

## Biliary ICG Concentrations as an Indicator of the Effect of Biliary Decompressions : Peak and two—hour ICG Concentrations

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**SUMMARY :** To quantitate the effects of biliary decompression on hepatic functional reserve prior to a definitive operation in patients with obstructive jaundice, indocyanine green (ICG) concentration in the bile was measured before and at 15 minute intervals for six hours following its administration. The maximal excretion rate of ICG in the bile as a function of time (ICG B<sub>max</sub>) was calculated by the following equation :

$$\text{ICG B}_{\text{max}} = \log_e \left\{ \frac{\log_e(10 \times \text{peak concentration})}{\text{peak concentration time}} \right\}$$

Determination of ICG B<sub>max</sub> has a shortcoming in that it requires prolonged restriction of the patients. Therefore, for the purpose of simplification, the natural logarithm of the ICG concentration two hours after ICG administration (ICG B<sub>2hr</sub>) was obtained :

$$\text{ICG B}_{2\text{hr}} = \log_e (\text{biliary ICG concentration at two hours})$$

There was a significant correlation between ICG B<sub>max</sub> and ICG B<sub>2hr</sub> with a correlation coefficient of 0.865 as determined in 131 subjects.

ICG B<sub>max</sub> is a reliable indicator in the assessment of hepatic functional reserve in jaundiced patients after biliary decompression and prior to further surgical interventions. ICG B<sub>2hr</sub> assessment is a simplified method of ICG B<sub>max</sub> assessment. ICG B<sub>2hr</sub> values of less than 0.5 are considered to be contraindication for surgery, with a high probability of prolonged jaundice and poor prognosis. Values of more than 0.5 indicate the advisability of surgery, while those between -0.5 and 0.5 also indicate this if there is a trend to improvement.

### INTRODUCTION

In surgical treatment of obstructive jaundice, a two-phase operation (biliary decompression for improvement of the jaundice and a subsequent radical operation) has been widely used. However, there are some cases in which jaundice is not improved by biliary decompression (prolonged jaundice cases); there are also such cases which show complications after the radical operation. Therefore, it seems to be indispensable to carry

out evaluation of the effect of decompression immediately after such therapy as well as to develop an index for diagnostic assessment. Until now, however, no technique for evaluating the effect of biliary decompression and no diagnostic index have been established. When the authors carried out an indocyanine green (ICG) tolerance test in patients in whom a T-tube had been inserted after surgical treatment of choledocholithiasis, ICG became detectable in the bile about 15 minutes after ICG loading and the ICG level in the bile reached a peak about

two hours later (Figure 1). When the ICG tolerance test was carried out in patients immediately after biliary decompression, the interval between ICG loading and the first detection of ICG in the bile was long and the ICG level in the bile was low. However, with an increase in the effect of biliary decompression, the interval became shorter and the ICG level in the bile increased. The authors converted the biliary ICG levels into a mathematical expression and termed the process the ICG B<sub>max</sub> technique. In previous reports, the authors indicated that this ICG B<sub>max</sub> is useful in the evaluation of the effect of biliary decompression as well as in the prognostic assessment in cases of prolonged jaundice.<sup>1,2)</sup> In this paper, the authors report on the ICG B<sub>max</sub> technique as well as on its simplified form (ICG B<sub>2hr</sub> 2-hour technique).

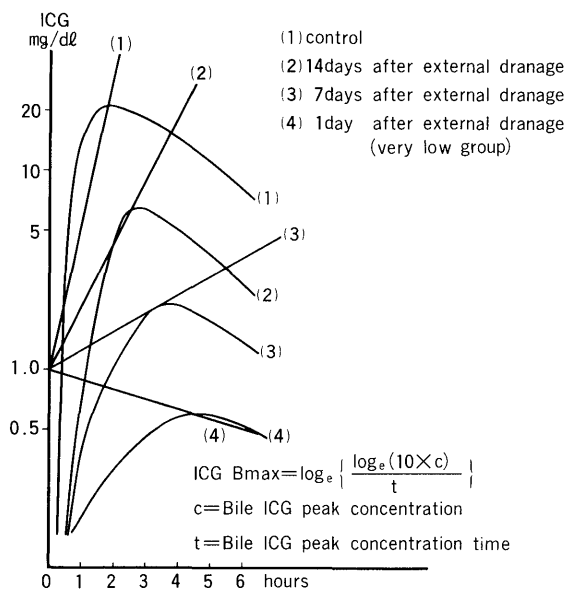


Figure 1 : Time course of ICG levels bile

**METHOD**

1. Calculation of ICG B<sub>max</sub>

When the ICG tolerance test was carried out in cases of obstructive jaundice after PTC, the ICG level in the bile immediately after biliary decompression was low and the interval between ICG loading and the first detection of ICG in

the bile was long. With an increase in the effect of biliary decompression, the ICG level increased and the interval became shorter. To express such phenomena by an equation, the peak ICG concentration was divided by the peak concentration time as shown in Figure 2. In this way, an equation consisting of the ratio of concentration to time was obtained. Furthermore, ICG concentrations were plotted on semilogarithmic graph papers. This method allows graphic presentation of both low-ICG-level cases and high-ICG-level cases on the same graph. ICG was loaded in quantities of 0.5 mg/kg. After ICG loading, the ICG levels in the bile were measured for six hours in order to obtain the peak concentration.

