

Thyroid

TERT mRNA expression as a novel prognostic marker in papillary thyroid carcinomas

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Abstract:	Background: TERT promoter mutations have been found in a subset of papillary thyroid carcinomas (PTCs) and are associated with tumor aggressiveness and worse prognosis. However, little is known about the

	<p>status of TERT mRNA expression and its relation to TERT promoter mutations and clinicopathological features.</p> <p>Methods: We analyzed 159 PTC samples for TERT promoter mutations using direct DNA sequencing. TERT expression was measured using quantitative RT-PCR. To examine low allelic frequency of TERT promoter mutations with high sensitivity, we used droplet digital PCR (ddPCR). The relationship between the status of the TERT promoter mutation/expression and clinicopathological features including recurrence risk was statistically analyzed.</p> <p>Results: TERT promoter mutations were found in 20 cases (12.6%). However, TERT expression was observed not only in the mutation-positive tumors but also in 56 of 139 (40.3%) mutation-negative tumors. Among them, we detected low allelic frequency of TERT promoter mutations in three samples (5.4%) using ddPCR. We confirmed a significant association between TERT promoter mutations and aggressive clinicopathological features in this series. The risk of recurrence of TERT mutation-negative/expression-positive tumors was significantly higher than that of the mutation-negative/expression-negative tumors, suggesting that TERT expression even in absence of a mutation confers a negative influence on PTCs. Moreover, when we reclassified the mutation-negative cases into two groups based on the TERT expression levels: expression-negative/expression levels below the 80th percentile and expression levels above the 80th percentile because minimal expression may have a negligible clinical impact, a higher hazard ratio for recurrence was observed. Interestingly, TERT expression levels in the mutation-negative PTCs were inversely correlated with patient age and the presence of BRAF mutations.</p> <p>Conclusions: We confirm a strong correlation between the presence of TERT promoter mutations and aggressive clinicopathological features in this PTC series. In addition, there were PTCs showing high TERT mRNA expression even in the absence of TERT promoter mutations. These cases also showed a significantly higher recurrence rate. Since the TERT promoter mutations are observed only in elderly patients, TERT mRNA expression can be a useful prognostic marker especially in younger PTC patients.</p>

1 ***TERT* mRNA expression as a novel prognostic marker in papillary thyroid**
2 **carcinomas**

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121 **ABSTRACT**

122 **Background:** *TERT* promoter mutations have been found in a subset of papillary
123 thyroid carcinomas (PTCs) and are associated with tumor aggressiveness and worse
124 prognosis. However, little is known about the status of *TERT* mRNA expression and its
125 relation to *TERT* promoter mutations and clinicopathological features.

126 **Methods:** We analyzed 159 PTC samples for *TERT* promoter mutations using direct
127 DNA sequencing. *TERT* expression was measured using quantitative RT-PCR. To
128 examine low allelic frequency of *TERT* promoter mutations with high sensitivity, we
129 used droplet digital PCR (ddPCR). The relationship between the status of the *TERT*
130 promoter mutation/expression and clinicopathological features including recurrence risk
131 was statistically analyzed.

132 **Results:** *TERT* promoter mutations were found in 20 cases (12.6%). However, *TERT*
133 expression was observed not only in the mutation-positive tumors but also in 56 of 139
134 (40.3%) mutation-negative tumors. Among them, we detected low allelic frequency of
135 *TERT* promoter mutations in three samples (5.4%) using ddPCR. We confirmed a
136 significant association between *TERT* promoter mutations and aggressive
137 clinicopathological features in this series. The risk of recurrence of *TERT* mutation-
138 negative/expression-positive tumors was significantly higher than that of the mutation-
139 negative/expression-negative tumors, suggesting that *TERT* expression even in absence
140 of a mutation confers a negative influence on PTCs. Moreover, **when** we reclassified the
141 mutation-negative cases into two groups based on the *TERT* expression levels:
142 expression-negative/expression levels below the 80th percentile and expression levels
143 above the 80th percentile because minimal expression may have a negligible clinical
144 impact, **a higher hazard ratio for recurrence was observed**. Interestingly, *TERT*
145 expression levels in the mutation-negative PTCs were inversely correlated with patient
146 age and the presence of *BRAF* mutations.

147 **Conclusions:** We confirm a strong correlation between the presence of *TERT* promoter

148 mutations and aggressive clinicopathological features in this PTC series. In addition,
149 there were PTCs showing high *TERT* mRNA expression even in the absence of *TERT*
150 promoter mutations. These cases also showed a significantly higher recurrence rate.
151 Since the *TERT* promoter mutations are observed only in elderly patients, *TERT* mRNA
152 expression can be a useful prognostic marker especially in younger PTC patients.

153

154

155

156 INTRODUCTION

157 The incidence of papillary thyroid carcinoma (PTC) has been increasing worldwide (1).
158 PTC has generally a favorable prognosis; however, approximately 10–15% of patients
159 have recurrences either locally or/and at distant sites, some of which become refractory
160 to treatment (2, 3). To distinguish between high-risk and low-risk cases, there have been
161 many studies evaluating the value of molecular markers to predict PTC aggressiveness
162 and prognosis.

163

164 The *BRAF*^{V600E} mutation is the most frequent genetic change in PTC. Its prevalence varies
165 from 30 to 80% (4), probably depending on the population. Many studies have indicated
166 an association between the presence of the *BRAF*^{V600E} mutation and aggressive
167 clinicopathological features; however, its prognostic value, especially as an independent
168 marker, is still debated. According to our results, the mutation rate in Japan is high (~80%),
169 and we did not find any correlation between the presence of the *BRAF*^{V600E} mutation and
170 aggressive clinicopathological features and worse prognosis in our series (5).

171

172 Recently, mutations in the promoter region of the telomerase reverse transcriptase (*TERT*)
173 gene have been found in many types of cancers including thyroid carcinomas. There are
174 two hot spots, called C250T (chr5: 1,295,250C>T) and C228T (chr5: 1,295,228C>T) (6,
175 7), and these are mutually exclusive. The average rate of the presence of these mutations
176 in PTC has been reported to be around 10% (8), and there seems to be no major
177 differences between populations. The mutations create a binding motif for the E26
178 transformation-specific (ETS) transcription factors and upregulate *TERT* mRNA
179 expression, especially when the ETS family members are activated (e.g. by *BRAF*^{V600E})
180 (9-11). While the primary function of TERT is to maintain telomere length, there is
181 increasing evidence regarding its telomerase-independent oncogenic functions through
182 NF-κB, Wnt/β-catenin, and MYC pathways (12-14). In PTC, many studies have

183 demonstrated that the co-existence of the *BRAF*^{V600E} mutation and *TERT* promoter
184 mutations is strongly associated with aggressive features and worse prognosis (5, 15-27).
185 Moreover, *TERT* promoter mutations seem to be also associated with anaplastic
186 transformation (28).

187

188 However, regarding the impact of *TERT* promoter mutations, two recent findings should
189 be considered. First, Paulsson *et al.* have reported that there is a subset of cases showing
190 *TERT* mRNA expression in the absence of *TERT* promoter mutations in follicular thyroid
191 tumors (adenomas, follicular tumors with uncertain malignant potential, and carcinomas)
192 (29). In that study, the authors have also demonstrated that tumors with positive *TERT*
193 mRNA expression showed a shorter time to recurrence compared with *TERT* expression-
194 negative carcinomas (29). However, many of the *TERT*-expressing tumors harbored
195 *TERT* promoter mutations, and the prognostic value of *TERT* mRNA expression
196 independent of the presence of *TERT* promoter mutations has not been analyzed. Muzza
197 *et al.* also demonstrated *TERT* protein expression in PTCs without *TERT* promoter
198 mutations (30). However, the number of analyzed cases was limited, and a correlation
199 analysis between presence of *TERT* expression and clinicopathological findings was not
200 presented (30). Secondly, according to The Cancer Genome Atlas (TCGA) data, *TERT*
201 promoter mutations were not clonal in PTCs (31). The mutant allele frequency varied
202 from 5% to 50% (average 23%) and there were cases with low allelic frequency that may
203 not be detectable by regular Sanger sequencing (31).

