Development of Sarcomata in the Livers of Albino Rats Given Sodium Nitrite and Dimethylamine (Report 1)

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It is a well-known fact that dimethylnitrosamine (DMNA) causes the formation of liver cancer. And it is also recognized that DMNA is generated from dimethylamine in food and nitrite, a food additive, and that it is produced secondarily in the stomach. But there is a report that shows that albino rats practically given dimethylamine and sodium nitrite have developed no cancer. Therefore, in order to see whether the report is right or not, the present authors kept albino rats for 78 days giving them various degrees of concentration of sodium nitrite and dimethylamine solutions diluted with drinking water. As the result, no formation of tumours was found in the livers of those rats. But the decrease in the vitamin A content of their livers was observed, which suggested the disturbance of the liver function. Then in expectation of the probability that a longer period of administration of sodium nitrite and dimethylamine and a higher concentration of sodium nitrite might develop liver cancer, the authors kept rats for 410 days giving them higher concentrations of sodium nitrite (15 g/l and 30 g/l) as well as an ordinary concentration of it (5 g/l), together with dimethylamine. The rats given sodium nitrite at higher concentrations died of methaemoglobinemia in a week or two, but the ones given at an ordinary concentration survived. One rat died on the 318th day, in whose liver a tumour was observed to have grown. Some tumours were also found in the spleen and the mesentery, which are considered to be metastatic tumours. One of the animals killed on the 410th day was found to have developed a tumour in the liver alone, which suggests that these tumours were liver-idiopathic. These tumours are conjectured through a pathohistological examination to be fibrous sarcomata of vascular origin. Judging from these results, the warning that these substances in food, i.e. dimethylamine and sodium nitrite, when they are ingested for a long time regardless of their quantities, will possibly cause the development of tumours in the liver cannot be disregarded.

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# INTRODUCTION

In 1956, MADEE, P. N. et al. 1) reported that, when albino rats of the Porton strain were given food containing dimethylnitrosamine (DMNA), most of the animals developed cancers in their livers. They23 also stated that, even a very small amount of 2 p.p.m. of this substance caused to generate cancers in 60 weeks when it was given to rats. In 1957, there took place in Norway an accident in which a large number of cattle died of an acute liver disorder. ENDER, F. et al. 3) published in 1964 their report that the couse of their death had been DMNA which was generated in the reaction of dimethylamine contained in herring upon the nitrite added to them as a preservative. Since then many studies<sup>4)~14)</sup> have been reported about the carcinogenicity of DMNA. On the other hand, it has been reported that dimethylamine or diethylamine is harder to be transformed into nitrosamine than diphenylamine because the amine of the former has a considerably strong alkalinity. At present the addition of nitrite to foodstuffs (below 70 mg/kg in residue as nitrite radicals) is admitted. Though these foodstuffs, with a weak acidity of about pH 5.015), do not give to nitrite a very suitable condition (pH 3.6) for its transformation into nitrosamine, it is said that if these foodstuffs contain a considerably large amount of secondary amine, there is every probability that nitroso compounds are produced in the foodstuffs<sup>15)</sup>, as is shown by the fact that there has been an occurrence that 80 p. p.m. of DMNA was detected in Frankfurt sausage<sup>16)</sup>. Moreover, the human stomach shows a strong acidity of pH 1.2-2.0153, giving a very favourable condition for the transformation of dimethylamine into nitrosamine, and so SANDER, J. et al.<sup>10)</sup> and LIJINSKY, W. et al. 17) have warned that tumours may be formed by DMNA produced secondarily when secondary amine contained in foodstuffs and nitrite used as a food additive are taken into a human body together. At present in Japan, nitrite is used as an additive to various kinds of food, and dimethylamine is also contained in large amounts in some of processed marine products and agricultural products<sup>15)</sup>. Consequently these two substances are likely to be taken together, and the resulting dangerousness should be considered. Therefore, the main object of this work is to re-examine the negative results of the experiments with albino rats reported by SANDER, J. et al. 10) and DRUCKREY, H. et al. 6) on the formation of liver cancer by DMNA which is said to be produced secondarily when sodium nitrite and dimethylamine are taken together continuously. Moreover sake', to which salicylic acid as well as nitrate is added, is liable to be taken together with processed marine products and agricultural products, and so dimethylamine contained in those processed foodstuffs is thought to be given a favourable condition for its transformation into a nitroso compound. Accordingly an examination in the case that dimethylamine was taken together with salicylic acid was made additionally.