$$ICG\ B_{max}(1) = \frac{\log_e c}{t}$$

(c=peak concentration, t=time of peak concentration)

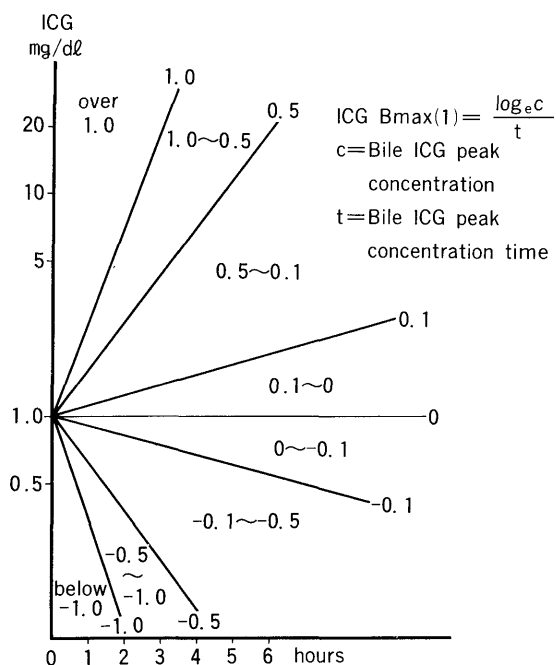


Figure 2 : Calculation and graphic presentation of ICG B<sub>max</sub>(1)

With this equation, positive values are consistent with graphic presentation, but negative values cannot be graphically presented without involving contradiction. Therefore, the peak ICG concentration was multiplied by ten so that the

ICG level of 0.1 mg/dl and the time of 0 come to the origin (Figure 3). In this way, the first equation was modified as follows :

$$ICG\ B_{max}(2) = \frac{\log_e(10 \times c)}{t}$$

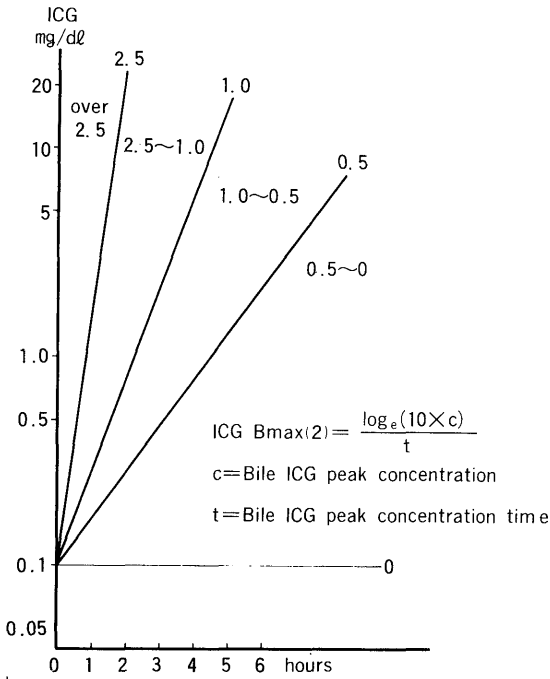


Figure 3 : Calculation and graphic presentation of ICG B<sub>max</sub>(2)

With this equation, the peak ICG concentration was never below 0.1 mg/dl ; therefore, the gradient is positive in all cases.

To obtain simpler and more easily usable values, the second equation was transformed into an equation involving natural logarithms (Figure 4) :

$$ICG\ B_{max} = \log_e \left\{ \frac{\log_e(10 \times c)}{t} \right\}$$

With this equation, ICG B<sub>max</sub> values gradually shift from the minus side to the plus side as the peak concentration increases and the peak concentration time decreases.

2. Measurement of ICG B<sub>max</sub> (Table 1)

In the early morning before ICG loading, bile was collected from subjects who had fasted overnight ; than, 0.5 mg of ICG per kg was injected into the cubital vein. After ICG loading, bile was collected in light-protected test tubes

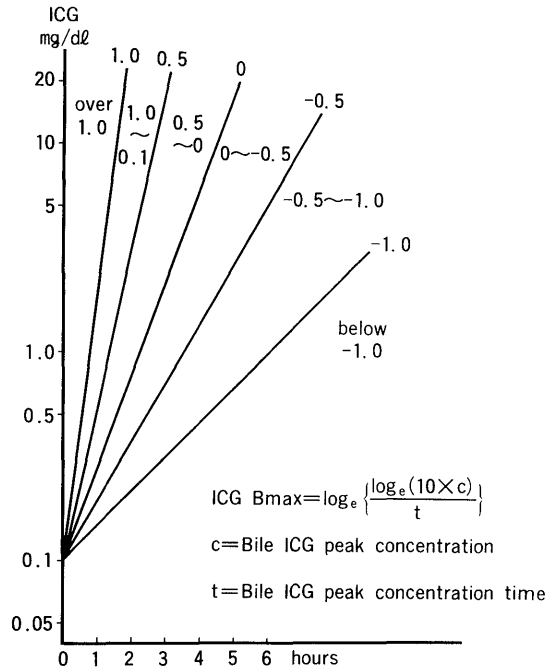


Figure 4 : Calculation and graphic presentation of ICG B<sub>max</sub>

Table 1 : ICG B<sub>max</sub> Method

Subjects: Patients with obstructive jaundice who are under biliary decompression or in whom bile can be collected with a T-tube postoperatively.

