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2 ARTICLE

3 **A homozygous splice site *ROBO1* mutation in a patient with a novel syndrome with**  
4 **combined pituitary hormone deficiency**

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20 **Running title:** A *ROBO1* mutation in a patient with hypopituitarism

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41

42 **Abstract**

43 The genetic causes of combined pituitary hormone deficiency remain elusive in most patients.  
44 Recently, incompletely penetrant heterozygous mutations in *ROBO1* have been described in  
45 patients with pituitary stalk interruption syndrome. Herein, we identified a novel homozygous  
46 slice site mutation in *ROBO1* (c.1342+1G>A) using a trio whole-exome sequencing strategy  
47 in a five-year-old Japanese boy who had combined pituitary hormone deficiency,  
48 psychomotor developmental delay, severe intellectual disability, sensorineural hearing loss,  
49 strabismus, and characteristic facial features, including a broad forehead, micrognathia, and  
50 arched eyebrows. Magnetic resonance imaging delineated anterior pituitary hypoplasia,  
51 ectopic posterior pituitary, invisible pituitary stalk, thinning of the corpus callosum, and  
52 hypoplasia of the pons and midbrain. The phenotypically normal parents (first cousins) were  
53 heterozygous for the mutation. The results provide further evidence of *ROBO1* being  
54 involved in the development of the pituitary gland. A recessive mutation of *ROBO1* is a  
55 potential novel cause of a syndromic disorder associated with combined pituitary hormone  
56 deficiency.

57

## 58 **Introduction**

59 Normal pituitary development requires a complex genetic cascade of transcription factors and  
60 signaling molecules, either intrinsic or extrinsic to the developing Rathke's pouch [1].  
61 Mutations of genes involved in these processes, including *POU1F1*, *PROP1*, *HESX1*, *LHX3*,  
62 *LHX4*, *OTX2*, *GLI2*, and *SOX2*, are associated with a wide range of pituitary phenotypes,  
63 such as isolated growth hormone (GH) deficiency and combined pituitary hormone  
64 deficiency (CPHD), which is defined as the presence of hormone deficits affecting at least  
65 two anterior pituitary hormone lineages [1, 2]. However, the definitive genetic causes remain  
66 obscure in the majority of patients with CPHD [2, 3].

67 Congenital hypopituitarism is frequently associated with other extrapituitary  
68 abnormalities, such as anophthalmia/microphthalmia, optic nerve hypoplasia, dysgenesis of  
69 the corpus callosum, absence of the septum pellucidum, and holoprosencephaly, suggesting  
70 that defects in signaling molecules or transcription factors involved in the development of the  
71 forebrain result in such syndromic disorders [4].

72 The roundabout guidance receptors (ROBOs) and their Slit guidance ligands play  
73 critical roles in axonal guidance, which is essential for the formation of the neuronal network  
74 in the central nervous system. ROBO1 acts as the gatekeeper controlling the midline crossing  
75 of axons [5].

76 In the present study, we identified a homozygous splice-acceptor site mutation in the  
77 *ROBO1* gene in a patient with a characteristic syndromic disorder associated with CPHD.  
78 Our study implies that recessive *ROBO1* null mutations cause a novel neurodevelopmental  
79 syndrome associated with CPHD.

80

## 81 **Materials and methods**

### 82 **Case reports**

83 This Japanese male patient was born at 38 weeks of gestation as the first child of  
84 consanguineous phenotypically normal parents (first cousins) with no other significant family  
85 history. At birth, his length was 50.0 cm (+0.9 standard deviation [SD]), his weight 3.28 kg  
86 (+1.2 SD), and his head circumference 37.5 cm (+3.4 SD). He had distinct facial features  
87 with a broad forehead, micrognathia, a broad philtrum, and arched eyebrows (Fig. 1a). He  
88 also had hypotonia, micropenis, cryptorchidism, strabismus, and sensorineural deafness.  
89 Brain magnetic resonance imaging delineated hydrocephalus, anterior pituitary hypoplasia,

90 ectopic posterior pituitary, invisible pituitary stalk, thinning of the corpus callosum, and  
91 hypoplasia of the pontine and midbrain (Fig. 1b, c).

