a preferable postoperative option
30 for patients with congenital heart disease who develop AR because of dilatation of the annulus or
31 sino-tubular junction without significant dilatation of the sinus of Valsalva.

32 **Introduction**

33 The strategy of valve sparing aortic repair for aortic regurgitation (AR) in patients without
34 severe root dilatation is controversial. We report total root remodeling by Sleeve procedure¹ in a
35 young severe AR patient with severe annular dilatation but not severe sinus of Valsalva
36 dilatation late after definitive repair of Tetralogy of Fallot (TOF).²

37

38 **Case report**

39 A 15-year-old male (height 168 cm, weight 47 kg, body surface area 1.5 m²) had undergone one-
40 stage repair of TOF at the age of 3 years. AR gradually worsened to severe, and the patient was
41 referred to our hospital for surgery. Preoperative transthoracic echocardiography (TTE) showed
42 leaflet malcoaptation and aortic root dilatation. Left ventricular end-diastolic and end-systolic
43 diameters were 61 mm and 38 mm, respectively. As shown in Table 1 and Figure 1 (upper panel),
44 the aortic annulus was severely dilated, but dilatation of the sinus of Valsalva and the sino-tubular
45 junction (STJ) remained less than severe. Thus, the mechanism of AR was the outward tethering
46 of cusps due to dilatation of the aortic root, mainly associated with annular dilatation. During
47 surgery (Video 1), the aortic root and the area around the origin of both coronary arteries were
48 carefully dissected. In total, eight mattress 4-0 sutures were placed at the level of the ventriculo-
49 aortic junction in a circular fashion. Subsequently, a 28-mm artificial Valsalva sinus graft (Japan
50 Life Line, Chiba, Japan) was placed using the Sleeve technique¹ to plicate the annulus by the
51 bottom end of the graft. At the top end of the graft, the dissected native STJ end was sutured while

52 slightly lifting the commissures up and letting the sinuses down in order to increase the
53 commissure height and keep the coaptation point in the proper position. Central plication with
54 three simple stiches was added at the non-coronary cusp to increase its effective height (Video 1).
55 Cardiac arrest time was 116 minutes. Postoperative AR was traced by intraoperative trans-
56 esophageal echocardiography (Video 2). As shown in Table 1 and Figure 1 (lower panel), the root
57 was reshaped, and the effective heights in all three cusps were increased with sufficient coaptation.
58 All three commissure heights increased post-operatively: The average commissure height was
59 18.6 ± 1.2 mm before surgery, and 20.3 ± 1.0 mm after surgery. The patient was discharged to home
60 uneventfully on the thirteenth day after operation. TTE at 18 months after surgery showed mild
61 AR. Both ventricular end-diastolic and end-systolic diameters were reduced (48 and 33 mm,
62 respectively).

63

64 **Comment**

65 In terms of valve-sparing repair, the David or Yacoub procedures are highly established strategies.
66 However, indication of root replacement for the patients with mild or moderate root dilatation is
67 controversial. In contrast to the remarkable aortic annulus dilatation in the present case, the
68 Valsalva sinus was not severely dilated enough to be resected. Therefore, the Sleeve procedure,
69 which spares the Valsalva sinus and enables annuloplasty, STJ plasty and the prevention of
70 ongoing root dilatation, was employed. Out of several annular stabilization techniques, such as
71 external suture or band annuloplasty³ and internal ring annuloplasty, we selected the Sleeve

72 method in the present case for the purpose of remodeling the entire root, including the annulus.
73 In the Sleeve procedure, reconnection of the coronary arteries is not required, and the suture lines
74 are considerably shorter than those in root replacement, which should reduce aortic cross-clamp
75 time and perioperative bleeding. Interestingly, commissure heights in this case were increased
76 post-operatively. This may have resulted from the previously noted suture line at STJ or the
77 longitudinal stretch of the inter-leaflet triangle caused by radial compression of the sinus of
78 Valsalva by the graft. Increased commissure height contributes to maintaining a sufficient
79 coaptation surface and to avoiding iatrogenic cusp prolapse induced by downsizing of the aortic
80 root diameter. Long-term prognosis of the residual aortic regurgitation after the Sleeve procedure
81 has not been fully understood, and close follow-up is necessary.

82 A certain subset of congenital heart diseases that exhibits ongoing dilatation of the aortic root
83 resulting in AR has been reported.⁴ For such patients with less than severe Valsalva sinus
84 dilatation, the Sleeve procedure can be an effective option.

85 **Figure legend**

86 Figure 1 Pre- and post-operative multi-planar reconstruction image of each cusp by computed
87 tomography at late diastole

88 The arrows indicate the effective heights. The horizontal lines correspond to the basal ring.

89 EH: effective height, GH: geometric height

90

91 **Video legends**

92 Video 1: Intra-operative video

93 Video 2: Echocardiograms and cardiac computed tomographies (3D images) before and after

94 surgery

95 Table 1 Aortic root configurations before and after surgery

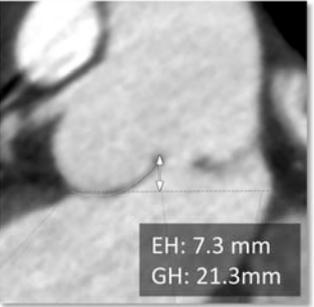
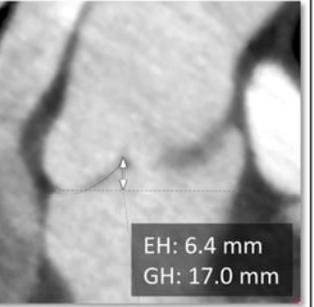
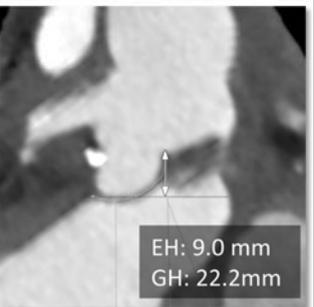
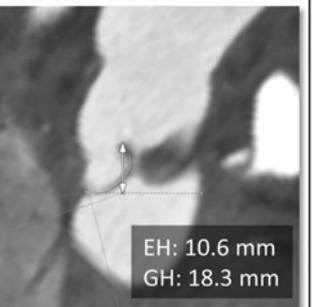
	Pre-operation	Post-operation
Aortic annulus, mm	38.3	27.6
Sinus of Valsalva, mm	41.0	28.1
Sino-tubular junction, mm	31.8	23.7

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97 **References**

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Figure 1

	Right coronary cusp	Left coronary cusp	Non-coronary cusp
Pre-op	 <p>EH: 9.0 mm GH: 20.5 mm</p>	 <p>EH: 7.3 mm GH: 21.3mm</p>	 <p>EH: 6.4 mm GH: 17.0 mm</p>
Post-op	 <p>EH: 10.9 mm GH: 20.7 mm</p>	 <p>EH: 9.0 mm GH: 22.2mm</p>	 <p>EH: 10.6 mm GH: 18.3 mm</p>