ICG loading: Intravenous injection of 0.5mg of ICG per kg in the early morning after over night fasting.

Collection of bile: (1) Before ICG loading  
(2) After ICG loading (for 6 hours at intervals of 15 minutes)  
A light-protected test tube is used for collection.

Determination of ICG level: Collected bile is protected from light: ICG level is determined with a spectrophotometer (wv: 805nm) within 24 hours after collection.

Graphic presentation: ICG levels are plotted on semilogarithmic graphpaper as a function of time.

Calculation: From the graph, peak ICG level (C) and peak time (t) are obtained the values obtained are used for the following calculation :

$$ICG\ B_{max} = \log_e \left\{ \frac{\log_e(10 \times c)}{t} \right\}$$

(c=peak ICG level. t=time of peak ICG level)

Method for fixation of ICG B<sub>max</sub> time

Calculation: Expressing the ICG level at a given time determined with the ICG B<sub>max</sub> method as a, calculation is made with the following equation.

$$ICG\ B_{max}\ time\ fixation\ method = \log_e(a)$$

(a=ICG level at a given time)

at intervals of 15 minutes for 6 hours. ICG concentration in each bile sample (0.1 ml) was determined with a spectrophotometer at a wavelength of 805 nm. From the peak ICG concentration thus obtained and the peak concentration time, ICG  $B_{max}$  was calculated. The subjects were given breakfast after ICG loading, but lunch was not eaten until the end of the study.

### 3. Calculation of ICG $B_{max}$

With the ICG  $B_{max}$  method, the subjects must be restricted for 6 hours for collection of bile and determination of peak ICG concentration. Furthermore, this method is complicated because it necessitates a large number of samples. Figure

5 shows a way in which this ICG  $B_{max}$  method can be simplified. When we compared the ICG concentration at two hours after loading with the 6-hour peak ICG concentration, we found that the former increased in parallel with the latter. It was also found that the ICG concentration at two hours after loading increased as the peak concentration time decreased. These results indicate that 2-hour ICG concentration analysis can sufficiently reflect the variation in the two factors (ICG concentration and time). Therefore, we conducted a study to see whether or not the ICG  $B_{max}$  can be replaced with the 2-hour ICG concentration.

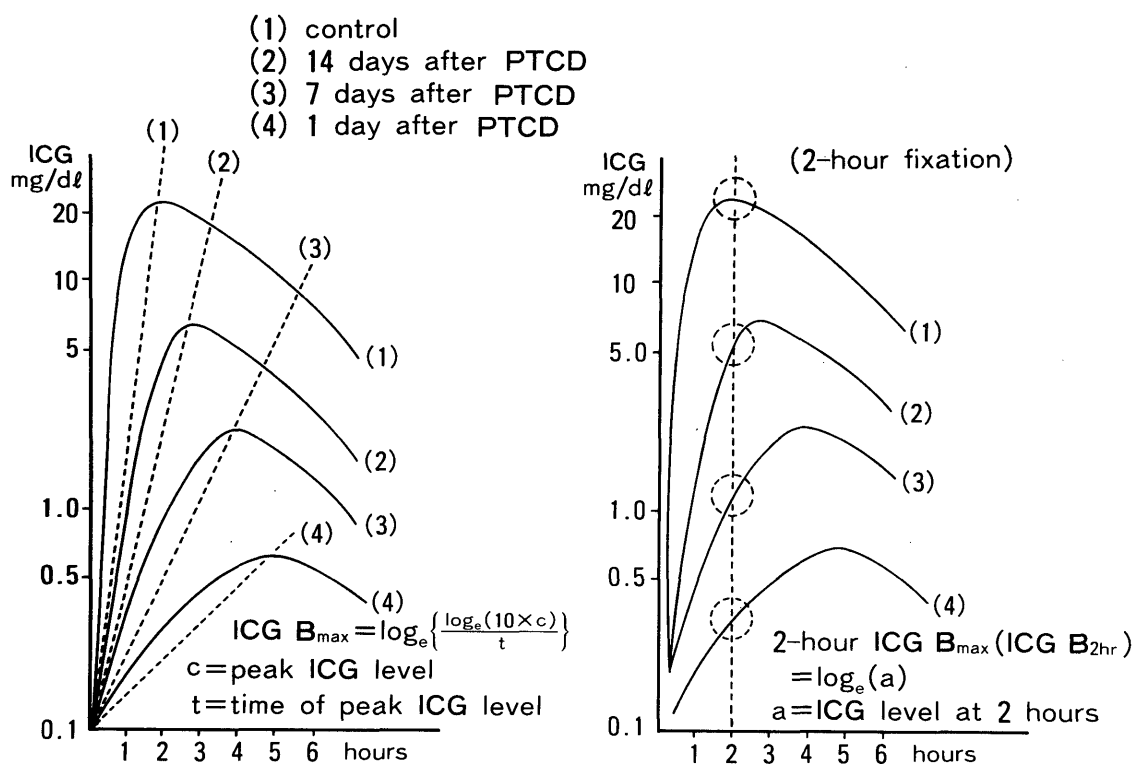


Figure 5 : Time course of ICG levels in bile

In all of 131 patients who were subjected to  $B_{max}$  measurement in Nagasaki University School of Medicine (Second Department of Surgery) or the Kochi Prefectural Seinan Hospital, 1-hour, 2-hour, 3-hour and 4-hour ICG levels were converted to natural logarithms. Coefficients of correlation between the natural logarithm of these values and the ICG  $B_{max}$  value were calculated