92 At 20 days of age, he developed recurrent hypoglycemia and conjugated  
93 hyperbilirubinemia. A hormonal examination for critical samples obtained at the time of  
94 spontaneous presentation of hypoglycemia showed central hypothyroidism and low serum  
95 cortisol and plasma ACTH levels, suggesting the presence of CPHD (Table 1). He was  
96 therefore started on thyroid hormone and hydrocortisone replacement therapies. At 18  
97 months of age, his height was 64.5 cm (-5.1 SD). Endocrine studies at that time confirmed  
98 the diagnosis of CPHD (associated with deficiencies of GH, TSH, prolactin, LH, FSH, and  
99 ACTH) (Table 1), and recombinant human GH therapy was started.

100 At the final examination at 5 years of age, his motor and mental development was  
101 severely retarded. He was unable to speak any meaningful words and sit alone. Diffusion  
102 tensor imaging and fiber tractography, performed after the genetic diagnosis, demonstrated  
103 thinning of the corpus callosum and the anterior commissure but showed the presence of  
104 transverse pontine fibers (Fig. 1d).

105

#### 106 **Molecular studies**

107 This study was approved by the Institutional Review Board at Nagasaki University Graduate  
108 School of Biomedical Sciences. Trio whole-exome sequencing was performed using a  
109 SureSelect Human All Exon V5 (Agilent Technologies, Santa Clara, CA, USA) on a HiSeq  
110 2500 platform (Illumina, San Diego, CA, USA). DNA was obtained from peripheral blood  
111 samples of the patient and the parents after written informed consent was obtained from the  
112 parents. The reads in the FASTQ files were aligned to the human reference genome using  
113 Novoalign version 3.0 (<http://www.novocraft.com/>). The mean depth of the RefSeq coding  
114 region was 140.54 with 97.2% of total coding sequences covered by 20 reads or more in the  
115 proband. Trio-based genomic variation information was detected by the Genome Analysis  
116 Toolkit software version 3.4-46 [6]. Subsequently, *de novo*, homozygous, compound  
117 heterozygous, and X-linked variations in exons and canonical splice sites ( $\pm 2$  bp) were  
118 extracted and annotated by the ANNOVAR software [7]. This process excluded variants with  
119 allele frequencies  $>0.5\%$  in any of the Exome Aggregation Consortium (ExAC)  
120 (<http://exac.broadinstitute.org/>), NHLBI GO Exome Sequencing Project  
121 (<http://evs.gs.washington.edu/EVS/>), Human Genetic Variation Database  
122 (<http://www.hgvd.genome.med.kyoto-u.ac.jp>), the 1KJPN database of Tohoku Medical

123 Megabank (<http://www.dist.megabank.tohoku.ac.jp>), and in-house exome data. Heterozygous  
124 variations sharing the same GENCODE v19 genes were also extracted to detect compound  
125 heterozygous mutations. The candidate variants identified in the strategy were confirmed via  
126 Sanger sequencing.

127

## 128 **Results**

129 Using the trio-based strategy and the filtering methods, we identified eight candidate variants  
130 consisting of six homozygous and two X-linked hemizygous variants (Supplemental Table 1).  
131 Of these, a homozygous splice-acceptor site mutation in *ROBO1* (c.1342+1G>A,  
132 NM\_002941) was proposed as the best candidate by the Online Mendelian Inheritance in  
133 Man database information of known diseases ([www.omim.org](http://www.omim.org)) (Fig. 2a, b). This splice  
134 mutation is predicted to cause exon skipping and frameshift mediating nonsense-mediated  
135 mRNA decay ([http://www.fruitfly.org/seq\\_tools/splice.html](http://www.fruitfly.org/seq_tools/splice.html)) [8]. The father and the mother  
136 of the proband were heterozygous for the mutation. The patient had no other pathogenic  
137 mutations in genes known to cause CPHD [2].

