# The Effect of Magnesium Oxide Supplementation to Aluminum Oxide Slip on the Jointing of Aluminum Oxide Bars

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The purpose of this study was to investigate the effect of modifying aluminum oxide slips with magnesium oxide (MgO) to create a jointing material for In-Ceram® Alumina. Jointed In-Ceram® Alumina bars with In-Ceram® Alumina slips containing 0-1.0 mass% MgO were examined by a three-point bending test. Joint-free bars were also tested as controls. Fracture surfaces were evaluated by scanning electron microscopy. In addition, linear shrinkage and fracture toughness were assessed

The 0.3 mass% MgO group showed the highest flexural strength among the jointed groups, and there were no statistical differences between the joint-free control groups. The fracture surface of 0.3 mass% MgO group showed increased sintering densification with reduced micropore size. No linear shrinkage was observed with the addition of MgO to the alumina slip. Added MgO was also effective in boosting fracture toughness. The present findings indicate that the MgO-supplemented binding material is useful for clinical applications.

Keywords: Aluminum oxide, Magnesium oxide, Jointing

# INTRODUCTION

The mechanical properties of ceramic core materials<sup>1,2)</sup> have improved considerably. As a result, all-ceramic restorations have allowed the construction of natural-looking and promising structures characterized by high color stability<sup>3)</sup>, low thermal conductivity, and high wear resistance. Although some zirconia-based ceramics have been used in esthetic dental restorations<sup>2,4)</sup>, zirconia usually renders the restoration opaque at the "esthetic zone" of the anterior maxillary jaw<sup>5,6)</sup>. In contrast, In-Ceram<sup>®</sup> Alumina (Vita Zahnfabrik, D-79704 Bad Säckingen, Germany) shows moderate translucency<sup>5,6)</sup> and allows the adjustment of color by means of glass infiltration<sup>7,8)</sup>.

Clinically, core materials can be prepared by the slip-cast technique<sup>7</sup>, by milling using the CAD/CAM technique<sup>9</sup>, or by the electroforming technique<sup>10</sup>. Although excellent clinical outcomes for single crown restorations can be obtained with every preparation technique<sup>11,12</sup>, ceramic copings fabricated by the CAD/CAM technique are stronger than those fabricated by other techniques. Commercially available CAD/CAM blocks have a minimal number of flaws and cracks, and they have a smaller range of fracture strength variation<sup>13,14</sup>.

However, the maximum length of In-Ceram<sup>®</sup> Alumina blocks at 28 mm limits the fixed partial dentures to a three-unit design. There are also operative difficulties in applying this material to splinted crowns, which are often required in periodontal

treatment and implant prostheses. The milling bar cannot reach a sharp embrasure without damaging the margin. Therefore, it is simply unfeasible to make multi-unit fixed partial dentures and/or splinted crowns using In-Ceram® Alumina Blanks.

The soldering technique is generally used for metal-based restorations. Clinically, it would be advantageous if sections of In-Ceram® coping could be jointed together. In-Ceram® Alumina Blanks with several connecting designs have been jointed with In-Ceram® Alumina slips. However, the fracture strength of jointed In-Ceram® Alumina bars was significantly lower than that of joint-free In-Ceram® Alumina bars 14,15).

To compensate for the low mechanical strength, Harmer and Brook<sup>16)</sup> have demonstrated that adding MgO to alumina accelerated densification and reduced pore size. The aim of the present study, therefore, was to investigate the effect of MgO supplementation to In-Ceram<sup>®</sup> Alumina on flexural strength, fracture toughness, and linear shrinkage.

# MATERIALS AND METHODS

Specimen preparation

Table 1 lists the materials used in this study. A total of 128 test bars  $(1.2\times4\times10 \text{ mm})$  were machined from In-Ceram® Alumina Blanks (Vita, Batch No. 0602131; Table 1) using a low-speed cutting saw (Isomet, Buehler Corp., Lake Bluff, IL, USA), followed by abrasive paper grinding with a grain size of #600.