As experiental materials, albino rats of the Wistar strain were used. First, in order to know the pH in the stomach of the rat, it was measured with pH test paper in the stomachs of two rats. The result was 1.2-1.5, and so the yield in the secondary production of DMNA in the rat's stomach may be thought not to be so widely different from

15

Salicylic

Acid

1 g/1

 $1 \, g/1$ 

that in the human stomach, 45% at pH 1.2-2. Therefore the study was decided to be made by using albino rats to examine how many days it would take them to develop tumours in the livers when sodium nitrite and dimethylamine were given to them. Furthermore, the vitamine A content of the liver was determined in order to examine whether the development of tumours in the liver would have any influence upon it.

# MATERIALS AND METHODS

In experiment 1, male albino rats of the Wistar strain weighing approximately 50 g were fed for a week with MF solid food (manufactured by the Oriental Yeast Industry Co, Ltd.), and after that the rats were divided into six experimental groups of five each as Besides them, another group of five rats was prepared as a control shown in Table 1. group. Three of the six experimental groups were given sodium nitrite of concentrations of 0.5g/l, 2.5g/l, and 5.0g/l respectively, and dimethylamine of a concentration of 4 cc/l each. The other three experimental groups were treated in the same way as the former three, and besides, were given salicylic acid of a concentration of 1 g/l each. The substances to be administered were diluted with drinking water to their respective concentrations. At first the solution of these substances was given to each of the animals by 20 cc a day. But after a month passed, 25 cc were given to each every day. After giving the solution of these substances, the animals were free to drink ordinary drinking water for the rest of the day. They were fed with MF solid food as much as they wanted, and they were weighed every day. On the 78th day, they were decapitated and bled under anaesthesia with ether, and the livers were taken out by means of laparotomy. A part of each liver was used to determine the vitamin A content with the Carr-Price reaction, and the other larger part was used to make a histological specimen, which was subjected to the haematoxylin-eosin staining, the Sudan III staining, and the silvering staining for a pathohistological study.

Experiment 2 was performed in expectation of the probability that a longer period of administration of those substances might generate liver tumours though the result of experiment 1 failed to show the formation of any tumours. Albino rats were given a mixture of 5g/l sodium nitrite and 4 cc/l dimethylamine prepared by diluting with drinking

	Each Group in Experiment 1							
Group	A	В	С	D	E	F	G	
Sodium Nitrite	0.5 g/1	2.5 g/1	5.0 g/1	0.5 g/1	2.5 g/1	5.0 g/1	0 g/1	
Dimethyl- amine	4 cc/1	4  cc/1	4  cc/1	4 cc/1	4  cc/1	4 cc/1	0 cc/1	

 $1 \, \text{g}/1$ 

Table 1 Agent Concentration of Solutions Administered to Each Group in Experiment 1

0 g/1

 $0 \, g/1$ 

0 g/1

0 g/1

water for 410 days as much as they wanted. On the other hand, as it was expected that the exasperation of the functional disturbance of the liver by the administration of a high-er concentration of sodium nitrite might accelerate the development of liver tumours by DMNA, and that the administration of a larger amount of sodium nitrite might increase the amount of DMNA generated secondarily, sodium nitrite of concentrations of 15 g/l and 30 g/l, as well as 5 g/l, with dimethylamine of a concentration of 4cc/l mixed to each were given to another two experimental groups, respectively. Besides them a control group was prepared. That is, male albino rats of the Donryū strain weighing about 100 g each, were equally divided into three experimental groups consisting of four rats and a control group consisting of three (one of the four was not healthy with small body-weight and so omitted from the experiment). At the end of the experimental period, all the animals were decapitated, and the livers were taken out by means of laparotomy. Vitamin A was determined by a part of the liver, and the most part of the liver was subjected to staining in the methods shown in experiment 1 to make the pathohistological examination of the liver.