(Figure 6). The coefficient of correlation was 0.692 between the 1-hour value and  $B_{max}$ , 0.865 between the 2-hour value and  $B_{max}$ , 0.832 between the 3-hour value and  $B_{max}$ , and 0.637 between the 4-hour value and  $B_{max}$ . Thus, the 1-, 2-, 3- and 4-hour values all showed statistically significant correlation with the  $B_{max}$  value. The strongest correlation was between the

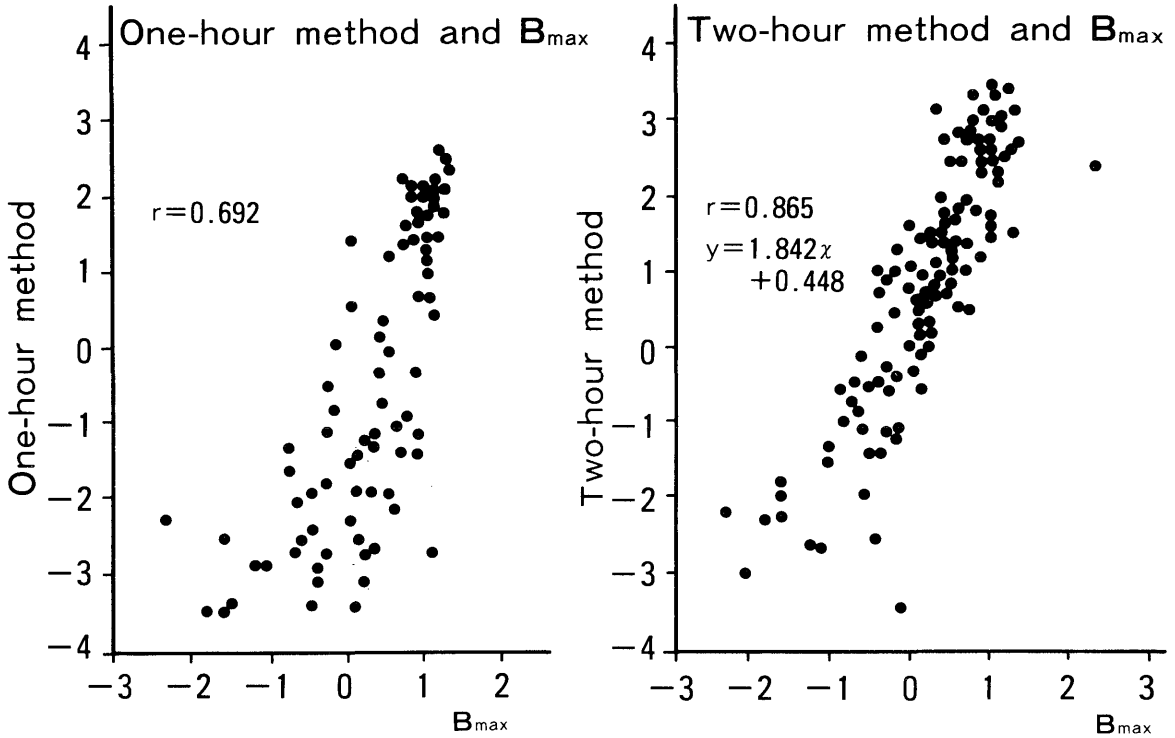


Figure 6 : Correlation of one-hour and two-hour methods with  $B_{max}$  method

2-hour value and the  $B_{max}$  value. Therefore, we adopted the 2-hour method (ICG  $B_{2hr}$ ) as a simplified form of the ICG  $B_{max}$  method.

ICG  $B_{2hr}$  (a simplified form of ICG  $B_{max}$ ) =  $\log_e(a)$   
 (a)  
 (a = ICG concentration at two hours after ICG loading)

## RESULTS

### 1. Normal controls

Sixteen patients showing normal values in hepatic function and other tests served as controls. All of these controls had in-dwelling choledochal T-tubes or had received PTCD 30 days or more before (Table 2). In these controls, the peak ICG concentration ranged between eight and 33 mg/dl (mean  $\pm$  S. D. =  $20.1 \pm 8.2$  mg/dl). The peak ICG concentration time ranged between 1.25 and 2.75 hours (mean  $\pm$  S. D. =  $1.9 \pm 0.4$  hours). The ICG  $B_{max}$  value was 0.5 or more in all cases (mean  $\pm$  S. D. =  $1.1 \pm 0.27$ ).

In analysis of ICG  $B_{2hr}$ , the ICG concentration at 2 hours after loading ranged between 4.6 and

32.3 mg/dl (mean  $\pm$  S. D. =  $17.0 \pm 9.4$  mg/dl). These values of the 2-hour ICG concentration are very close to the 6-hour peak ICG concentration (mean: 20 mg/dl). The ICG  $B_{2hr}$  value  $\log_e(a)$  was 1.5 or more in all cases (mean: 2.7). The ICG  $B_{2hr}$  value of 1.5 corresponded to the ICG  $B_{max}$  value of 0.5. Therefore, the lower normal limit was set at 0.5 (ICG  $B_{max}$ ) and 1.5 (ICG  $B_{2hr}$ ).