Table 1 Experimental materials used in this study

Material	Chemical composition (mass%)	Batch number	Manufacturer
In-Ceram® Alumina Blank	Al <sub>2</sub> O <sub>3</sub> : 100	0602131 7928	Vita Zahnfabrik, D-79704 Bad Säckingen, Germany
In-Ceram® Alumina Slip	Al <sub>2</sub> O <sub>3</sub> : 100	26270	Vita Zahnfabrik, D-79704 Bad Säckingen, Germany
In-Ceram® Alumina Glass Power	Al <sub>2</sub> O <sub>3</sub> : 14-17, SiO <sub>2</sub> : 14-17 B <sub>2</sub> O <sub>3</sub> : 12-15, TiO <sub>2</sub> : 3-5, La <sub>2</sub> O <sub>3</sub> : 39-48, CeO <sub>2</sub> : 2-5, CaO: 2-4	7917	Vita Zahnfabrik, D-79704 Bad Säckingen, Germany
MgO	MgO: 99.9	KLH1020	Wako Pure Chemical Industries, Ltd., Osaka, Japan

Table 2 Experimental and control groups in this study

Testing group	Jointing material
CS	-(Joint-free slip cast bar)
СВ	-(Joint-free In-Ceram Alumina Blanks)
$\mathrm{CJ}$	In-Ceram Alumina slip without MgO
J0.05	In-Ceram Alumina slip with containig 0.05 mass% MgO
J0.1	In-Ceram Alumina slip with containig 0.1 mass% MgO
J0.2	In-Ceram Alumina slip with containig 0.2 mass% MgO
J0.3	In-Ceram Alumina slip with containig 0.3 mass% MgO
J0.4	In-Ceram Alumina slip with containig 0.4 mass% MgO
J0.5	In-Ceram Alumina slip with containig 0.5 mass% MgO
J1.0	In-Ceram Alumina slip with containig 1.0 mass% MgO

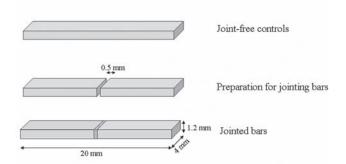


Fig. 1 Joint-free control bar and butt joint shape of jointed bars with a gap distance of 0.5 mm.

To make the binding material, 0.05, 0.1–0.5, or 1.0 mass% MgO (Wako Pure Chemical Industries Ltd., Osaka, Japan, Table 1) was mixed with In-Ceram® Alumina slip (Vita, Batch No. 26270; Table 1) for the experimental groups designated J0.05, J0.1–J0.5, and J1.0 respectively (Table 2). In-Ceram® Alumina slip without MgO was also prepared as a control (CJ).

The bar specimens were adjusted into a butt joint shape with two congruent opposing end surfaces forming a 90° angle to the longitudinal axis of the bars. They were fixed on a custom-made gage with a distance of 0.5 mm between the connecting surfaces (Fig. 1). Distilled water was applied to moisten the surface, and then the jointing material (In-Ceram® Alumina slip with/without MgO) was inserted into the gap using a brush. After drying, the jointed bend test bars were sintered in a porcelain furnace (Commodore 75 VPF, Jelenko, New York, USA) at 1120°C in accordance with the manufacturer's sintering schedule for the slip-cast technique (Table 3).

Joint-free bar specimens  $(1.2 \times 4 \times 20 \text{ mm})$ , either machined from In-Ceram® Alumina Blanks (CB, Vita, Batch No. 7928; Table 1) or entirely fabricated from In-Ceram® Alumina slip (CS), were also prepared as controls. Eight bars (n=8) were prepared for each group listed in Table 2.

After sintering, a mixture of In-Ceram® Alumina Glass Powder (Vita, Batch No. 7917; Table 1) and distilled water was applied to the bars. The bars were placed on a platinum metal foil (Ishifuku Metal Industry Co. Ltd., Tokyo, Japan) and glass infiltration firing was carried out as given in Table 3. Excess glass was removed by means of a carborun-

Firing	Preheating Temp.	Holding Time 1	Heating Rate	Firing Temp.	Holding Time 2
Sintering	100°C	3 min	20°C/min	1120℃	120 min
Glass infiltration firing	$600^{\circ}\mathrm{C}$	2 min	$51^{\circ}\mathrm{C/min}$	1110℃	190 min
Glass control firing	600°C	0.1 min	$80^{\circ}\text{C/min}$	960°C	10 min

Table 3 Schedules for sintering, glass infiltration, and glass control firing

dum point almost down on the surface and by sandblasting with 50- $\mu$ m aluminum oxide. Occasionally, repeated glass control firing and sandblasting were necessary until no more excess glass was visible.

According to the product information of In-Ceram® Alumina from the manufacturer, both In-Ceram® Alumina Blanks and Slip consist of 100% Al<sub>2</sub>O<sub>3</sub>. In other words, MgO was not contained in In-Ceram® Alumina Blanks, Slip, or Glass Powder (Table 1).