204

205 In PTC, little is known about the relationship between *TERT* mRNA expression and
206 clinicopathological features. Therefore, we measured *TERT* mRNA expression levels and
207 allelic frequency of the *TERT* promoter mutations in PTCs in the present study, and
208 analyzed their impact on clinicopathological features, especially as a prognostic marker.

209

210 MATERIALS AND METHODS

211 *PTC samples and patient information*

212 We collected 159 PTC samples operated between November 2001 and December 2017
213 at Nagasaki University Hospital (Nagasaki, Japan) and Kuma Hospital (Kobe, Japan).
214 Clinicopathological data were collected from the patients' medical records. Patient age at
215 operation ranged 14–81 years old (median age: 54 years old, 17.0% male). For staging,
216 the AJCC/TNM staging system (8th edition) was used (32, 33). The histological subtypes
217 were: 146 classic PTCs (25 were microcarcinomas), 10 follicular variant of PTCs (four
218 were microcarcinomas), two diffuse sclerosing variant of PTCs, and one tall cell variant
219 of PTC. The study protocol was approved by the institutional review boards of Nagasaki
220 University and Kuma Hospital. Written informed consent was obtained from each patient.
221 Fresh tumor tissue samples were obtained during surgical operations, snap-frozen in
222 liquid nitrogen, and stored at -80°C. DNA and total RNA were extracted at the same time
223 using ISOGEN reagent (Nippon Gene) according to the manufacturer's protocol.

224

225 *Direct DNA sequencing*

226 The mutational status of *BRAF* (around V600) and the promoter region of *TERT* were
227 analyzed by direct DNA sequencing (the Sanger method) as described previously (5).

228

229 *Quantitative reverse transcription polymerase chain reaction (qRT-PCR)*

230 Total RNA was reverse transcribed using a High Capacity RNA-to-cDNA kit (Applied
231 Biosystems). The following PCR reactions were done using SYBR Premix Ex *Taq*II
232 (TaKaRa Bio) in a Thermal Cycler Dice real-time system (TaKaRa Bio). The cycle
233 threshold (CT) value, which was determined using the second derivative method, was
234 used to calculate relative expression. The *TERT* mRNA levels were normalized using
235 *TATA-binding protein (TBP)* mRNA expression as a reference. Primer sequences are:
236 *TERT* ex6–7 F, 5'-AGCCACGTCTCTACCTTGAC-3' and *TERT* ex7–8 R, 5'-

237 CTCATTCAGGGAGGAGCTCT-3'; *TBP* ex2 F, 5'-CCTGCCACCTTACGCTCAG-3'
238 and *TBP* ex3 R, 5'-TGGTGTCTGAATAGGCTGTGG-3'.

239

240 ***Droplet digital PCR (ddPCR)***

241 ddPCR was performed using ddPCR Supermix for Probes (Bio-Rad Laboratories) in a
242 QX100 droplet generator (Bio-Rad Laboratories), a C1000 Touch thermal cycler (Bio-
243 Rad Laboratories), and a QX100 droplet reader (Bio-Rad Laboratories). Probes used for
244 the ddPCR were: *TERT* mut, 5'-/56-FAM/C+CC+C+T+TC+CGG/3IABkFQ/-3', and
245 *TERT* wt 228, 5'-/5HEX/C+CC+C+T+TC+CGG/3IABkFQ/-3' (a base preceded by + is
246 Locked Nucleic Acid). Primers were same as those used in direct DNA sequencing. It is
247 possible to discriminate between C228T and C250T in the two-dimensional (2D) display
248 using above two probes at the same time because the *TERT* mut probe can bind to both
249 C228T and C250T, but the wt probe can bind to only C228. In the case of the C250T
250 mutation, both FAM and HEX signals are detected, while only a FAM signal is detected
251 when the mutation is C228T.

252

253 ***Recurrence as an endpoint***

254 Disease recurrence was defined as a surgically removed and pathologically verified local
255 lesion or regional metastasis/distant metastasis detected by ultrasound, scintigraphy, or
256 other imaging not earlier than six months after initial treatment. The time to recurrence
257 was calculated based on the date of reoperation or on the date of recurrence detection by
258 medical imaging.

259

260 ***Statistical Analysis***

261 Univariate Fisher's or Fisher-Freeman-Halton exact tests were used for categorical data.
262 Pairwise statistical comparisons of proportions in more than two groups were performed
263 with the COMPPROP macros in SAS (<http://www2.sas.com/proceedings/sugi31/204->

264 [31.pdf](#)). Nonparametric Mann-Whitney or Kruskal-Wallis tests followed by Dwass, Steel,
265 Critchlow-Fligner multiple comparison procedure for continuous data were used to
266 compare characteristics in different PTC subgroups. To analyze recurrence-free survival
267 (RFS), the Kaplan-Meier method and log-rank test were used. Factors affecting RFS were
268 assessed in Cox proportional hazard models. To determine a threshold of the *TERT*
269 expression level based on the concept that minimal expression compared with relatively
270 higher expression by the *TERT* promoter mutations could have negligible effect on
271 clinical behavior, we first calculated hazard ratios (HRs) in serial optimal Cox models for
272 each cut-off percentile (mRNA expression-negative plus expression levels below each
273 percentile cases vs expression levels above the percentile cases) in five percentile
274 increment. We next ran Kaplan-Meier analyses using percentiles which demonstrated
275 relatively higher HR. Then optimal threshold was selected based on the log-rank p-value.
276 Multivariable logistic regression models were used to identify factors associated with
277 extrathyroidal extension or pT category. Analyses with very small numbers of outcomes
278 (< 5 per cell) or when quasi-complete separation was observed were conducted using
279 Firth's approach to bias-reducing penalized maximum likelihood fit. Non-automatic
280 model optimization was routinely performed using the Akaike information criteria.
281 Stepwise variable selection was applied to the models amendable to automatic
282 optimization. Once the most appropriate model was determined, the maximum likelihood
283 estimates of the respective parameters and their Wald-type 95% confidence intervals were
284 calculated. Statistical assessments were performed using the 3.71 release of SAS Studio
285 for the 9.4M5 version of SAS (SAS Institute) or IBM SPSS Statistics Version 24 software
286 (IBM). Graphs were drawn using GraphPad Prism 6 (GraphPad). All p-values were 2-
287 sided and considered significant if $p < 0.05$.