### 2. Subjects of ICG $B_{max}$ Analysis

The subjects of this analysis were 26 patients with obstructive jaundice who received biliary decompression at the Department of Surgery, Nagasaki University School of Medicine. Of these cases, 23 were malignant and three were benign. We carried out a total of 84 measurements of ICG  $B_{max}$  in these subjects. The subjects were divided into three groups according to the ICG  $B_{max}$  value obtained immediately after biliary decompression. We determined the relationship between ICG  $B_{max}$  and ICG  $B_{2hr}$  values in these three groups.

1. Very low ICG  $B_{max}$  group (ICG  $B_{max}$  below  $-0.5$ , ICG  $B_{2hr}$  below  $-0.5$ )

**Table 2 : Control group**

Case	external drainage	peak time	peak level	2-hour level	ICG B <sub>2hr</sub>	ICG B <sub>max</sub>
1 A	T-tube	2.0 hours	32.3 mg/dl	32.3 mg/dl	3.5	1.10
2 A	T-tube	2.75	16.9	11.0	2.4	0.62
3 B	T-tube	1.5	11.3	9.9	2.3	1.20
4 A	T-tube	1.75	11.6	5.6	1.7	1.00
5 B	Splint-tube	1.25	11.3	4.6	1.5	1.30
6 A	T-tube	1.5	20.4	14.0	2.6	1.30
7 A	T-tube	1.5	26.3	23.8	3.2	1.30
8 C	Splint-tube	2.0	29.5	29.5	3.4	1.70
9 D	PTCD	2.5	23.0	18.5	2.9	0.78
10 A	T-tube	1.75	32.8	29.9	3.4	1.20
11 B	T-tube	2.5	19.1	16.2	2.8	0.74
12 D	PTCD	1.75	13.3	11.4	2.4	1.00
13 D	PTCD	2.0	13.5	13.5	2.6	0.90
14 A	T-tube	1.5	8.0	4.7	1.6	1.10
15 A	T-tube	2.0	29.4	29.4	3.4	1.00
16 A	T-tube	2.5	27.7	17.2	2.8	0.78
Mean		1.9±0.4	20.1±8.2	17.0±9.4	2.7±0.65	1.1±0.27

A : Choledocholithiasis      C : Cholecystolithiasis      Mean±S. D.  
 B : Intrahepatic stone      D : Bile duct carcinoma

**Table 3 : ICG B<sub>max</sub> in very low group (below -0.5) (ICG B<sub>2hr</sub> below -0.5)**

Case	Immediately after biliary decompression				Before radical operation				Prolonged jaundice	Cholangitis	Prognosis
	T. B. mg/dl	ICG B <sub>max</sub>	2-hour lever	ICG B <sub>2hr</sub>	T. B. mg/dl	ICG B <sub>max</sub>	2-hour lever	ICG B <sub>2hr</sub>			
1 A	21.1	-1.70	0.0	-3.0	23.0	-1.9	0.07	-2.7	+	-	death
2 A	29.0	-1.2	0.07	-2.7	41.3	-2.0	0.05	-3.0	+	+	death
3 B	10.2	-0.66	0.6	-0.51	14.5	-1.8	0.1	-2.3	+	+	death
4 C	7.5	-1.7	0.15	-1.9	2.9	0.07	0.75	-0.29	+	+	complicated
5 D	9.6	-1.6	0.0	-3.0	7.9	0.14	0.89	-0.12	+	+	good
6 A	30.8	-1.6	0.15	-1.9	7.8	-0.03	1.1	0.06	+	+	complicated
7 A	26.0	-1.2	0.07	-2.7	21.3	0.16	1.3	0.29	+	+	good
8 E	27.7	-0.85	0.56	-0.58	15.6	-0.69	0.46	-0.78	+	-	good
9 A	17.6	-0.8	0.57	-0.56	10.5	-0.61	0.85	-0.16	-	-	complicated
Mean	19.9±9.1	-1.3±0.41	0.24±0.26	-1.9±1.0	16.1±11.4	-0.74±0.93	0.62±0.47	-1.0±1.2	8/9 89%	5/ 56%	

A : Bile duct carcinoma      D : Choledocholithiasis      Mean±S. D.  
 B : Carcinoma of the gallbladder      E : Ampullary carcinoma  
 C : Intrahepatic stone

Note : For the sake of convenience, the 2-hour level 0 was regarded as the ICG B<sub>2hr</sub> value -3.0.

The nine subjects in whom ICG B<sub>max</sub> was below -0.5 were allocated to the very low group (Table 3). In these nine patients, the total bilirubin level ranged between 7.5 and 30.8 mg/dl (mean : 19.9 mg/dl), indicating jaundice of severe degree. In analysis of ICG B<sub>max</sub>' the

peak ICG concentration ranged between 0.305 and 1.74 mg/dl (mean : 0.689 mg/dl). The 2-hour ICG concentration was also markedly low (mean : 0.24 mg/dl). Thus, the values in this group were very low compared to the controls. The mean ICG B<sub>max</sub> was -1.3, and ICG B<sub>2hr</sub> was below

-0.5 in all cases (mean : -1.9). Thus, the ICG B<sub>2hr</sub> values agreed well with the ICG B<sub>max</sub> values. Eight of the subjects showed prolonged jaundice. Three patients from this group, who had not shown any improvement in ICG B<sub>max</sub> or ICG B<sub>2hr</sub> before radical surgery, had a poor prognosis and died after the operation. Of the remaining six patients who had shown some improvement in ICG B<sub>max</sub> or ICG B<sub>2hr</sub> before the radical operation, none died after the operation, although postoperative complications occurred in three. Thus, both the ICG B<sub>max</sub> and the ICG B<sub>2hr</sub> methods were found to be useful as a prognostic index in severe cases of prolonged jaundice.