# Three-point bending test

A three-point bending test was carried out using a universal testing machine (Autograph AGS-10kNG, Shimadzu Corp., Kyoto, Japan) at a crosshead speed of 0.5 mm/min. Distance between two steel bearers supporting the bars was 15 mm. The bars were positioned in the testing machine in such a way that the jointing interface was centered between the two steel bearers supporting the bars<sup>17)</sup>. Failure load was recorded in Newtons (N), and flexural strength (MPa) was calculated as follows<sup>17)</sup>:

# $M=3Wl/2bd^2$

where W is the failure load (N), l is the test span (mm), b is the width of specimen (mm), and d is the thickness of specimen (mm).

Following the three-point bending test of bar specimens, the next focus was on the jointing material itself. Three jointing materials of CJ, J0.3, and J1.0 were selected and investigated as follows. In order to clarify the effect of MgO supplementation, the fracture surfaces of the three representative jointing materials were observed using a scanning electron microscope (SEM; S-3500N, Hitachi High-Technologies Corp., Tokyo, Japan). Further, linear shrinkage and fracture toughness were also assessed to determine their clinical applicability.

## SEM observation

Additional specimens  $(1.2 \times 4 \times 20 \text{ mm})$  were prepared, each consisting entirely of one of the representative jointing materials. After sintering (Table 3), all specimens were broken and the fracture surfaces of the specimens examined by SEM.

## Linear shrinkage

Linear shrinkage on firing was investigated microscopically. Each jointing material was prepared and fired according to the same firing schedule as given in Table 3. During fabrication, two pieces of thin platinum foils (50  $\mu$ m in thickness) were embedded at an interval of approximately 5 mm apart. Using a digital microscope (VHX-200/100F, Keyence Corp., Osaka, Japan), the distance between the platinum foils was measured in micrometers before and after firing. Five bars were prepared for each group, and the mean linear shrinkage ratio was calculated.

# Fracture toughness

To determine fracture toughness, the indentation fracture method was used  $^{18,19}$ . Three rectangular bar specimens  $(1.5\times4\times36~\text{mm})$  were prepared and fired according to the same firing schedule (Table 3) for each jointing material. Elastic modulus was measured using a universal testing machine (Type 5566S, Instron Co., MA, USA) at a crosshead speed of 0.1 mm/min. Distance between the two steel bearers supporting the specimen was 30 mm.

The specimens were polished with #1500 abrasive paper and diamond paste (Dia Glace, YETI Dentalprodukte GmbH., Engen, Germany) with a felt wheel. A load of 9.8 N was applied to the specimen surface for 15 seconds using a micro Vickers hardness tester (MVK-HI, Akashi Co., Kanagawa, Japan). Each specimen was indented 10 times. Length of the impression diagonal and that of the crack from the rectangular corner of the impression were measured using the digital microscope.

Vickers hardness number (H) and fracture toughness (Kc) were calculated as follows<sup>18)</sup>:

H=1.8544 $P/(2a)^2$ Kc=0.018 $(E/H)^{1/2}(P/C^{3/2})$ 

where E is the elastic modulus (Pa), P is the indentation load (N), a is the half length of the impression diagonal (m), and C is the half length of the crack from the rectangular corner of the impression (m).

## Statistical analysis

After equality of variance was examined by Levene's test, the average value of each experimental group

were compared by one-way ANOVA and Tukey's compromise test using a statistical software (SPSS for Windows 11.5.1J, SPSS Japan Inc., Tokyo, Japan). Statistical significance was set at p>0.05.

#### RESULTS

According to Levene's test, equality of variance was confirmed.

## Three-point bending test

Figure 2 shows the mean flexural strengths and statistical groupings obtained from Tukey's compromise test. There were no statistically significant differences between the joint-free control groups (CS, CB). CJ had the lowest flexural strength (309 MPa), which was about 60% of the strength of joint-free control groups (CS, CB). Jointed groups with MgO had significantly higher flexural strength than CJ. Flexural strength of the jointed groups with MgO

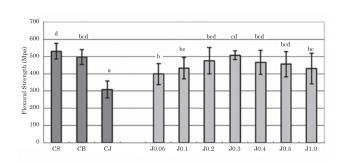


Fig. 2 Average flexural strengths with standard deviations (S.D.) and Tukey's compromise test groupings. Flexural strengths of sample groups with the same letters were not statistically different (p>0.05).