288

289

290 **RESULTS**

291 ***Mutational status of the TERT promoter region and TERT expression***

292 We first screened 159 PTC samples for mutations of the *TERT* promoter region (C228T
293 and C250T) by direct DNA sequencing. *TERT* promoter mutations were found in 20
294 (12.6%) samples, all of which were C228T, and there was no C250T substitution in the
295 current series. We next examined *TERT* mRNA expression by real-time qRT-PCR. *TERT*
296 expression was confirmed in all of the *TERT* promoter mutation-positive samples.
297 Interestingly, even among 139 mutation-negative samples, 56 (40.3%) showed *TERT*
298 expression. We then explored the possibility that there are tumors with low allelic
299 frequency of *TERT* promoter mutations that are not detectable by regular sequencing. To
300 investigate the presence of the mutations with high sensitivity, we used ddPCR. First, the
301 detection limit of the ddPCR for the two *TERT* promoter mutations was determined using
302 serial dilutions of the PCR product of the *TERT* promoter region containing C228T or
303 C250T in the PCR product of the wild-type promoter. In our hands, the detection limit of
304 the mutant allele frequency was approximately 0.25% (Supplementary Fig. S1). We then
305 analyzed all of the 56 *TERT*-expressing samples using ddPCR. We identified the mutation
306 with low allelic frequency in three samples (5.4%), hereafter PTC A, B, and C (Fig. 1A).
307 According to the 2D display, all harbored a C228T mutation. The allelic frequencies of
308 the mutant were 17%, 10%, and 5% in PTC A, B, and C, respectively (Supplementary
309 Table S1). Since tumor tissues consist not only of tumor cells but also of stromal,
310 endothelial, and blood cells, the allelic frequency of the mutant in the tumor cells was
311 corrected for tumor purity based on the ratio of the *TERT* promoter mutation to the
312 *BRAF*^{V600E} mutation because the *BRAF*^{V600E} mutation is considered a clonal monoallelic
313 mutation in all tumor cells according to the data obtained using next-generation
314 sequencing and immunohistochemistry (34, 35). However, one should note that there is
315 also some debate about the allelic frequency of the *BRAF*^{V600E} mutation. Guerra *et al.*
316 reported variable *BRAF* mutant allelic frequencies in PTCs using pyrosequencing (36).
317 For the present study, we assumed that all tumor cells were *BRAF*^{V600E} positive. After the

318 correction, the allelic frequencies of the *TERT* promoter mutation in tumor cells were as
319 follows: PTC A, 14%; PTC B, 4%; and PTC C, 3%, which means that 28%, 8%, and 6%
320 of the tumor cells had the *TERT* promoter mutation in PTC A, B, and C, respectively
321 (Supplementary Table S1). We then retrospectively checked the chromatograms of the
322 direct DNA sequencing results of these samples. There were discrete peaks of C228T (Fig.
323 1B), but it was impossible to confidently discriminate these signals from background
324 signals. The results of direct DNA sequencing, expression analysis, and ddPCR are
325 summarized in Fig. 2A–C. Taken together, *TERT* expression was observed in all of the
326 tumors with the *TERT* promoter mutation as expected, even in the cases with low allelic
327 frequency; however, *TERT* expression was also detected in 38% of mutation-negative
328 cases, suggesting that there are other mechanisms to upregulate *TERT* expression.

329

330 ***Relationship between TERT mutational/expression status and clinicopathological*** 331 ***features***

332 We analyzed the relationship between the status of the *TERT* promoter
333 mutation/expression and clinicopathological features. We classified the 159 cases into
334 three groups: the *TERT* promoter mutation-negative/mRNA expression-negative group
335 (mut-/exp-), the *TERT* promoter mutation-negative/mRNA expression-positive group
336 (mut-/exp+), and the *TERT* promoter mutation-positive group (mut+/exp+). As shown in
337 Table 1, tumors with the mutation (mut+/exp+) showed statistically significant
338 differences in age, extrathyroidal extension, stage II/III/IV, compared with the other two
339 groups (mut-/exp- and mut-/exp+) (1 vs 3 and 2 vs 3). These findings suggest that the
340 *TERT* promoter mutation confers aggressive properties to PTCs.

341

342 RFS was evaluated using the Kaplan-Meier method and Cox proportional hazard models.
343 In this analysis, we excluded four cases that had distant metastasis at the time of operation
344 and additional 20 cases that were followed for less than six months. The survival curves

345 of the three groups separated, and there was a statistically significant trend (Fig. 3A;
346 log-rank trend, $p < 0.001$). The HRs for recurrence of the mut+/exp+ group relative to the
347 mut-/exp- group and the mut-/exp+ group after adjustment for age, sex, tumor size,
348 extrathyroidal extension, and lymph node metastasis were 20.47 (95% CI: 4.54 to 114.1,
349 $p < 0.001$) and 5.38 (95% CI: 1.14 to 30.32, $p = 0.046$), respectively (Table 2, 1st and 2nd
350 comparisons). In the optimal models, the HRs of the mut+/exp+ group relative to the mut-
351 /exp- group and the mut-/exp+ group were 23.39 (95% CI: 4.49 to 121.85, $p < 0.001$) and
352 6.24 (95% CI: 1.44 to 27.13, $p = 0.015$), respectively (Table 2, 1st and 2nd comparisons).

353

354 In two-group analysis, based on the mutational status (mut-/exp- and mut-/exp+ vs
355 mut+/exp+) and the expression status (mut-/exp- vs mut-/exp+ and mut+/exp+), the
356 Kaplan-Meier curves and the HRs are shown in Supplementary Fig. S2A, B and
357 Supplementary Table 2, respectively.

358

359 Regarding the grouping based on the expression status (regardless of the mutational
360 status), we attempted to set a threshold based on the concept that minimal expression
361 could have a negligible effect on the clinical behavior because many of the mut-/exp+
362 tumors showed very low expression compared with the mut+/exp+ group (Fig. 2C). First,
363 we calculated HRs in serial optimal Cox models for each cut-off percentile (mRNA
364 expression-negative plus expression levels below each percentile cases vs expression
365 levels above the percentile cases) (Supplementary Fig. S3A). We then ran Kaplan-Meier
366 analyses between the 50th and 70th percentiles showing high HRs (Supplementary Fig.
367 S3B). This allowed us to identify the optimal threshold, the 65th percentile
368 (Supplementary Fig. S3B). Based on this, the HR adjusted for age, sex, tumor size,
369 extrathyroidal extension, and lymph node metastasis was 4.12 (95% CI: 1.55 to 10.72,
370 $p = 0.005$). In the optimal model, the HR was 4.44 (95% CI: 1.71 to 11.53, $p = 0.002$)
371 (Supplementary Table S2, 3rd comparison). Other results using different adjustments are

372 listed in Supplementary Table S2.

373

374 ***Relationship between TERT expression and clinicopathological features in the***
375 ***mutation-negative cases***

376 Next, we focused on the *TERT* promoter mutation-negative cases. Interestingly, there
377 were no statistical differences between the mut-/exp- group and the mut-/exp+ group in
378 all clinicopathological parameters except mean recurrence time (Table 1, 1 vs 2). The
379 Kaplan-Meier curve showed a significant difference (Fig. 3B, $p=0.046$), and Cox
380 proportional hazard models also demonstrated statistical significance after adjustment for
381 covariates (Table 2, 3rd comparison). The HR of the mut-/exp+ group relative to the mut-
382 /exp- group adjusted for age, sex, tumor size, extrathyroidal extension, and lymph node
383 metastasis was 4.25 (95% CI: 1.15 to 17.71, $p=0.041$) (Table 2, 3rd comparison). In the
384 optimal model, the HR was 4.24 (95% CI: 1.13 to 15.90, $p=0.032$) (Table 2, 3rd
385 comparison). Since the unadjusted HR was not significant ($p=0.067$), we analyzed the
386 relationship between age and the amount of *TERT* expression. Surprisingly, *TERT*
387 expression was inversely correlated with age (Fig. 2D, $p=0.002$), a finding that is opposite
388 to the presence of *TERT* promoter mutations. These results indicate that *TERT* expression,
389 even without presence of a *TERT* promoter mutation, has a negative influence on PTC
390 prognosis.