138

## 139 **Discussion**

140 We identified a homozygous *ROBO1* splice-acceptor site mutation in a patient with  
141 syndromic CPHD and summarized the genetic and clinical features of patients previously  
142 reported to have *ROBO1* mutations (Table 2). To our knowledge, the combination of his  
143 clinical manifestations has not been reported thus far. Therefore, we propose the null  
144 homozygous mutation of *ROBO1* as the likely genetic cause of a novel syndrome associated  
145 with CPHD, based on the following: First, *Robo1* null mice, which die shortly after birth,  
146 show defects in axon pathfinding with dysgenesis of the corpus callosum and the  
147 hippocampal commissure [5], phenotypically similar to those of patients with biallelic  
148 *ROBO1* mutations (the present patient and Case 6 in Table 2). Second, heterozygous  
149 mutations in *ROBO1* have been recently reported in five patients (Cases 1 through 5 in Table  
150 2) from three independent families with pituitary stalk interruption syndrome [9] and variable  
151 pituitary phenotypes ranging from isolated GH deficiency to CPHD, indicating that *ROBO1*  
152 is involved in the pituitary development and function (Table 2). However, the penetrance of  
153 the dominant *ROBO1* mutations seems to be incomplete, as phenotypically normal members  
154 in the pedigrees also had the same mutation. Indeed, the present parents, harboring a  
155 heterozygous *ROBO1* mutation, seem phenotypically normal. Furthermore, heterozygous

156 *ROBO1* loss-of-function variants, including nonsense, frameshift, and splice site mutations,  
157 are described in the ExAC database. Third, not only homozygous but also heterozygous  
158 patients exhibit various ophthalmological phenotypes, such as strabismus, optic nerve  
159 hypoplasia, and hypermetropia (Table 2) [9, 10]. This may not be surprising, considering that  
160 Robo/Slit signaling plays a critical role in the extension of the retinal ganglion cell axons  
161 from the eye to the brain and formation of the optic chiasm [11]. Fourth, a patient with  
162 biallelic compound heterozygous missense variants in *ROBO* shared some phenotypes with  
163 the present patient, such as intellectual disability and thinning of the anterior commissure and  
164 corpus callosum [10]. However, the previously reported patient did not exhibit any  
165 abnormalities of the pituitary gland, indicating that the pituitary phenotypes in patients with  
166 biallelic *ROBO1* mutations may be variable. Taken together, these findings imply that the  
167 homozygous *ROBO1* null mutations cause a characteristic neurodevelopmental disorder with  
168 CPHD and defects in axon pathfinding, and heterozygous mutations may also cause diverse  
169 clinical features, ranging from nearly normal to pituitary stalk interruption syndrome and  
170 showing a wide range of penetrance, with expressivity depending on other genetic and  
171 environmental factors.

172 The pathological mechanisms of invisible stalk and pituitary dysfunction in patients  
173 with *ROBO1* mutations remain obscure. Since *ROBO1* defects possibly lead to abnormal  
174 axon elongation of magnocellular neurons from the paraventricular and supraoptic nuclei of  
175 the hypothalamus to the posterior pituitary, *ROBO1* mutations may affect close relationship  
176 and tissue interactions between oral and neural ectoderm, which are critical for development  
177 and differentiation of the pituitary gland. Therefore, it is reasonable to hypothesize that  
178 *ROBO1* mutations result in pituitary dysmorphogenesis and dysfunction [1].

179 In conclusion, the results provide further evidence of the involvement of *ROBO1* in the  
180 pituitary development. Recessive null mutations of *ROBO1* may cause novel syndromic  
181 CPHD. At this time, however, the phenotypic spectrum and mechanisms underlying the  
182 development of pituitary dysfunction remain to be determined in patients with *ROBO1*  
183 mutations. These matters await further investigations.

184

#### 185 **Conflicts of interest**

186 The authors declare no conflicts of interest.

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225 Compound heterozygous variants in ROBO1 cause a neurodevelopmental disorder with  
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231 **Titles and legends to figures**

232 **Figure 1. Clinical findings in the patient.**

233 **(a)** A front view of the patient at one year of age showing distinct facial features with  
234 strabismus, a broad forehead, micrognathia, a broad philtrum and arched eyebrows. T1-  
235 weighted sagittal **(b)** and coronal **(c)** views of the brain magnetic resonance imaging show  
236 anterior pituitary hypoplasia, ectopic posterior pituitary (white arrow), thinning of the corpus  
237 callosum, and the pontine and the midbrain hypoplasia. **(d)** Diffusion tensor imaging and  
238 fiber tractography showing the presence of transverse pontine fibers. The authors have  
239 obtained informed consent from his parents to publication of these images.