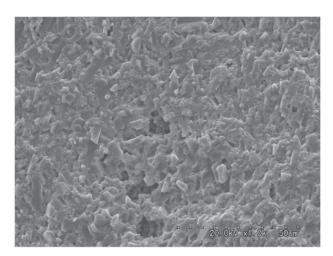


Fig. 3 SEM observation of the fracture surface of CJ.

gradually increased from 0.05 mass% to 0.3 mass%. However, concentrations higher than 0.3 mass% had an adverse effect, leading to a gradual decrease in strength. No significant differences were detected among J0.2, J0.3, J0.4, J0.5, and the joint-free control groups (CS, CB).

## SEM observation

All fracture surfaces showed a number of micropores (Figs. 3–5), and the pore size was obviously different in each sample. The jointing material of CJ showed pores of various sizes, from 1  $\mu$ m to 15  $\mu$ m (Fig. 3). The jointing material of J0.3, the group with the highest joint strength, contained relatively small pores ranging from 1  $\mu$ m to 3  $\mu$ m (Fig. 4). In the jointing material of J1.0, the pores were approximately 5  $\mu$ m in diameter (Fig. 5).

# Linear shrinkage

The means and standard deviations in parentheses of

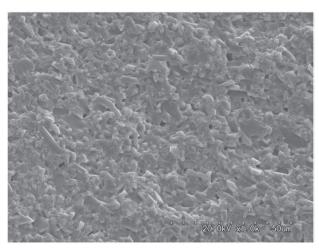


Fig. 4 SEM observation of the fracture surface of J0.3.

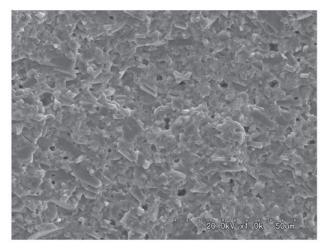


Fig. 5 SEM observation of the fracture surface of J1.0.

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(p>0.00)	(p=0.00)				
Testing group	Elastic modulus (GPa)	Vickers hardness (HV)	Fracture toughness (MPa • $m^{1/2}$ )		
$\mathrm{CJ}$	309.2 (42.8) <sup>a</sup>	1169 (56.4) <sup>a</sup>	4.4 (0.44) <sup>a</sup>		
J0.3	278.1 (11.5) <sup>a</sup>	1173 (50.6) <sup>a</sup>	$4.7 (0.51)^{b}$		
J1.0	254.6 (11.4) <sup>a</sup>	1101 (40.6) <sup>b</sup>	4.1 (0.41) <sup>a</sup>		

Table 4 Mechanical properties of jointing materials. Sample groups with the same letters were not statistically different (p>0.05)

the linear shrinkage ratios calculated for the jointing materials CJ, J0.3, and J1.0 were -0.25~% (0.07), -0.22~% (0.04), and -0.26~% (0.03) respectively. Results showed that all specimens shrank slightly, regardless of the degree of MgO supplementation. No statistically significant differences were detected.

## Fracture toughness

Table 4 shows the mean values of elastic modulus, Vickers hardness, and calculated fracture toughness of the jointing materials. J0.3 showed significantly higher fracture toughness than the others.

## DISCUSSION

Jointing is discouraged for In-Ceram® Alumina frameworks, but there have been several trials to determine its utilization in conjunction with slip materials. Unfortunately, the technical difficulties related to slip technology have led to the appearance of voids and flaws at the interface15 and microporosity in the jointing slip material<sup>14)</sup>, resulting in significantly lower flexural strength than joint-free controls<sup>14,15)</sup>. In-Ceram® slip technology relies on the application of the slip material onto a special plaster surface, allowing moisture absorption into the promote particle agglomeration. However, when sections of In-Ceram® blocks are jointed together, the In-Ceram® blocks also tend to draw off water from the slip, making it difficult to place a new slip material in the connector area uniformly. In the current study, the blocks were transfused with distilled water prior to placing the slip material to prevent defect formation. This step thus allowed normal agglomeration of the slip

The In-Ceram® Alumina system consists of two three-dimensional interpenetrating phases: alumina and lanthanum glass. In this system, the alumina grains are partially sintered together to form necks between contiguous grains, resulting in an open-pore porous alumina network. Thereafter, lanthanum glass is infiltrated into this porous alumina structure to increase flexural strength. It is reported that the growth of interparticle contacts by surface diffusion can enhance flexural strength and fracture toughness of partially sintered porous alumina<sup>20</sup>. Therefore,

control of the sintering mechanism and densification rate could play a key role in improving the strength of the porous alumina structure.