391

392 Because many cases of the mut-/exp+ tumors showed very low *TERT* expression
393 compared to the mut+/exp+ group (Fig. 2C), we also attempted to reclassify all mut- cases
394 into two new groups based on the *TERT* expression level using the same method described
395 above (Supplementary Fig. S3C). Kaplan-Meier analyses were run between the 75th and
396 85th percentiles, and the optimal threshold was determined to be the 80th percentile
397 (Supplementary Fig. S3D). Using this threshold, the unadjusted HR was 5.72 (95% CI:
398 1.39 to 19.23, $p=0.01$) (Table 2, 4th comparison), which was higher than the HR

399 calculated based on the presence or absence of the expression (exp- vs exp+). In the
400 optimal model, the HR was 4.34 (95% CI: 1.11 to 16.94, p=0.035) (Table 2, 4th
401 comparison).

402

403 Using this grouping, there were significant differences in age (the expression levels above
404 the 80th percentile group was younger), stage, recurrence, recurrence time, the prevalence
405 of the *BRAF* mutation (Table 3). Interestingly, all cases with an expression level above
406 the 80th percentile were stage I and displayed a significantly lower rate of the *BRAF*
407 mutation (30.0% vs 69.9%) (Table 3). Even though tumors in which the expression levels
408 were above the 80th percentile were present in patients with younger age, lower stage,
409 and a lower *BRAF* mutation rate, their prognosis was worse. The Kaplan-Meier curve also
410 demonstrated a significant difference (Fig. 3C, p=0.007).

411

412

413 **DISCUSSION**

414 First, in the present study, we have successfully reconfirmed the strong correlation
415 between the presence of *TERT* promoter mutations and aggressive clinicopathological
416 features in this PTC series. Second, we have demonstrated that there is a subset of PTCs
417 that express *TERT* mRNA even in the absence of the *TERT* promoter mutation (mut-
418 /exp+). In this cases, *TERT* expression conferred a significant negative impact on PTC
419 prognosis, which was, however, not as high as in the cases with a *TERT* promoter
420 mutation. Since *TERT* promoter mutations are only observed in elderly patients, *TERT*
421 expression may be a promising marker in younger patients.

422

423 Among *TERT* mut-/exp+ cases (determined by regular sequencing), there seems to be a
424 small number of tumors with low allelic frequency of the *TERT* promoter mutation. Hence,
425 in addition to a low allelic frequency of *TERT* promoter mutations, there are other

426 mechanisms that upregulate *TERT* expression in the majority of the *TERT* mut-/exp+
427 cases. In other types of cancers, it has been reported that amplification, structural variants,
428 alternative splicing, and promoter methylation also upregulate *TERT* expression (37-44).
429 Of note, the allelic frequency depends on tumor cell purity and sensitivity of a detection
430 method. It is still unclear whether the low allelic frequency of the *TERT* promoter
431 mutation has a significant influence on tumor aggressivity because the number of such
432 cases in the current series was too small. Further studies are needed to fully understand
433 the mechanisms of the *TERT* mRNA upregulation in PTCs.

434

435 In the current series, all of the *TERT* promoter mutation-positive cases were 55 years of
436 age or older, and among the eight recurrent cases in this age group, seven had a *TERT*
437 promoter mutation. Thus, the presence of a *TERT* promoter mutation is probably a good
438 marker in elderly patients. In contrast, since there was no *TERT* promoter mutation-
439 positive case in the patients younger than 55 years, this mutation is not useful in younger
440 patients presenting with PTC. However, in these patients, *TERT* expression appears to
441 have prognostic value.

442

443 In the *TERT* mut-/exp+ group, there were many tumors with a very low amount of *TERT*
444 expression compared to the levels of *TERT* expression in the *TERT* promoter mutation-
445 positive cases. Such a minimal expression may not have clinical significance; therefore,
446 we attempted to seek the best threshold based on the *TERT* expression levels. In the
447 present study, the highest HR was obtained when the mutation-negative cases were
448 categorized into two groups: cases with expression levels above the 80th percentile and
449 others. However, it is necessary to analyze a much larger number of cases to determine a
450 proper threshold. In addition, the threshold may be influenced by the detection method.
451 This is a limitation of the current study. Moreover, since an active surveillance
452 management approach has been used for low-risk micro-PTCs in Japan, current cases

453 may not be fully representative of the whole PTC spectrum. It should rather be considered
454 as a proof of principle that high *TERT* expression is associated with risk for recurrence.

455

456 The *TERT* expression levels above the 80th percentile cases were associated with larger
457 tumor size, more frequent lymph node metastasis and extrathyroidal extension, and more
458 T3 and T4 tumors compared to those in the other group, yet these differences were not
459 statistically significant (Table 3), which could be due to the very small number of cases
460 (only 10) in the group. For the same reason, it was difficult to compare these cases with
461 the mutation-positive ones. Intriguingly, in the mutation-negative cases, *TERT* expression
462 levels were inversely correlated with patient age and the frequency of the *BRAF* mutation.
463 We have reported that tumor size is inversely correlated with the presence of the *BRAF*
464 mutation in pediatric and adolescent PTCs (45). Taken together, tumors without the *BRAF*
465 mutation may likely have higher *TERT* expression levels and more aggressive features in
466 young PTC patients.

467

468 In summary, as reported by others, we confirm the association between presence of *TERT*
469 promoter mutations and aggressive clinicopathological characteristics in PTCs. Moreover,
470 high *TERT* expression levels were observed in PTCs even in *TERT* promoter mutation-
471 negative tumors in patients of all ages, and *TERT expression* was associated with worse
472 prognosis. Since *TERT* promoter mutations are only found in elderly patients, *TERT*
473 expression can be also a useful marker, especially in younger patients with PTC.

474

475

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479

480

481 **DISCLOSURE STATEMENT**

482 The authors have nothing to disclose.

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484

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671

672

673 **FIGURE LEGENDS**

674 **Figure 1.** Low allelic frequencies of the *TERT* promoter mutation in three samples, PTC
675 A, PTC B, and PTC C. (A) Droplet digital PCR results. Each dot represents a positive
676 droplet of a mutant allele or a wild-type allele. NTC: non-template control, Wt: wild-type
677 control, hetMut: both mutant and wild-type control (monoallelic). (B) Sanger sequencing
678 chromatograms of indicated samples. The hot spots of the *TERT* promoter mutation are
679 shown as arrowheads. All of PTC A, PTC B, and PTC C had the C228T mutation.

680

681 **Figure 2.** Summary of the *TERT* mutational and expression status in the current series.
682 (A) The flowchart of the *TERT* mutation/expression screening. (B) Pie chart of the results.
683 (C) Relative *TERT* expression level in each group classified using the above status. (D)
684 Correlation between the *TERT* expression level and patient age. The mutation-
685 negative/expression-positive cases are plotted. Solid line represents the linear regression
686 model with 95% confidence intervals indicated by dotted lines. Arrow heads indicate
687 cases with *TERT* mRNA expression higher than the 80th percentile shown in C.

688

689 **Figure 3.** Kaplan-Meier curves of recurrence-free survival. The vertical tick marks
690 correspond to censored data. (A) The recurrence-free survival curves of the indicated
691 groups. p-value of a log-rank trend test is shown. (B) and (C) Only mutation-negative
692 cases were analyzed. p-values of log-rank tests are shown.