240

241 **Figure 2. Mutation analyses of *ROBO1* in this family.**

242 **(a)** Electrochromatograms delineating the homozygous mutation in a splice-acceptor site  
243 (c.1342+1G>A, NM\_002941) in the patient (asterisk) and the heterozygous ones in the  
244 parents. The mutation was confirmed by direct sequencing. **(b)** Pedigree of the family. The  
245 black-painted square indicates the presence of the homozygous variant. Half-black, half-  
246 white symbols represent carriers of the variant in a heterozygous form.

Table 1. Blood hormone values of the patient with a homozygous *ROBO1* mutation

		Patient		Reference values
	Stimulus (dosage)	Baseline	Peak	
GH (ng/ml)	Arginine (0.5 g/kg)	0.17	<b>0.68</b>	>6 <sup>b</sup>
	L-Dopa (10 mg/kg)	0.2	<b>0.27</b>	>6 <sup>b</sup>
LH (mIU/ml)	GnRH (2.5 µg/kg)	<0.1	<b>&lt;0.1</b>	0.4-6.0 <sup>b</sup>
FSH (mIU/ml)	GnRH (2.5 µg/kg)	0.1	<b>0.21</b>	6.3-15.6 <sup>b</sup>
TSH (µU/ml)	TRH (10 µg/kg)	0.01	<b>0.01</b>	>10 <sup>b</sup>
Prolactin (ng/ml)	TRH (10 µg/kg)	2.64	<b>3.61</b>	>2 times of the basal value <sup>b</sup>
ACTH (pg/ml)		<b>3.6<sup>a</sup></b>		12.6-35.0
Cortisol (µg/dl)		<b>0.5<sup>a</sup></b>		5-20
IGF-I (ng/ml)		<b>&lt;0.1</b>		14-148
Free T4 (ng/dl)		<b>0.7</b>		1.01-1.95

Hormone values have been evaluated by the age- and sex-matched Japanese reference data; low hormone data are boldfaced. Blood sampling during the provocation tests: 0, 30, 60, 90, and 120 minutes. <sup>a</sup>Measured at two months of age in his critical samples obtained at time of spontaneous presentation of hypoglycemia (35 mg/dL). <sup>b</sup>Peak values during the provocation tests.

Table 2. Clinical and genetic features of patients with *ROBO1* mutations

Case #	Bashamboo et al <sup>9</sup>					Calloni et al <sup>10</sup>	Present case
	1 <sup>b</sup>	2 <sup>b</sup>	3	4 <sup>c</sup>	5 <sup>c</sup>	6	7
Age (yrs)	2.6	2.6	1	3.9	27.7	9	5
Sex	Male	Female	Male	Female	Female	Male	Male
<i>ROBO1</i> mutations <sup>a</sup>							
Allele 1	c.2928_2929delG p.Ala977Glnfs*40	c.2928_2929delG p.Ala977Glnfs*4	c.3450G>T p.Tyr1114*	c.719G>C p.Cys240Ser	c.719G>C p.Cys240Ser	c.2204 G>A p.Ser735Asn c.2914 G>A p.Ala972Thr	c.1342+1G>A
Allele 2	WT	WT	WT	WT	WT		c.1342+1G>A
Birth measurements							
Gestational age (wks)	39	39	40	41	39	40	38
Weight (SD)	2800 g	2950 g	3580 g	3270 g	NA	2608 g (-1.35)	3280 g (+1.2)
Height (SD)	48 cm	49 cm	48.5 cm	49 cm	NA	47.6 cm (-0.91)	50.0 cm (+0.9)
OFC (SD)	34 cm	34 cm	36 cm	NA	NA	32.4 cm (-1.35)	37.5 cm (+3.4)
Clinical findings							
Affected pituitary hormones	GH	GH	GH	GH, TSH	GH, TSH, ACTH,	N.D	GH, TSH, PRL, ACTH, LH/FSH
Short stature	+	+	+	+	+	N.D	+
Ophthalmologic defects	Strabismus, Hypermetropia	Strabismus, Hypermetropia	-	Strabismus	-	Optic tract defect	Strabismus
Developmental delay	-	-	-	-	-	+	+
Intellectual disability	-	-	-	-	-	+	+
Hypotonia	-	-	-	-	-	+	+
Dysmorphic facial features	-	-	-	-	-	-	+
Hearing loss	-	-	-	-	-	-	+
Micropenis	-	N.A	-	N.A	N.A	-	+
Cryptorchidism	-	N.A	-	N.A	N.A	-	+
Other findings	-	-	Ptosis	Cardiomyopathy	-	Spasitic diplegia ataxia, dysmetria	-
MRI findings							
Anterior pituitary hypoplasia	+	+	+	+	+	-	+
Ectopic posterior pituitary	+	+	+	+	+	-	+
Invisible pituitary stalk	+	+	+	+	+	-	+
Hypoplastic corpus callosum	-	-	-	-	-	+	+
Hypoplastic pontine	-	-	-	-	-	+	+
Hypoplastic midbrain	-	-	-	-	-	+	+
Hydrocephalus	-	-	-	-	-	-	+