3. Moderately low ICG B<sub>max</sub> group (ICG B<sub>max</sub> between -0.5 and 0; ICG B<sub>2hr</sub> between -0.5 and 0.5)

The seven subjects in whom the ICG B

between -0.5 and 0 were allocated to the moderately low group (Table 4). In this group, ICG B<sub>2hr</sub> ranged between -0.5 and 0.5. In these seven patients, the mean total bilirubin was 15.5 mg/dl, indicating jaundice of severe degree. In analysis of ICG B<sub>max</sub>, the peak ICG concentration ranged between 1.19 and 5.35 mg/dl (mean : 2.90 mg/dl). The 2-hour ICG concentration averaged 0.93 mg/dl. The mean ICG B<sub>max</sub> was -0.33 and the mean ICG B<sub>2hr</sub> was -0.53. Four of the seven patients showed prolonged jaundice. In three of the seven patients, the 2-hour value was not within the preset range of values for this group. Compared to the very low and high value groups, the moderately low value group is an ambiguous one. In analysis of ICG B<sub>2hr</sub>, this group tended to merge into one or the other of the remaining two groups.

Table 4 : ICG Bmax in the moderately low group  
(between -0.5 and 0)(ICG B<sub>2hr</sub> between -0.5 and 0.5)

Case	Immediately after biliary decompression				Before radical operation					Prolonged jaundice	Cholangitis	Prognosis
	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	ICG B <sub>2hr</sub>	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	ICG B <sub>2hr</sub>				
1 A	21.5	-0.19	0.65	-0.43	5.9	0.85	6.0	1.8	+	-	complicated	
2 B	9.7	-0.38	0.23	-1.5	2.1	0.31	4.0	1.4	-	-	good	
3 A	25.7	-0.46	0.08	-2.5	5.3	-0.12	0.3	-1.2	-	-	good	
4 C	7.0	-0.41	2.8	1.0	1.3	0.15	3.6	1.3	-	-	good	
5 B	20.0	-0.12	1.2	0.18	11.1	0.16	0.56	-0.58	+	+	good	
6 C	11.5	-0.40	0.75	-0.29	8.0	0.52	5.7	1.7	+	-	death	
7 A	13.5	-0.34	0.82	-0.20	3.8	0.78	18.5	2.9	+	-	good	
Mean	15.5±6.9	-0.33±0.13	0.93±0.90	-0.53±1.1	5.3±3.4	0.38±0.35	5.5±6.1	1.0±1.4	4/7 57%	1/7 14%		

A : Bile duct carcinoma

B : Carcinoma of the gallbladder

C : Carcinoma of the pancreas

4. High ICG B<sub>max</sub> group (ICG B<sub>max</sub> over 0, ICG B<sub>2hr</sub> over 0.5)

The 10 subjects in whom B<sub>max</sub> was over 0 were allocated to the high value group (Table 5). In this group, the ICG B<sub>2hr</sub> was over 0.5. The total bilirubin level averaged 15.6 mg/dl, indicating jaundice of severe degree. In analysis of ICG B<sub>max</sub>, the peak ICG concentration averaged 5.12 mg/dl. The 2-hour ICG concentration averaged 2.5 mg/dl. The mean ICG B<sub>max</sub> was 0.33, and the mean ICG B<sub>2hr</sub> was 0.80. In this group, the total bilirubin level after biliary decompression was

not different from that in the very low and moderately low groups. However, the effect of biliary decompression was greater in this group than in the other two groups. Prolonged jaundice was observed in only one of the 10 subjects, and prognosis was good in this group. Of the three subjects who had a poor prognosis, two showed ICG B<sub>2hr</sub> values which fell under the category of the moderately low group. As a prognostic index, ICG B<sub>2hr</sub> proved to be more useful than ICG B<sub>max</sub>.

5. All groups

Table 6 shows the mean values for each group.

Table 5: ICG B<sub>max</sub> in the high group (over 0)(ICG B<sub>2hr</sub> over 0.5)

Case	Immediately after biliary decompression				Before radical operation				Prolonged jaundice	Cholangitis	Prognosis
	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	B <sub>2hr</sub>	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	B <sub>2hr</sub>			
1 A	12.8	0.34	4.2	1.4	2.2				—	—	good
2 B	14.6	0.42	4.0	1.4	2.1	1.1	19.4	3.0	—	—	good
3 C	8.1	0.30	3.1	1.1	3.5	0.55	11.5	2.4	—	—	good
4 D	8.2	0.26	1.9	0.63	1.9				—	—	good
5 D	19.9	0.72	3.0	1.1	3.5	0.46	4.7	1.5	—	—	good
6 C	12.2	0.34	3.6	1.3	2.5	1.0	11.4	2.4	—	—	good
7 E	10.7	0.15	1.2	0.18	4.1	0.28	2.4	0.8	—	—	good
8 C	23.5	0.23	0.91	-0.09	3.9	0.37	2.6	0.9	—	—	death
9 C	20.3	0.13	1.3	0.26	6.4	0.21	3.7	1.3	—	—	complicated
10 F	25.6	0.42	2.1	0.73	15.3	-0.52	0.64	-0.45	+	—	deathh
Mean	15.6±6.3	0.33±0.17	2.5±1.2	0.80±0.54	4.5±4.0	0.44±0.51	7.9±6.3	1.7±0.82	1/10	10%	1/10 10%

A: Hepatoma

D: Bile duct carcinoma

Mean±S. D.