693

694

Table 1. Association between *TERT* mutational/expression status and clinicopathological features

<i>TERT</i> mutational/expression status	Whole group	mut-/exp-	mut-/exp+	mut+/exp+	p-value	p-value	p-value
Parameter	Mean ± s.d. (range) or n (%)	(1)	(2)	(3)	(1 vs 2)	(1 vs 3)	(2 vs 3)
Number of cases	159	83	53	23			
Age ± sd (range)	52.0 ± 15.8 (14–81)	49.2 ± 15.7 (16–78)	50.3 ± 15.6 (14–76)	66.3 ± 7.0 (55–81)	ns	<0.001	<0.001
Sex F/M, ratio	132/27 (4.9:1)	68/15 (4.5:1)	47/6(7.8:1)	17/6 (2.8:1)	ns	ns	ns
Tumor size, mm	21.5 ± 13.0 (0.3–62)	21.2 ± 11.9 (0.3–60)	21.8 ± 15.5 (3–62)	21.9 ± 10.7 (6–45)	ns	ns	ns
pN	111 (69.8%)	59 (71.1%)	37 (69.8%)	15 (65.2%)	ns	ns	ns
M	4 (2.5%)	2 (2.4%)	1 (1.9%)	1 (4.3%)	ns	ns	ns
Extrathyroidal extension	82 (52.6%)	41 (51.3%)	23 (43.4%)	18 (78.3%)	ns	<0.05	<0.05
pT3 and 4	89 (56.0%)	46 (55.4%)	25 (47.2%)	18 (78.3%)	ns	ns	<0.05
Stage							
I	88 (55.3%)	49 (59.0%)	37 (69.8%)	2 (8.7%)	ns	<0.05	<0.05
II	61 (38.4%)	29 (34.9%)	14 (26.4%)	18 (78.3%)	ns	<0.05	<0.05
III	7 (4.4%)	4 (4.8%)	1 (1.9%)	2 (8.7%)	ns	ns	ns
IV	3 (1.9%)	1 (1.2%)	1 (1.9%)	1 (4.3%)	ns	ns	ns
Stage II, III, and IV	71 (44.7%)	34 (41.0%)	16 (30.2%)	21 (91.3%)	ns	<0.05	<0.05
Recurrence ^a	17 (11.0%)	4 (4.9%)	6 (11.5%)	7 (31.8%)	ns	<0.05	ns
Mean recurrence time [95% CI], months ^a	115.2 [108.6–121.8]	119.5 [114.1–124.8]	104.7 [92.8–116.7]	91.6 [68.3–114.9]	<0.05	<0.001	ns
Total thyroidectomy	89 (56.0%)	48 (57.8%)	26 (49.1%)	15 (65.2%)	ns	ns	ns
LN dissection	147 (92.5%)	76 (91.6%)	49 (92.5%)	22 (95.7%)	ns	ns	ns
<i>BRAF</i> mutation	111 (69.8%)	57 (68.7%)	33 (62.3%)	21 (91.3%)	ns	ns	<0.05

ns: not significant, $p \geq 0.05$

mut-/exp-: *TERT* promoter mutation-negative/mRNA expression-negative

mut-/exp+: *TERT* promoter mutation-negative/mRNA expression-positive

mut+/exp+: *TERT* promoter mutation-positive/mRNA expression-positive

^afour cases with distant metastasis and 20 cases that were followed for less than six months were not included.

Table 2. Hazard ratios of disease recurrence

	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value
mut-/exp-	1.00			1.00			1.00			1.00		
mut+/exp+	7.53	2.39–26.69	0.001	20.25	4.54–109.26	<0.001	20.47	4.54–114.1	<0.001	23.39	4.49–121.85	<0.001
adjustment:				age, sex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp+	1.00			1.00			1.00			1.00		
mut+/exp+	2.34	0.80–6.99	0.131	5.07	1.24–24.03	0.034	5.38	1.14–30.32	0.046	6.24	1.44–27.13	0.015
adjustment:				age, sex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp-	1.00			1.00			1.00			1.00		
mut-/exp+	3.27	0.98–11.87	0.067	4.65	1.31–18.51	0.026	4.25	1.15–17.71	0.041	4.24	1.13–15.90	0.032
adjustment:				age, sex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp- and exp below 80 th percentile	1.00			1.00			1.00			1.00		
mut-/exp above 80 th percentile	5.72	1.39–19.23	0.010	5.09	1.21–17.81	0.022	3.36	0.80–11.75	0.095	4.34	1.11–16.94	0.035
adjustment:				age, sex			age, sex, size, Ex, N			optimal model (age)*		

*In the optimal model, only “age” was used for adjustment.

mut-/exp-: *TERT* promoter mutation-negative/mRNA expression-negative

mut-/exp+: *TERT* promoter mutation-negative/mRNA expression-positive

mut+/exp+: *TERT* promoter mutation-positive/mRNA expression-positive

mut-/exp- and exp below 80th percentile: *TERT* promoter mutation-negative/mRNA expression-negative and mRNA expression levels below the 80th percentile of the mut-/exp+ cases

mut-/exp above 80th percentile: *TERT* mRNA expression levels above the 80th percentile of the mut-/exp+ cases

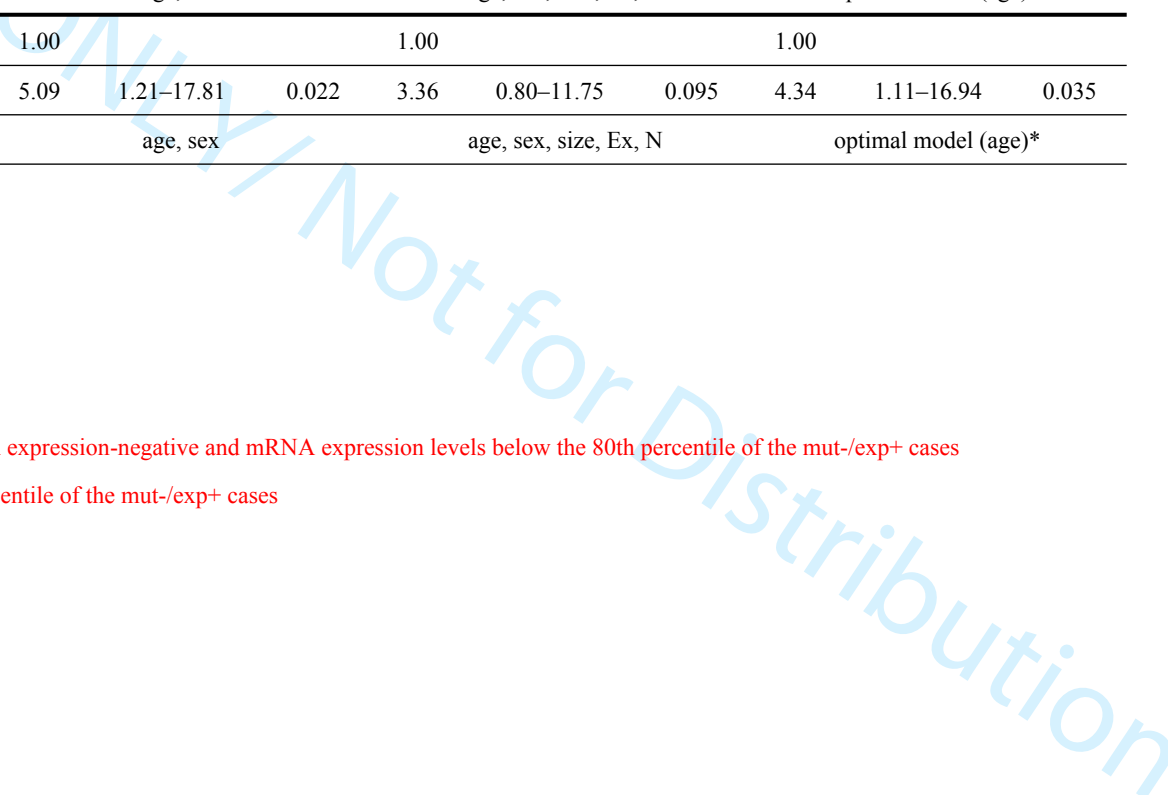


Table 3. Association between *TERT* expression and clinicopathological features in the *TERT* promoter mutation-negative cases