 Table 2
 Agent Concentration of Solutions Administered to Each Group in Experiment ■

Group	A	В	С	D
Sodium Nitrite	5 g/1	15 g/1	30 g/1	0
Dimethyl-amine	4 cc/1	4 cc/1	4 cc/1	0

# RESULTS

### Experiment 1

#### 1) External symptoms and body-weight

The rats of the groups given 5 g/l sodium nitrite solution began to show symptoms of a skin disorder on the 10th day after the commencement of the experiment. On the 78th day, an especially remarkable disorder was observed on their skins, regardless of the presence of salicylic acid. Their body coat had lost luster and got much disturbed. One was bleeding from the limbs. Another was dead with its eyes starting out of their sockets. Besides, there was one which had died with the belly swallen with ascites.

The change of the mean body-weight of each experimental group maintained for 78 days is shown in Fig. 1. And the mean body-weight and the standard deviation of each experimental group on the 78th day are shown in Table 3. As for the difference between the mean body-weights of the experimental groups on the 78th day, they were examined repeatedly at a level of significance of 5% 18) as shown in Table 4 and the groups whose mean values could not be recognized to be equal to the others were picked up. As the result, the experimental groups given 0.5 g/l and 2.5 g/l sodium nitrite solutions, as well as the corresponding groups given salicylic acid, showed no difference from the control group in the mean body-weight. But the mean body-weights of the experimental groups

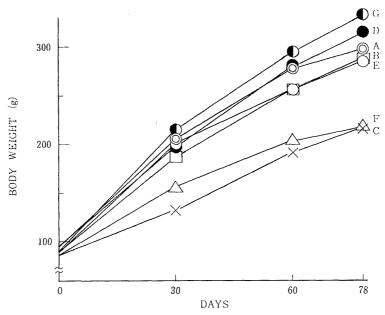


Fig. 1 Changes of the mean body weights of various groups in experiment I

Table 3 Body Weights, Mean Weights and Standard Deviations in Each Group at 78th Day on Experiment |

Experimental Group	Body weight	Mean of the Body Weight (g)	Standard Deviation
A	339 295 295 295 280 278	297 .4	22.01
В	300 308 239 269 330	289.2	31.82
С	190 281 218 175	216.0	40.58
D	320 329 333 302 266	310.0	24.45
E	328 288 294 266	294.0	22.22
F	217 236 232	228.3	8.18
G	321 312 367	333.3	24 .09

given 5g/l sodium nitrite solution were observed to be different from those of the other groups, showing a bad influence of the substance upon the growth of the animals unlike the result of the 3g/l administration reported by SANDER, J. et al. 10) As for the influence of salicylic acid, it was not observed that there was any difference between the body-weight of a group given salicylic acid and that of the corresponding group given no salicylic acid as shown in Table 4.

Table 4	Significant Difference of Mean Body Weight among the
	Various Experimental Groups on 78th Day in Experiment I

Experimental Groups	U. D. U. D. Among Groups (F) Within Group	Mark of Difference between Groups (*)
ABC DEF G	7.44	*
$egin{array}{ccc} A & B & G \\ D & E & G \end{array}$	1.47	
C F	0.19	