Abbreviations: OFC, occipitofrontal circumference; WT, wild type; PRL, prolactin; +, Present; -, Absent; N.D., not described; N.A, not applicable.

<sup>a</sup>NM\_002941, NP\_002932. <sup>b</sup>Cases 1 and 2 are nonidentical twins. <sup>c</sup>Case 5 is a paternal aunt of Case 4.

**Figure 1**

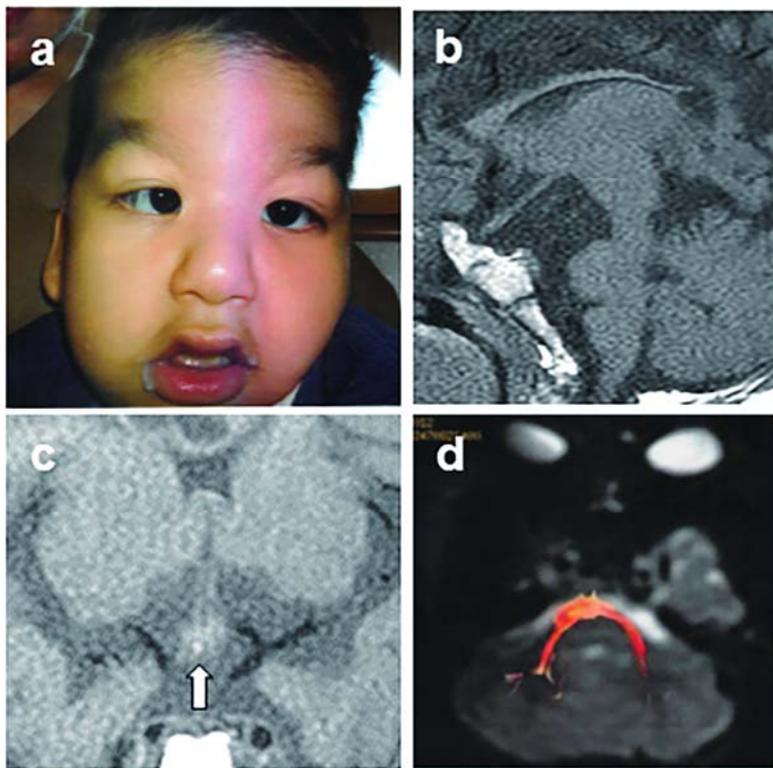
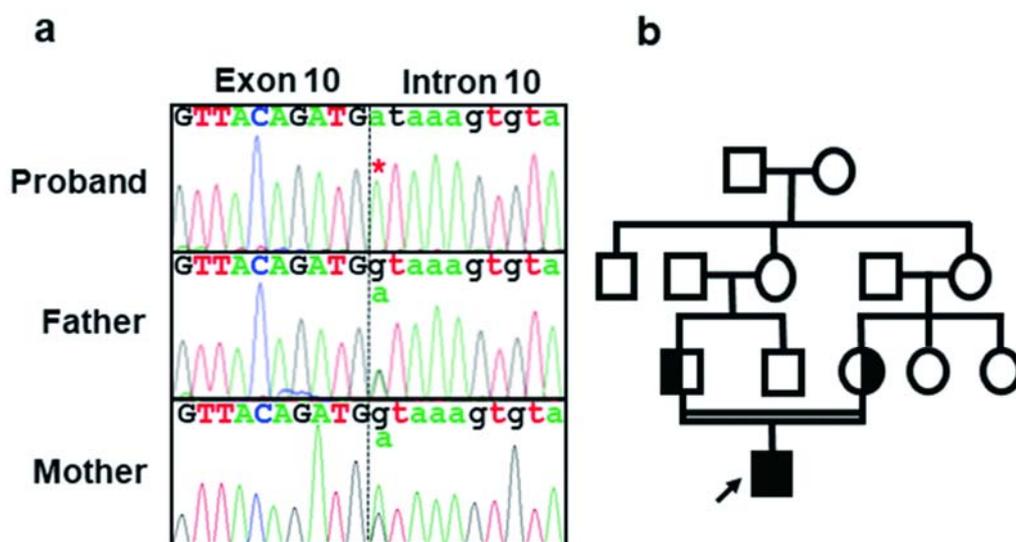