<i>TERT</i> expression	Whole group Mean ± s.d. (range) or n (%)	<i>TERT</i> exp- and exp below 80 th percentile	<i>TERT</i> exp above 80 th percentile	Univariate p-value
Number of cases	136	126	10	
Age	49.6 ± 15.6 (14–78)	50.5 ± 15.6 (14–78)	38.8 ± 12.6 (20–52)	<0.05
Sex F/M, ratio	115/21 (5.5:1)	106/20 (5.3:1)	9/1 (9.0:1)	ns
Tumor size, mm	21.4 ± 13.4 (0.3–62)	21.1 ± 13.1 (0.3–62)	24.7±16.9 (4–55)	ns
pN	96 (70.6%)	88 (69.8%)	8 (80.0%)	ns
M	3 (2.2%)	3 (2.4%)	0	ns
Extrathyroidal extension	64 (48.1%)	58 (47.2%)	6 (60.0%)	ns
pT3 and 4	71 (52.2%)	65 (51.6%)	6 (60.0%)	ns
Stage				
	I 86 (63.2%)	76 (60.3%)	10 (100.0%)	<0.05
	II 43 (31.6%)	43 (34.1%)	0	<0.05
	III 5 (3.7%)	5 (4.0%)	0	ns
	IV 2 (1.5%)	2 (1.6%)	0	ns
Stage II, III and IV	50 (36.8%)	50 (39.7%)	0	<0.05
Recurrence ^a	10 (7.5%)	7 (5.7%)	3 (30.0%)	<0.05
Mean recurrence time [95% CI], months ^a	115.2 [109.4–121.0]	117.6 [112.1–123.0]	86.3 [53.9–118.7]	<0.05
Total thyroidectomy	74 (54.4%)	67 (53.2%)	7 (70.0%)	ns
LN dissection	125 (91.9%)	116 (92.1%)	9 (90.0%)	ns
<i>BRAF</i> mutation	90 (66.2%)	87 (69.0%)	3 (30.0%)	<0.05

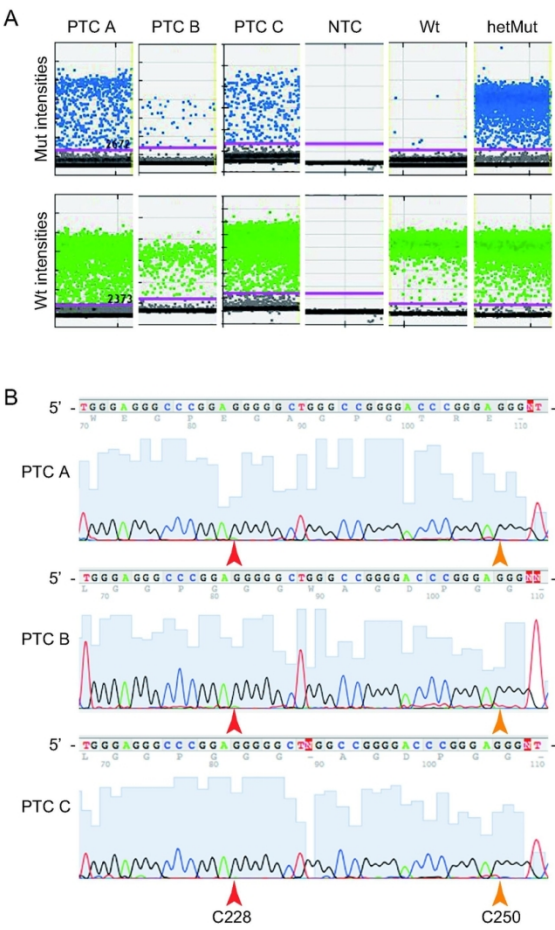
ns: not significant, $p \geq 0.05$

^athree cases with distant metastasis and 20 cases that were followed for less than six months were not included.

TERT exp- and exp below 80th percentile: *TERT* mRNA expression-negative and mRNA expression levels below the 80th percentile

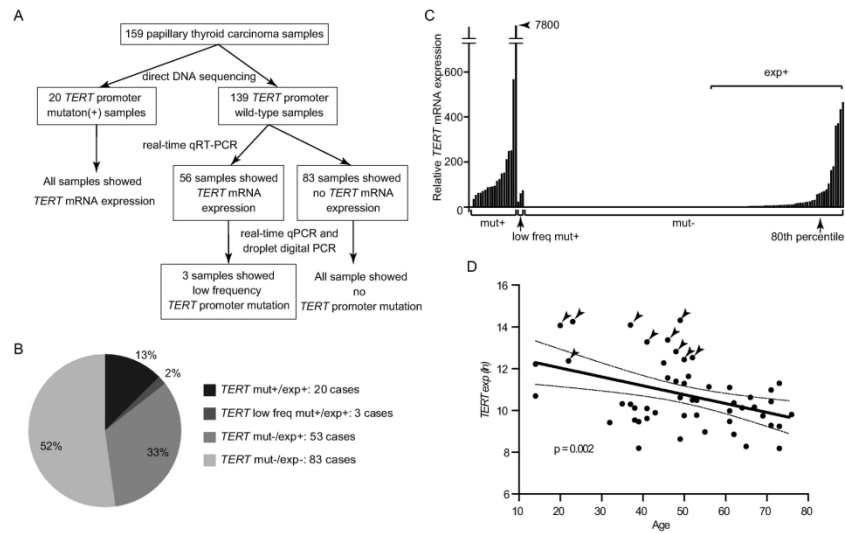
TERT exp- above 80th percentile: *TERT* mRNA expression levels above the 80th percentile

Figure 1



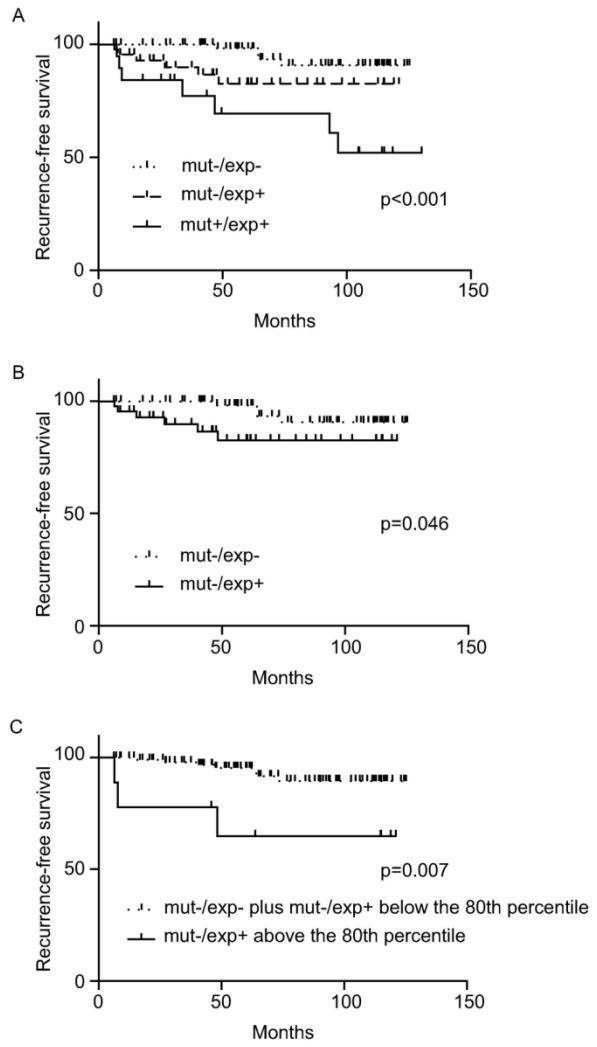
97x153mm (300 x 300 DPI)

Figure 2



189x143mm (300 x 300 DPI)

Figure 3



126x178mm (300 x 300 DPI)

Supplementary Table 1. Allelic frequencies of the *TERT* promoter mutation in cancer cells.