U.D. Unbiased Estimate Deviation

#### 2) The vitamin A content of the liver

The amount of the vitamin A contained in 1g of the liver from each rat on the 78th day is given in Table 5. Like in the case of body weight, the mean vitamin A contents were examined by employing the method of analysis of variance, 18) and the groups whose mean values were observed to be different from the others were picked up. As the result, it can be said that the vitamin A contents in the 5g/l sodium nitrite groups were especially small, regardless of the addition of salicylic acid. On the other hand, the standard

Table 5 Amount of Vitamin A Contained in Liver on 78th

Day in Experiment 1

I.U./g

	A	В	С	D	E	F	G
1	38.2	20.8	14.2	42.3	32.0	14.7	39.2
2	45.8	25.5	18.5	38.0	32.0	13.1	43.9
3	33.8	22.8	17.4	42.4	36.8	18.9	34.1
4	58.5	24.7	16.2	44.3	_	_	_
5	20.1	29.1	-	40.0	30.4		_
Mean	39.3	24.4*	16.6**	41.4	32.8	15.6**	39.1
S.D	12.74	2.94	1.59	2.18	2.40	2.45	4.00

S. D Standard Deviation

 $F=10.88 \cdots$  Ratio of the Among Group Unbiased Deviation and Within Group Unbiasee Deviation

<sup>\*\*</sup> Shows the Difference between Mean Value with No Asterisk and That with One Asterisk.

<sup>\*</sup> Shows the Difference between Mean Value with No Asterisk and That with Two Asterisks.

deviation of the vitamin A content in each group showed the largest value in the 0.5 g/l sodium nitrite and salicylic acid group. And it was noted that, of all the salicylic acid groups, the 2.5 g/l sodium nitrite group had a smaller mean vitamin A content than the corresponding group without salicylic acid or the control group.

#### 3) Pathohistology of the liver

In order to examine the disturbance of liver function histologically, tissue specimens were prepared from the livers and stained with haematoxylin-eosin, Sudan III, and silvering. But no remarkable symptoms of disease were found, nor was the slightest sign of the formation of tumours in every specimen. And sodium nitrite of a concentration of 5 g/l which had had a bad influence upon growth or salicylic acid were not observed to have accelerated the formation of tumours.

### Experiment 2

## 1) External symptoms and body-weight

This experiment was made in expectation of the probability that the administration of a higher concentration of sodium nitrite for a longer period than experiment 1 might cause the formation of cancer in the liver. The change of the mean body-weight in each experimental, group is shown in Fig. 2.

In the groups which were given higher concentrations of sodium nitrite, 15g/l and 30 g/l, every animal got weak rapidly and had a skin disorder which had been found in experiment I. And these animals showed a rapid decrease in body-weight, and all the rats in the 15g/l group died between the 8th day and the 14th day, and all in the 30g/l group between the 10th day and the 14th day. In the 5 g/l group, one died on the 318th day,

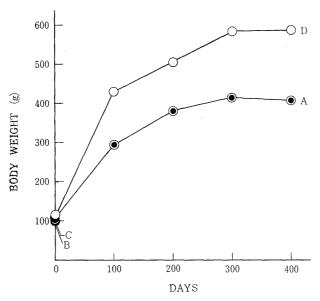


Fig. 2 Daily changes of mean body weights of various groups in experiment [

and two survived till they were decapitated on the 410th day. The intake of sodium nitrite and the body-weight on the 100th day are shown in Table 6.

Experimental Group	Body Weight (g)	Mean Body Weight (g)	Standard Deviation	Intake of Water (cc)	Intake of Sodium Nitrite (g)
A	358 236 302	296	46.73	27 30 27	0.14 0.15 0.14
D	445 390 450	428	27.18	40 41 30	

# 2) The vitamin A content in the liver.

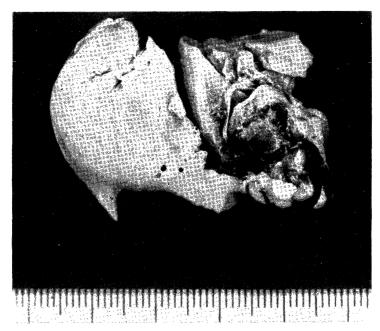
Only the 5 g/l sodium nitrite group survived for a long time (410 days), and the vitamin A contents of their livers were measured, and compared with those of the control group. The results are shown in Table 7, and the comparison of the mean content of the sodium nitrite group with that of the control group shows that the former was about a half of the latter.

