Evaluation of resectability after neoadjuvant chemotherapy for primary non-resectable
 colorectal liver metastases: a multicenter study

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1 ABSTRACT

Background/Aim: The Kyushu Study Group of Clinical Cancer (KSCC) previously 2 reported the safety and efficacy of neoadjuvant chemotherapy with mFOLFOX6 + 3 bevacizumab for H2/H3 liver metastases of colorectal cancer. The aim of the current study 4 was to evaluate the resectability of these metastases before and after chemotherapy as $\mathbf{5}$ determined by independent liver surgeons. Methods: Between May 2008 and April 2010, 6 $\overline{7}$ 40 patients were registered in a multicenter phase 2 trial of neoadjuvant chemotherapy (KSCC 0802). In Study 1, 5 independent liver surgeons from 5 different KSCC centers 8 9 evaluated the resectability of liver metastases of colorectal cancer based on imaging studies performed before and after chemotherapy. Each surgeon was blinded to the other 10 11 surgeons' evaluations. In addition, no information about the patients' characteristics was provided. In Study 2, 3 surgeons evaluated the resectability of these lesions based on 12imaging studies with discussion with each other, with the surgeons being provided with 1314 information on the patients' characteristics. **Results:** In Study 1, 13 patietns (36.1%) 15were evaluated to be resectable at baseline, whereas 17 patients (47.2%) were evaluated to be resectable after chemotherapy. In Study 2, 4 patients (11.1%) were evaluated to be 16resectable at baseline, compared to 23 patients (63.9%) after chemotherapy. 17Conclusion: Neoadjuvant chemotherapy with mFOLFOX6 + bevacizumab was 18confirmed to increase the resectability of non-resectable liver metastases of colorectal 1920cancer according to the independent assessments of surgeons.

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1 INTRODUCTION

Tumor resection is the most effective method for achieving long-term survival in 2 patients with advanced liver-limited colorectal metastases (CRLMs). When complete 3 resection was performed successfully for patients with liver-limited CRLMs, a 5-year 4 survival rate of 40-50% could be achieved¹⁻⁴. Since the introduction of effective $\mathbf{5}$ chemotherapy, many primarily unresectable CRLMs can be considered resectable after 6 chemotherapy^{5,6}. However, "resectability" always depends on the judgment of individual $\overline{7}$ surgeons and/or institutional policies. An objective point of view is essential to treat the 8 patients appropriately. 9

The Kyushu Study Group of Clinical Cancer (KSCC) previously reported the safety 10 11 and efficacy of neoadjuvant chemotherapy with mFOLFOX6 + bevacizumab for 12advanced liver metastases of colorectal cancer⁷. In this study, "advanced liver metastasis" was defined by the H-factor categories of H2 and H3 according to the guidelines of the 13Japanese Society for Cancer of the Colon and Rectum^{8, 9}. Generally, H2/H3 lesions are 14 considered non-resectable or marginal cases for curative tumor resection. However, it 15may be important to clarify the process of how each expert liver surgeon evaluates the 16resectability for such cases based on imaging studies. The aim of the current study was to 17evaluate the resectability of these metastases before and after chemotherapy according to 18the judgment of independent liver surgeons via imaging studies. 19

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1 MATERIALS AND METHODS

Between May 2008 and April 2010, 40 patients were registered in a multicenter 2 randomized phase 2 trial of neoadjuvant chemotherapy with mFOLFOX6 + bevacizumab 3 for H2/H3 liver metastases of colorectal cancer (KSCC 0802)⁷. The patient and tumor 4 characteristics are listed in Table 1. Of these 40 cases, imaging results after chemotherapy $\mathbf{5}$ 6 were not evaluable in 4 cases due to the poor quality of the imaging studies, and thus, 72 $\overline{7}$ imaging results (scans for 36 patients obtained both before and after chemotherapy) of contrast-enhanced computed tomography (CT) or magnetic resonance imaging (MRI) 8 were included in this study. For these patients, 2 different studies were planned to evaluate 9 the resectability of liver-limited H2/H3 CRLMs. 10

11 Study 1:

Five independent liver surgeons from 5 different KSCC centers evaluated the 12resectability of the patients based on imaging studies (contrast-enhanced CT or MRI) 13before and after chemotherapy, referring to the CELIM study by Folprecht et al.¹⁰. Five 14surgeons were partitioned off and forbidden from talking to each other while voting. 15Patients were graded as follows: 1, resectable; 2, borderline resectable; 3, chemotherapy 16preferred (resection is difficult, but the lesion may become resectable if chemotherapy is 17administered); 4, non-resectable; and 5, unevaluable. All 5 liver surgeons worked at 18centers that were registered as grade A by the Japanese Society of Hepato-Biliary-19 20Pancreatic Surgery, and each surgeon performed more than 50 hepatectomies per year.