	Concentration (copies/ μ l) ^a		<i>TERT</i> mutant frequency ^b	Concentration (copies/ μ l) ^a		<i>TERT/BRAF</i>	Allelic frequency in cancer cells
	<i>TERT</i> wt	<i>TERT</i> mut		<i>TERT</i> mut	<i>BRAF</i> mut		
PTC A	289	58.9	0.17	46	164	0.28	0.14
PTC B	46.2	4.9	0.1	5.4	67	0.08	0.04
PTC C	743	42.7	0.05	27.7	483	0.06	0.03

^aaverage of the multiple experiments

^bmutant frequency = mutant droplet copy number/(mutant droplet copy number + wild-type droplet copy number))

Supplementary Table 2. Hazard ratios of disease recurrence.

	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value	HR	95%CI	p-value
mut-/exp-	1			1			1			1			1			1		
mut+/exp+	7.53	2.39–26.69	0.001	20.25	4.54–109.26	<0.001	19.44	4.36–103.95	<0.001	14.91	3.42–78.73	0.001	20.47	4.54–114.1	<0.001	23.39	4.49–121.85	<0.001
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp+	1			1			1			1			1			1		
mut+/exp+	2.34	0.80–6.99	0.131	5.07	1.24–24.03	0.034	4.75	1.17–22.23	0.042	3.12	0.77–14.97	0.14	5.38	1.14–30.32	0.046	6.24	1.44–27.13	0.015
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp-	1			1			1			1			1			1		
mut±/exp+	4.50	1.63–14.85	0.007	6.00	2.10–20.64	0.002	6.08	2.11–21.03	0.002	6.62	2.26–23.21	0.002	6.41	2.26–22.03	0.002	4.32	1.40–13.29	0.011
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (Ex)*		
mut-/exp±	1			1			1			1			1			1		
mut+/exp+	4.68	1.75–11.90	0.002	11.14	2.95–49.55	0.001	10.55	2.79–46.26	0.001	8.01	2.12–35.59	0.004	13.80	3.39–66.67	0.001	11.83	2.84–49.37	0.001
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		
mut±/exp- and exp below 65th percentile	1			1			1			1			1			1		
mut±/exp above 65th percentile	4.84	1.79–11.84	0.002	5.2	1.94–13.69	0.001	5.17	1.91–13.74	0.001	4.42	1.65–11.69	0.003	4.12	1.55–10.72	0.005	4.44	1.71–11.53	0.002
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp-	1			1			1			1			1			1		
mut-/exp+	3.27	0.98–11.87	0.067	4.65	1.31–18.51	0.026	4.83	1.36–19.34	0.024	5.21	1.46–21.14	0.019	4.25	1.15–17.71	0.041	4.24	1.13–15.9	0.032
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		
mut-/exp- and exp below 80th percentile	1			1			1			1			1			1		
mut-/exp above 80th percentile	5.72	1.39–19.23	0.01	5.09	1.21–17.81	0.022	5.43	1.29–18.88	0.017	4.56	1.05–16.29	0.037	3.36	0.8–11.75	0.095	4.34	1.11–16.94	0.035
adjustment:				age, sex			age, sex, size			age, sex, size, Ex			age, sex, size, Ex, N			optimal model (age)*		

* In the optimal model, only age was used for adjustment.

mut±/exp- and exp below 65th percentile: *TERT* mRNA expression-negative and *TERT* mRNA expression levels below the 65th percentile, regardless of the mutational status

mut±/exp higher 35%: *TERT* mRNA expression levels above the 65th percentile, regardless of the mutational status

mut-/exp- and exp below 80th percentile: *TERT* promoter mutation-negative/mRNA expression-negative and mRNA expression levels below the 80th percentile of the mut-/exp+ cases

mut-/exp above 80th percentile: *TERT* mRNA expression levels above the 80th percentile of the mut-/exp+ cases

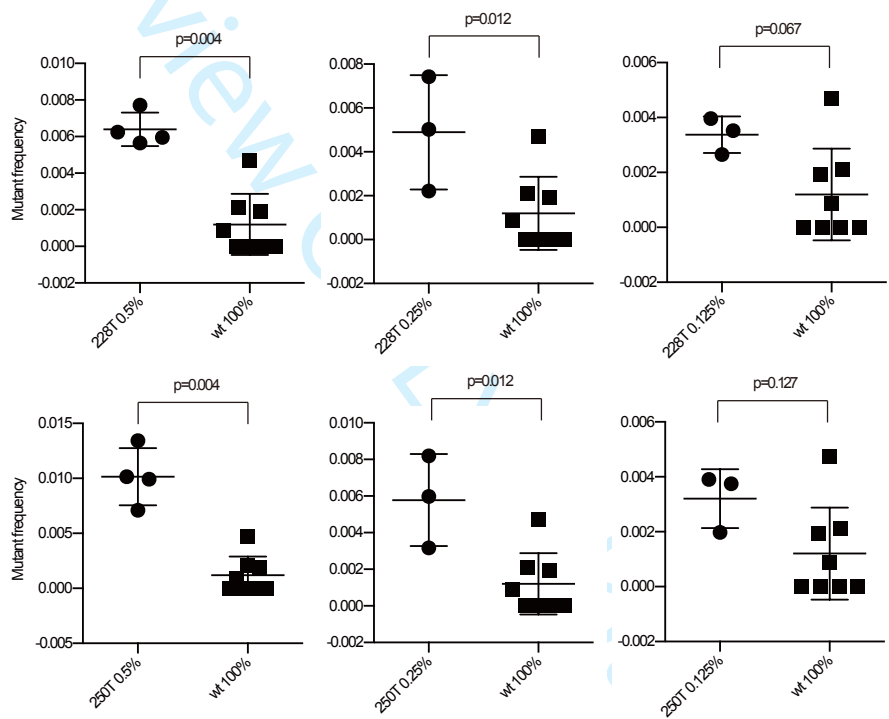
Supplementary Table 3. Association between *TERT* expression and clinicopathological features in all cases (including *TERT* promoter mutation-positive cases)

<i>TERT</i> mutational status	Whole group			Univariate comparison
	Mean ± s.d. (range) or n (%)	mut±/exp- and exp below 65th percentile	mut±/exp above 65th percentile	
Number of cases	159	132	27	
Age	52.0 ± 15.8 (14–81)	51.2 ± 15.6 (14–78)	56.0 ± 16.4 (20–81)	ns
Sex F/M, ratio	132/27 (4.9:1)	112/20 (5.6:1)	20/7 (2.9:1)	ns
Tumor size, mm	21.5 ± 13.0 (0.3–62)	21.4 ± 13.0 (0.3–62)	21.8 ± 13.1 (4–55)	ns
pN	111 (69.8%)	92 (69.7%)	19 (70.4%)	ns
M	4 (2.5%)	3 (2.3%)	1 (3.7%)	ns
Extrathyroidal extension	82 (52.6%)	63 (48.8%)	19 (70.4%)	ns
pT3 and 4	89 (56.0%)	70 (53.0%)	19 (70.4%)	ns
Stage				
I	88 (55.3%)	76 (57.6%)	12 (44.4%)	ns
II	61 (38.4%)	48 (36.4%)	13 (48.1%)	ns
III	7 (4.4%)	6 (4.5%)	1 (3.7%)	ns
IV	3 (1.9%)	2 (1.5%)	1 (3.7%)	ns
Stage II, III and IV	71 (44.7%)	56 (42.4%)	15 (55.6%)	ns
Recurrence ^a	17 (11.0%)	9 (7.0%)	8 (30.8%)	<0.05
Mean recurrence time [95% CI], months ^a	115.2 [108.6–121.8]	116.1 [110.4–121.7]	91.6 [69.9–113.4]	<0.05
Total thyroidectomy	89 (56.0%)	72 (54.5%)	17 (63.0%)	ns
LN dissection	147 (92.5%)	122 (92.4%)	25 (92.6%)	ns
<i>BRAF</i> mutation	111 (69.8%)	93 (70.5%)	18 (66.7%)	ns