Table 7 Amount of Vitamin A Contained in Liver in Experiment II

No. Group	A (I.U./g)	D (I.U./g)	
1	13.6	30.0	
2	19.2	31.4	
Mean	16.4	30.7	

#### 3) Pathohistology of the liver

In order to make a close examination of the symptoms of disease in the liver of the rats, tissue specimens were prepared from the livers. A pathohistological examination was made concerning the rat which had died on the 318th day and the ones which had been decapitated on the 410th day in the 5 g/l sodium nitrite group, and the ones which had died in the early stage of the experiment in the 15 g/l and the 30 g/l groups. In the groups given higher concentrations (15 g/l and 30 g/l) of sodium nitrite, no remarkable change was found in the liver tissue of every individual, nor was any formation of tumours. On the other hand, one of the rats of the 5 g/l sodium nitrite group which were decapitated on the 410th day was found to have developed a tumour in the liver tissue. But in the other organs, mainly the mesentery or the spleen, the development of such a tumour was not found. Furthermore, in this group, the rat which died on the 318th day had developed an especially big tumour of 3.5 x 2.1 cm in diameter as shown in Fig. 3, and



 $\begin{array}{cccc} Fig. \ 3 & Liver \ sarcoma \ (3.5 \times 2.1 cm) \\ & Almost \ all \ the \ hepatic \ tissue \ is \ attacked \\ & by \ this \ sarcoma. & X \ 400 \end{array}$ 

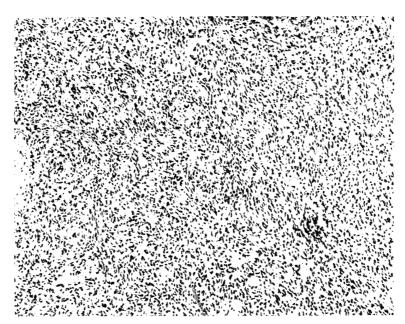


Fig. 4-a The liver stained with haematoxylin-eosin.

Spindle cells are proliferating sarcomatously. X 160

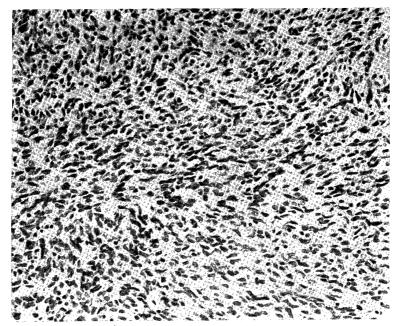


Fig. 4-b The liver stained with haematoxylin-eosin. X 400

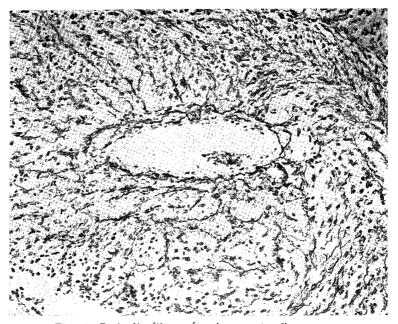


Fig. 5 Reticulin fibers, forming a network, seem to be of vascular origin.  $X\ 400$ 

almost all the ordinary liver tissue was attacked by this tumour. In this rat, some more tumours were found in the mesentery and the spleen as well. The tissue of this tumour is illustrated in the following figure. Fig. 4—a is the picture of the tissue stained with haematoxylin-eosin, showing young cells with spindle nuclei and cytoplasm arranged flowingly. The magnified picture of Fig. 4—a is Fig. 4—b. Non-epithelial tissue with cells of various sizes is seen, which shows the form of a fibrous sarcoma of vascular origin. And Fig. 5 shows the tissue stained by silvering, in which a remarkable increase of silverophilic fibers which are peculiar to a sarcoma but not seen in a cancer is observed. That explains clearly that the tumour is not a cancer but a sarcoma. And this sarcoma is metastatic as stated above. In the other rat, no tumours were found. In the control group, no abnormal symptoms were noticed in their livers.