Figure 2



Supplemental Table 1. Candidate pathogenic variants in the patient.

Gene	Locus	Inheritance pattern	Transcript ID	Mutation			Allele frequency <sup>a</sup>	Number of homozygotes <sup>a</sup>	Predicted Pathogenesis		Associated diseases
				Annotation	cDNA	Protein			SIFT <sup>b</sup>	PolyPhen-2 <sup>c</sup>	
<i>PKN2</i>	1p22.2	AR	ENST00000370505.3	missense	c.2455G>C	p.Asp819His	0	-	0.001 (D)	0.998 (D)	Unknown
<i>ROBO1</i>	3p12.3	AR	ENST00000464233.5	splice site	c.1342+1G>A		0	-	-	-	PSIS (AD), Axonal guidance disorder (AR)
<i>CCDC91</i>	12p11	AR	ENST00000539107.1	missense	c.585T>A	p.His195Glu	0	-	0.015 (D)	0.555 (P)	Unknown
<i>CYP1A2</i>	15q24.1	AR	ENST00000343932.4	missense	c.130G>A	p.Glu44Lys	0.00001688	0	0.001 (D)	0.118 (B)	Unknown
<i>IMP3</i>	15q24.2	AR	ENST00000314852.2	missense	c.130G>T	p.Asp44Tyr	0.0000542	0	0 (D)	0.718 (P)	Unknown
<i>TLL12</i>	22q13.2	AR	ENST00000343932.5	missense	c.1508A>G	p.Asn503Ser	0.0000167	0	0.056 (T)	0.042 (B)	Unknown
<i>ACE2</i>	Xp22.2	X linked	ENST00000252519.3	missense	c.1402A>G	p.Ile468Val	0.0007253	0	0.097 (T)	0.651 (P)	Unknown
<i>DUSP9</i>	Xq28	X linked	ENST00000342782.3	missense	c.521C>T	p.Ala174Val	0.0000704	0	0.257 (T)	0 (B)	Unknown

AR, autosomal recessive; AD, autosomal dominant; PSIS, pituitary stalk interruption syndrome.

<sup>a</sup> data from the Exome Aggregation Consortium database.

<sup>b</sup> SIFT (<http://sift.jcvi.org/>); D: deleterious ( $\leq 0.05$ ), T: tolerated ( $> 0.05$ ).

<sup>c</sup> PolyPhen-2 (<http://genetics.bwh.harvard.edu/pph2/>); D: Probably damaging ( $\geq 0.957$ ), P: possibly damaging ( $0.453 \leq \leq 0.956$ ); B: benign ( $\leq 0.452$ )