The actual evaluation was performed as follows. The 72 imaging scans were presented on a screen in random order, and each scan was assessed by all reviewers at the same time. Only minimal information, such as the tumor location, was provided when the scans were presented, and the timing of imaging (baseline vs. after chemotherapy), scans of other sites, patient information, and treatment information were not provided. As mentioned before, each reviewer was blinded to the other reviewers' voting, and they were not permitted to discuss their decisions with each other. Patients were considered "resectable" if 3 or more reviewers provided a grade of 1 or 2. Resectability was evaluated as the incidence of "resectable" grades.

6 Study 2:

Three surgeons worked at three different centers evaluated the resectability of patients based
on imaging studies with discussion with each other, and patient characteristics were fully
described. The grading of resectability followed that described in Study 1.

The actual evaluation was performed as follows. The 72 scans (baseline and after chemotherapy) were displayed in order based on the enrollment number on a computer screen to all reviewers at the same time. All information requested by the reviewers, such as the timing of imaging and treatment information, was provided when the scans were presented. The reviewers evaluated the resectability of the lesions based on imaging studies with discussion with each other, and the reviewers were provided the patient characteristics.

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18 Statistics

The rate of resectability before and after chemotherapy were statistically tested with McNemar's test. The agreement of the ratings among reviewers was evaluated by Kappa statistics. All statistical analyses were performed with the Stata version 11 software program (Stata, College Station, TX, USA). Two sided *P*-values of 0.05 or less were considered statistically significant.

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1 **RESULTS**

2 Study 1

3 The rate of resectability

Before chemotherapy, 13 patients (36.1%) were evaluated to be "resectable," whereas 4 after chemotherapy, 17 patients (47.2%) were evaluated to be "resectable". Although $\mathbf{5}$ there was no significant difference (p=0.21), the rate of resectability increased after 6 chemotherapy. Of the above-mentioned 13 patients determined to have "resectable" 78 lesions before chemotherapy, 3 patients were evaluated as "unresectable" after 9 chemotherapy, of whom 1 actually underwent a hepatectomy. In total, the actual number of resections performed after chemotherapy was 15 (41.7%). Of 17 patients evaluated to 10 be "resectable" after chemotherapy, 7 patients (41.1%) were evaluated to be "unresectable" 11 before chemotherapy, and 5 of these 7 patients actually underwent a hepatectomy. Finally, 12hepatectomy was performed for 11 (64.7%) of 17 patients evaluated to be "resectable" 13after chemotherapy. On the contrary, of 19 patients evaluated to be "unresectable" after 14chemotherapy, hepatectomy was performed for 4 patients (21.1%) (Figure 1). The actual 15distribution of hepatectomies according to the patients' responsiveness to chemotherapy 16 17is summarized in Table 2.

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19 The voting patterns of the surgeons

There was considerable inter-individual variation in the decision-making process, with 25–39% of lesions considered "resectable" and 2–15% of lesions considered "unresectable" by the different surgeons (Figure 2). Kappa statistics for inter-surgeons agreement was 0.372. In addition, the agreement among the surgeons displayed minor variation, as the rate of agreement among the surgeons ranged from 54.2 to 68.1%, 1 whereas the rate of disagreement ranged from 16.7 to 29.2% (Figure 3).

2 Study 2:

The resectability of the lesions was determined again by 3 liver surgeons who were provided complete patient data in an effort to conduct a central judgment under conditions that resemble the local decision-making process. Four lesions (11.1%) were judged "resectable" before chemotherapy, compared to 23 lesions (63.9%) after chemotherapy (Table 3).