#### DISCUSSION

### Experiment 1

In the rats of the 5g/l sodium nitrite groups, some skin disorder was noted, which is presumed to have been due to the decrease in vitamin A.

And this degree of concentration of salicylic acid cannot be said to have had any influence upon the growth of the rats in this experimental period.

It is known that the liver, which is the storage of vitamin A, will reduce its vitamin A content easily with the decline of its function. And the fact that the vitamin A content in the 5 g/l sodium nitrite group was especially small is thought to be that this concentration of sodium nitrite had a bad influence upon the function of the liver lowering its capacity of vitamin A, considering that sodium nitrite is liable to cause acute hepatitis<sup>15)</sup>. But some other examinations of the liver function need to be performed as well. As for the relation between the addition of salicylic acid and the vitamin A content, the former is not thought to have had such a great influence upon the latter.

The pathohistological study of the liver showed no marks of the formation of tumours in any specimens. More study needs to be made concerning the fact that there were no remarkable symptoms with pathohistological abnormality even in the groups whose vitamin A contents were clearly different from the others.

#### Experiment 2

In the 15g/l and the 30g/l sodium nitrite groups, every rat showed a rapid decrease in body-weight, and died with skin disorders. They are considered to have died of methaemoglobinemia caused by sodium nitrite. In the 5g/l sodium nitrite group, three survived for a long time, but it is of great interest that one that died on the 318th day and one of those that were killed on the 410th day did not show any decrease in their body-weight in spite of the fact that they had developed sarcomata in their livers.

The fact that the vitamin A content of the liver in the 5 g/l sodium nitrite group was about half of that in the control group is considered to be due to the lowering of the liver function caused by the development of tumours.

The pathohistological study of the liver showed no remarkable symptoms nor the formation of tumours in the dead rats in the group given higher concentrations (15g/l and 30g/l) of sodium nitrite, which is considered to indicate that their death might be caused by methaemoglobinemia due to the virulence of sodium nitrite as stated before. But it cannot be concluded because the examination on methaemoglobinemia has not been performed.

The tumours found in one of the rats which were killed on the 410th day, and in the rat which died on the 318th day in the 5 g/l sodium nitrite group were of the same pathohistological structure, and judging from the fact that one of them developed its tumour in the liver alone, these tumours are considered to have been liver-idiopathic. From the fact that the rat which died on the 318th day was found to have developed tumours in the mesentery and the spleen, it was judged that these tumours were metastatic sarcomata.

Though SANDER, J. et al., <sup>10)</sup> and DRUCKREY<sup>6)</sup>, et al, reported as stated bofore that the administration of dimethylamine and nitrite for 6 months to albino rats had failed to form tumours, the present experiment showed that the administration of these substances for a longer period caused the development of liver tumours. Therefore it is clear that dimethylamine and sodium nitrite are the generators of tumours. And as LIJINSKY, W. et al. <sup>17)</sup> pointed out, the possibility of tumours being developed by a long-term administration regardless of the amount is undeniable.

The formation of liver sarcomata has been reported by MATSUYAMA, et al. 19) and TAKAYAMA, et al., 14) to have successfully been performed only by the experiment of the administration of other substances. The case of the development of a sarcoma in the liver is comparatively rare. And it has been difficult to clarify the mechanism of the development of sarcomata in this experiment, and the conclution cannot yet be obtained. But at present a long-term experiment with sodium nitrite of concentrations of 0.5g/l and 5g/l is being conducted for implantation and some other studies.

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