B: Chronic pancreatitis

E: Carcinoma of the gallbladder

C: Carcinoma of the pancreas

F: Ampulary carcinoma

Table 6: Mean values for each group

Group	Immediately after biliary decompression				Before radical operation				Prolonged Jaundice	Cholangitis	Poor prognosis
	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	ICG B <sub>2hr</sub>	T. B. mg/dl	ICG B <sub>max</sub>	2-hour level	ICG B <sub>2hr</sub>			
High group	15.6	0.33	2.5	0.8	4.5	0.44	7.9	1.7	10%	10%	30%
Moderately low group	15.5	-0.33	0.93	-0.53	5.3	0.38	5.5	1.0	57%	14%	29%
Very low group	19.9	-1.30	0.24	-1.9	16.1	-0.74	0.62	-1.0	56%	56%	67%
Control group						1.1	17.0	2.7			

In all groups, the degree of improvement was greater before the radical operation than immediately after biliary decompression. Improvement was slower in the high level group than in the other two groups. In the high level group, the total bilirubin level was 16.1 mg/dl, indicating jaundice of severe degree. In this group, prolonged jaundice, cholangitis and poor prognosis were observed in 89%, 56% and 67% of the subjects, respectively. As a prognostic index, ICG B<sub>2hr</sub> proved to be more useful. Determination of ICG B<sub>max</sub> immediately after biliary decompression allows a judgment as to the presence or absence of prolonged jaundice and as to the prognosis. Furthermore, weekly measurement of ICG B<sub>max</sub> enables us to decide on the time of the operation based on the improvement in the ICG B<sub>max</sub> value.

## CASE REPRESENTATION

The case of a 30-year-old male is reported here. At the age of 25 years, this patient received choledochotomy and cholecystostomy externa for treatment of choledocholithiasis and gallbladder calculus. At the age of 29 years (one year ago), he began to show pyrexia, jaundice, leukocytosis and epigastralgia once a month: he was diagnosed as having cholangitis and was repeatedly admitted to and discharged from the hospital. Because the above-mentioned symptoms lasted for eight days and a state of shock was observed, he was admitted to the Second Department of Surgery, Nagasaki University Hospital. Upon admission, the total bilirubin was 11.2 mg/dl.



A 30-year-old male with choledocholithiasis

- PTCD
- choledochojejunostomy
- jaundice lasting for one year
- biliary decompression for 46 days