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9 **DISCUSSION**

10 Although most physicians recognize that tumor resection is the most reliable method for achieving long-term survival in patients with CRLMs, patients might not always 11 12receive appropriate treatment because the decision concerning resectability depends on 13the each individual surgeon's judgment. Several reports described extremely aggressive approaches for achieving R0 resection for advanced CRLM, including extracorporeal 14liver resection or hepatic vein reconstruction^{8, 11}. However, these types of surgery are not 1516available in all centers, and thus, it is important to evaluate the assessment of resectability from a multicenter perspective. According to this study, although there were considerable 17inter-individual variations in the decision-making process, the proportion of tumors 18 19considered resectable by liver surgeons from 5 major centers exceeded the actual rate of 20resection. Additionally, although H2/H3 lesions are generally regarded to be unresectable before chemotherapy, 36.1% of the lesions were deemed resectable. Accordingly, when 21physicians find liver-limited CRLMs, they should consult skilled liver surgeons 22concerning the resectability of the lesions prior to decision-making regarding treatment. 23In principle, the evaluation procedure in this study referenced the CELIM study from 24

25 Germany and Austria, which demonstrated the efficacy of neoadjuvant chemotherapy for

unresectable CRLM using cetuximab¹⁰. Although the proportion of "resectable" 1 $\mathbf{2}$ metastases at baseline was not different between the CELIM study (32%) and this study (36%), the proportion of "resectable" metastases after chemotherapy was higher in the 3 CELIM study (60%) than in this study (47%). The reason for this discrepancy is not clear, 4 but it might be related to the method for determination of resectability. In the CELIM $\mathbf{5}$ study, resectability was categorized as "resectable," "chemotherapy preferred," or 6 "unresectable," whereas in this study, 5 different categories were used. The variation in $\overline{7}$ agreement among the different reviewers appeared to be larger in this study than in the 8 CELIM study, possibly because of the same reason. In addition, the difference in tumor 9 control between cetuximab and bevacizumab might affect the rate of resectability. The 10 11 rate of radical resection (27.8%) in this study is comparable to that in other studies using 12bevacizumab^{12, 13}; however, the rate of resection after chemotherapy did not significantly increase in this study, contrary to the findings in the CELIM study. Accordingly, the 1314evaluation procedure of resectability in the CELIM study might not be suitable when 15bevacizumab is used, as observed in this study.

Generally, the resectability of liver tumors is determined on the basis of both the tumor 16location/number and liver function. In this study, we evaluated resectability based on 17imaging studies only without considering liver function. Unlike hepatocellular carcinoma, 18which generally develops in diseased liver states such as hepatitis B or C, most CRLMs 19 20occur in normal livers, but after chemotherapy, drug-induced liver dysfunction is of great concern concerning the utilization of aggressive hepatectomy^{14, 15}. Accordingly, in 21clinical settings, we must consider liver function to avoid liver failure after hepatectomy, 22especially after chemotherapy. However, the aim of this study was to provide an absolute 23objective evaluation based on imaging studies only to avoid subjective evaluation based 24

on other clinical factors. Even with experts from high-volume centers, there were
 considerable discrepancies among the surgeons, but we believe the result of this study is
 a good reference for physicians who participate in the treatment of colorectal cancer.

Because of the discrepancy in the rate of resectability between the CELIM study and 4 this study, we performed Study 2, in which the surgeons fully discussed the cases with $\mathbf{5}$ 6 each other and they were sufficiently apprised of the characteristics of the patients. Interestingly, the proportion of lesions deemed "resectable" after chemotherapy was $\overline{7}$ significantly higher than that in Study 1. The result illustrated that even though the 8 findings of imaging studies were the same, physicians are more likely to judge lesions to 9 be "resectable" when they know the scans were obtained after chemotherapy, possibly 10 11 because they generally expect that chemotherapy will be administered for marginal cases. 12Also, the results of study 2 indicate the importance of a thorough discussion between multiple liver surgeons to determine the appropriate treatment for CRLMs. 13

Compared to other studies such as the CELIM study, it might be difficult to determine the resectability of metastases because the morphologic response after bevacizumab treatment is different from that associated with other agents such as cetuximab or panitumumab. The morphologic response is generally recognized as a significant factor that affects patient survival¹⁶, and thus, it is important to elucidate the difference in morphologic response between these agents.