As for the role of MgO, it is used as an additive to improve the strength and fracture toughness of partially sintered alumina and alumina glass-infiltrated ceramics. During alumina powder sintering, MgO greatly improves the homogeneity of the grain size, controls grain growth, and promotes the uniform wetting of alumina grains by liquid via an alteration in the interfacial energies, enabling the fabrication of ceramics with high densities  $^{16,21-25)}$ .

In the current study, it was necessary to apply a load just on the jointing interface. On this ground, the three-point bending test was selected to determine the flexural strength. The MgO-supplemented groups had significantly higher flexural strength than CJ. Since the flexural strengths of the joint-free control groups were similar to those obtained in other studies 14,26, it was reasonable to assume that MgO supplementation indeed positively influenced the sintering mechanism of alumina. In addition, SEM observation of decrease in larger pores was not only consistent, but further endorsed the above flexural strength test results.

Theoretically, flexural strength should increase as MgO concentration becomes higher. However, in the present study, flexural strength decreased gradually at concentrations exceeding 0.3 mass%. This was because agglomerated particles were formed and the alumina grains were not dispersed<sup>27,28)</sup>. As a result, inhomogeneous pores were formed in the alumina structure, changing the handling characteristic of the slip from that of a slurry to that of a downy paste. Indeed, SEM observation showed that J1.0 had larger pores, about 5  $\mu$ m in size, which were not seen in J0.3.

Sintering densification and reduced pore size also resulted in resistance against crack propagation in the fracture toughness test. In the current study, the indentation fracture method was used to determine fracture toughness. Maehara  $et\ al.^{19}$  compared several formulas for calculating  $K_{IC}$  values using the indentation fracture method to the single-edge precracked beam (SEPB) method. They concluded that the formula proposed in JIS R 1607 was substantially comparable to SEPB method and fully acceptable for

 $K_{\rm IC}$  measurement of dental ceramics  $^{19)}$ . According to the formula for fracture toughness calculation, crack length is one of the predominant factors affecting toughness.

With beneficial improvements in flexural strength and fracture toughness as mentioned above, the natural inclination was to suggest immediate clinical application. However, there remained a concern regarding shrinkage after sintering densification. It has been reported that the shrinkage ratio of In-Ceram® Alumina is 0.21%, which is considered to be extremely low<sup>29)</sup>. Campbell *et al.*<sup>29)</sup> reported that the mean grain size of In-Ceram® Alumina powder was 2.25  $\mu$ m, with a wide size range from 0.1  $\mu$ m to 4  $\mu$ m. Since MgO-supplemented binding materials showed almost the same shrinkage ratio as In-Ceram<sup>®</sup> Alumina slip, it was apparent that MgO supplementation effected against the smaller particles to bind the network widely and tightly. The larger particles remained unchanged and maintained their distance during sintering.

Based on the results of this study, it could be said that In-Ceram® Alumina slip with an optimal supplementation of MgO was clinically useful — not only for jointing materials but also for marginal adaptation and additional configuration of the coping. The In-Ceram® system is equipped with an In-Ceram® Optimizer, which is a mixture of alumina powder and wax. It is used to fill small defects and adjust marginal discrepancies. Clearly, the strength of In-Ceram® Optimizer is lower due to the mixed wax. To circumvent this drawback, MgO-supplemented In-Ceram® Alumina slip can be used for marginal adaptation instead.

Recently, machined In-Ceram® copings have become popular with the advancement of CAD/CAM technology. However, the CAD/CAM system renders an even thickness to the copings. This even thickness of the copings then renders the veneering porcelain too thick, resulting in a high probability of porcelain fracture<sup>30</sup>. Copings with an anatomical form are one of the ways to prevent this kind of fracture. Using the current MgO-supplemented In-Ceram® Alumina slip, we could then modify the configuration of the coping without diminishing its mechanical properties.

# CONCLUSION

In-Ceram® Alumina can be jointed using MgO-supplemented In-Ceram® Alumina slip. The 0.3 mass% MgO supplemented In-Ceram® Alumina slip showed the highest flexural strength as well as high fracture toughness with negligible shrinkage. This new slip material seemed well poised to expand the clinical indications of In-Ceram® Alumina ceramic restorations.

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