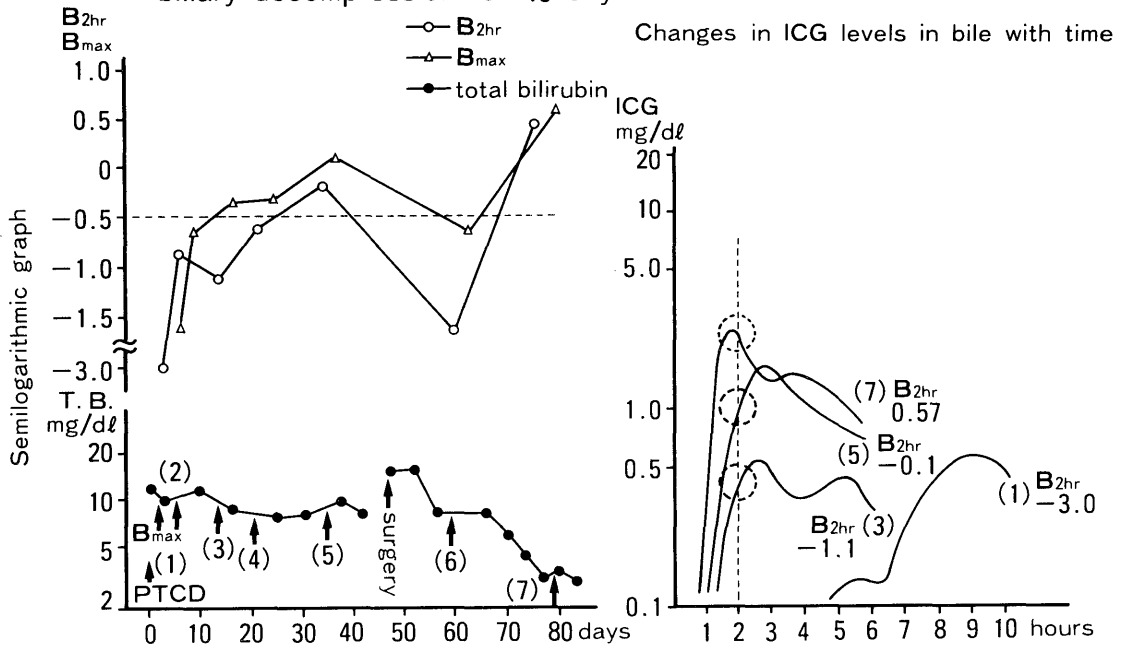


Figure 7 : Case report

After he was diagnosed as having obstructive suppurative cholangitis, he was subjected to PTCD. During this treatment, bile resembling white pus flowed out, indicating that he had a calculus incarcerated in the choledochus. The mean volume of the bile outflow was 500 ml. Total bilirubin was as high as 9.5 mg/dl when measured one month later, indicating prolonged jaundice. ICG  $B_{max}$  was measured once a week (seven measurements in total). In analysis of ICG  $B_{2hr}$  the value remained at a very high level in the early days of disease (-3, -0.8, -1.1 and -0.6, in order of time), but it had declined to the moderately low level of -0.1 on day 32 of the disease. When this improvement was noted, choledochojejunostomy was carried out. The postoperative course was favorable, with no complications. As shown in Figure 7, ICG  $B_{max}$  and ICG  $B_{2hr}$  followed almost the same time course.

DISCUSSION

Recent progress in diagnostic imaging techniques has made it possible for us to diagnose obstructive jaundice rapidly and accurately. Under an ultrasonographic guidance, PTCD is now a safer operation than ever. For this reason, obstructive jaundice is now commonly treated with a two-phase operation in which radical surgery is carried out after biliary decompression. However, because of the absence of an index for assessment of the effect of biliary decompression, 30 or more days are uniformly taken as the period of biliary decompression before radical surgery. Thus, the radical operation tends to be delayed. The duration of biliary decompression was similar in our cases ; it was 34.8 days on average in the high ICG  $B_{max}$  group showing a good effect of biliary decompression, and 39.6 days on average in the very low ICG  $B_{max}$  group

showing a poor effect of biliary decompression. Thus, there was a difference of only five days between these two groups. We think the duration of biliary decompression can be shortened, at least in the high ICG  $B_{max}$  group.

The decision to carry out a radical operation is often made when the total bilirubin level falls below 5 mg/dl. In prolonged jaundice cases, such a decision is made when the total bilirubin does not drop below 5 mg/dl within 30 days after biliary decompression or when value  $b$  of the biliary decompression rate<sup>3)</sup> exceeds  $-0.05$ . This indicates that the duration of biliary decompression is long if the total bilirubin level is used as an index. In prolonged jaundice cases, treatment is often carried out too late because the decision about treatment cannot be made before the end of the 30-day biliary decompression period.

Possible factors responsible for prolonged jaundice are: (1) a long interval from the onset of jaundice to the enforcement of biliary decompression and (2) the presence of an infection such as cholangitis. The use of ICG  $B_{max}$  allows a diagnosis of prolonged jaundice immediately after biliary decompression; therefore, necessary treatment may be started immediately after biliary decompression with the use of this index. If infection is found, thorough countermeasures against infection as well as administration of bile acids, insulin, glucagon, etc. are carried out. As an interim report, some of our cases have shown improvement after such measures, although evaluation has not yet been completed in these cases.

In obstructive jaundice cases, the hepatocellular mechanism of secreting bile into the bile capillaries is disturbed. Furthermore, qualitative alteration in mitochondria has been found in such cases.<sup>4)</sup> Since biliary secretion is energy dependent, an alteration in mitochondria can disturb it. ICG is secreted into the bile capillaries by the same mechanism as that of bilirubin secretion, thereby competing with bilirubin secretion.<sup>5)</sup> For this reason, time course observation of the ICG secretion into the bile after biliary decompression means observation of the course of recovery of the disturbed bile secretion mechanism.

With increasing effect of biliary decompression,

the ICG  $B_{max}$  value improves to a large degree. This index is useful not only as a prognostic index in the early phase of biliary decompression but as an index of bile secretory capacity at a given time.

ICG  $B_{2hr}$  is a simplified form of ICG  $B_{max}$ . With the ICG  $B_{2hr}$  method, the ICG level in the bile has to be determined only at 2 hours after ICG loading. ICG  $B_{2hr}$  shows a significant correlation with ICG  $B_{max}$  ( $r=0.865$ ). ICG  $B_{2hr}$  proved to be more useful than ICG  $B_{max}$  as a prognostic index.

## CONCLUSION

(1) ICG  $B_{max}$  measurements reflected well the degree of hepatic dysfunction in cases of obstructive jaundice. The use of this index allows a diagnostic judgment immediately after biliary decompression. By means of time course measurement of this index, we can pass a judgment about the time of surgery.

(2) ICG  $B_{max}$  values below  $-0.5$  mean that surgery is contraindicated; positive ICG  $B_{max}$  values mean that surgery is indicated; and values between  $-0.5$  and  $0$  mean that the patient shows a trend of improvement and can be surgically treated.

(3) ICG  $B_{2hr}$  is a simplified form of ICG  $B_{max}$ . ICG  $B_{2hr}$  values below  $-0.5$  mean that the patient has prolonged jaundice and that surgery is contraindicated because of the possibility of poor prognosis; values over  $0.5$  mean that surgery is indicated; and values between  $-0.5$  and  $0$  indicate that the patient shows a trend of improvement and can be surgically treated.

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