In conclusion, this is the first report to provide an objective evaluation of resectability for CRLMs in a multicenter study using bavacizumab based only on imaging studies. This study might provide a good reference for physicians to select appropriate treatments for CRLMs.

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1 FIGURE LEGENDS

2 Figure 1

The judgment of resectability before and after chemotherapy in Study 1. The X-axis indicates the individual patients, while the Y-axis represents the reviewers' votes. The dashed line indicates the border between "resectable" and "unresectable."

6

7 Figure 2

8 The voting patterns of the reviewers in study 1. The numbers in the graph indicated the

- 9 actual numbers for each category.
- 10

11 Figure 3

12 The agreement in voting among the reviewers. If a reviewer issued a grade of 1

13 (resectable) or 2 (borderline resectable) and the others issued a grade of 3 (chemotherapy

14 preferred) or 4 (unresectable), this was considered "disagreement."

Figure 1



Figure 2



Figure 3

| | Reviewer 1 | Reviewer 2 | Reviewer 3 | Reviewer 4 | Reviewer 5 |
|------------|---------------|---------------|---------------|---------------|---------------|
| Reviewer 1 | | 41 (56.9%) | 42 (58.3%) | 49 (68.1%) | 41 (56.9%) |
| Reviewer 2 | 16 (22.2%) | | 42 (58.3%) | 40 (55.6%) | 41 (56.9%) |
| Reviewer 3 | 19 (26.4%) | 19 (26.4%) | | 47 (65.3%) | 46 (63.9%) |
| Reviewer 4 | 13 (18.1%) | 19 (26.4%) | 12 (16.7%) | | 39 (54.2%) |
| Reviewer 5 | 21 (29.2%) | 15 (20.8%) | 20 (27.8%) | 20 (27.8%) | |
| | Ag | greement | Disa | greement | |

| | n | % |
|--|----------|---------|
| Age, median (range) | 63 (| 37-74) |
| Sex | | |
| male | 29 | 72.5 |
| female | 11 | 27.5 |
| Tumor size, median (range) 52.5 (10-13 | | 10-135) |
| Tumor number, median | 5 (1-20) | |
| H-factor category | | |
| H2 | 30 | 75 |
| Н3 | 10 | 25 |
| Bilateral / unilateral | | |
| bilateral | 28 | 70 |
| unilateral | 12 | 30 |
| Synchronous / | | |
| synchronous | 33 | 82.5 |
| metachronous | 7 | 17.5 |

Table 1 The patient characteristics of KSCC0802

| aluatio | n | | I irran a | | |
|---------------|---|------------|--|--|--|
| | | Evaluation | | | |
| | After | | | | |
| | chemotherapy | n | n | % | |
| \rightarrow | resectable | 10 | 6 | 60 | |
| \rightarrow | resectable | 7 | 5 | 71.4 | |
| \rightarrow | unresectable | 3 | 1 | 33.3 | |
| \rightarrow | unresectable | 16 | 3 | 18.8 | |
| | $ \begin{array}{c} \rightarrow \\ \rightarrow \\ \rightarrow \\ \rightarrow \end{array} $ | | Afterchemotherapyn \rightarrow resectable10 \rightarrow resectable7 \rightarrow unresectable3 \rightarrow unresectable16 | Anernn \rightarrow resectable106 \rightarrow resectable75 \rightarrow unresectable31 \rightarrow unresectable163 | |

Table 2. The result of evaluation from study 1 and concordance of actual liver resection cases

| Table 3. Resectability before and after chemotherapy determined by Study 2 | | | | | | |
|--|--------------|------|-----|--------------|--|--|
| | Before | | | After | | |
| | chemotherapy | | che | chemotherapy | | |
| | n | % | n | % | | |
| Resectable*1 | 4 | 11.1 | 23 | 63.9 | | |
| Unresectable*2 | 32 | 88.9 | 13 | 36.1 | | |

Table 3. Resectability before and after chemotherapy determined by Study 2

*¹Resectable include the garade 1 (resectable) and 2 (borderline resectable).

^{*2}Unresectable include the grade 3 (chemotherapy preferred) and 4 (non-resectable).