ns: not significant, p≥0.05

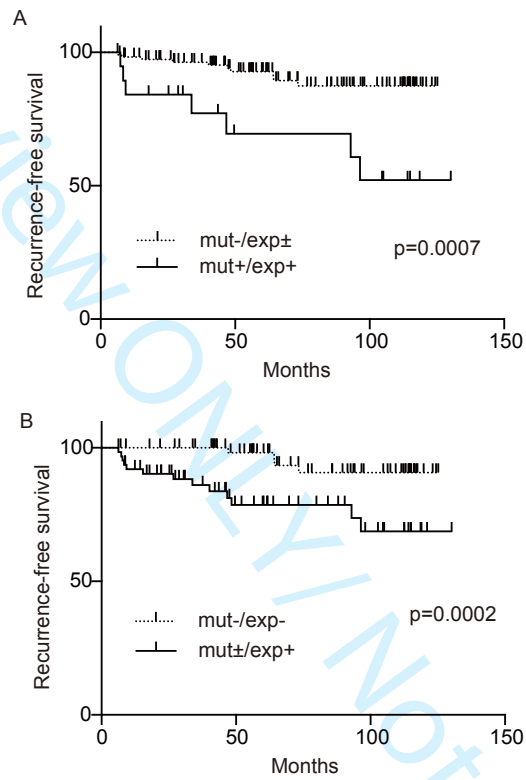
^afour cases with distant metastases and 20 cases that were followed for less than six months were not included.mut±/exp- and exp below 65th percentile: *TERT* mRNA expression-negative and *TERT* mRNA expression levels below the 65th percentile, regardless of the mutational statusmut±/exp above 65th percentile: *TERT* mRNA expression levels above the 65th percentile, regardless of the mutational status

Supplementary Figure S1

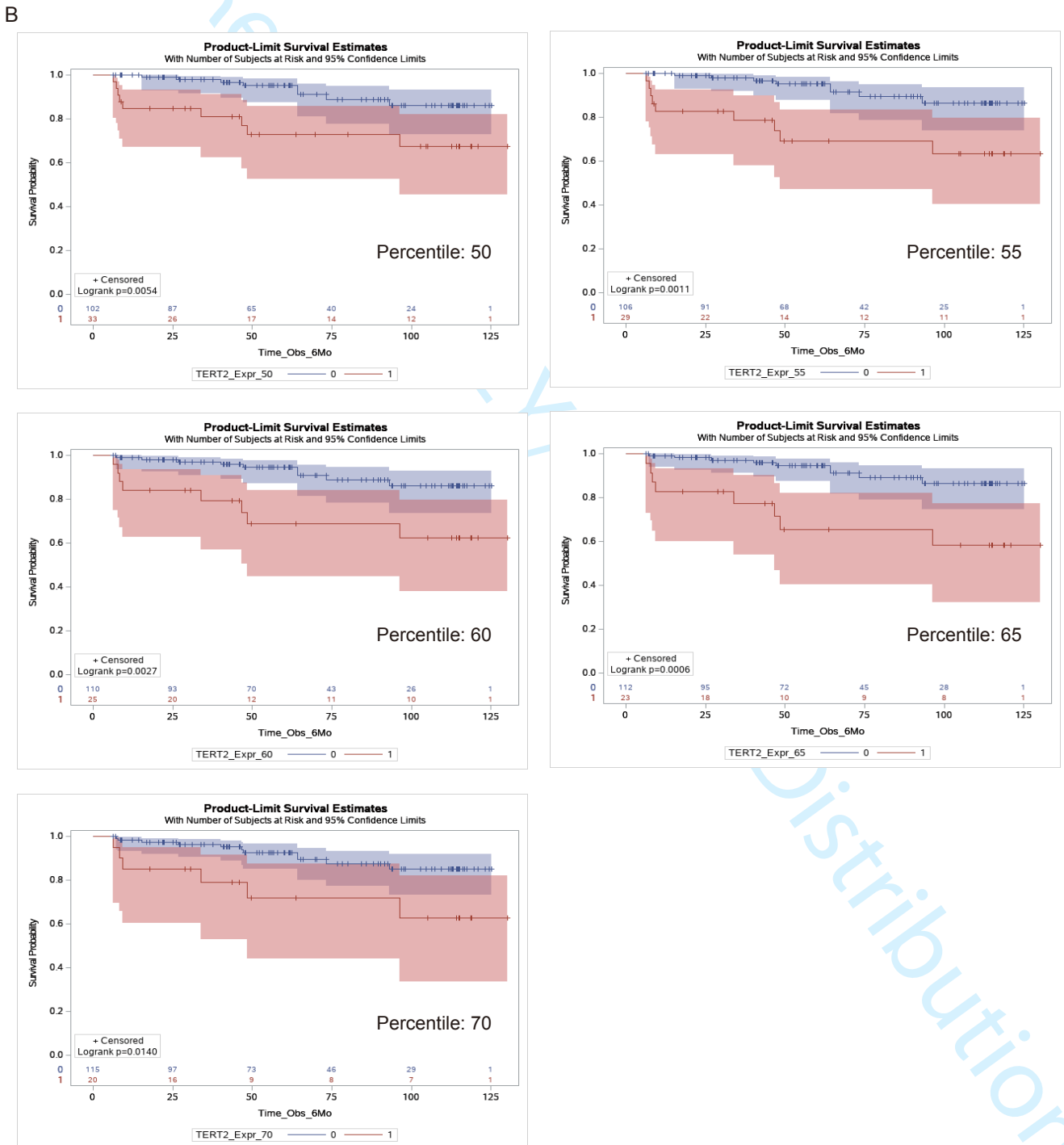
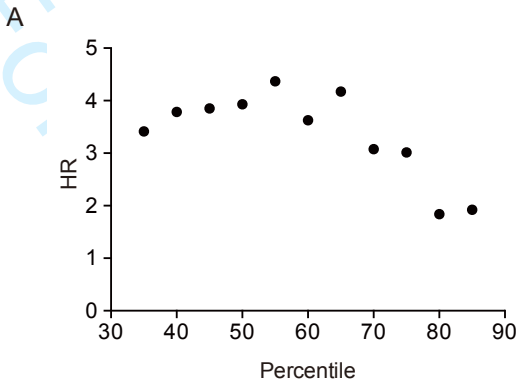


For Peer Review
or Distribution

Supplementary Figure S2

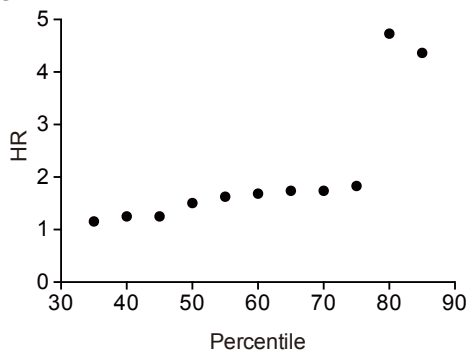


Supplementary Figure S3

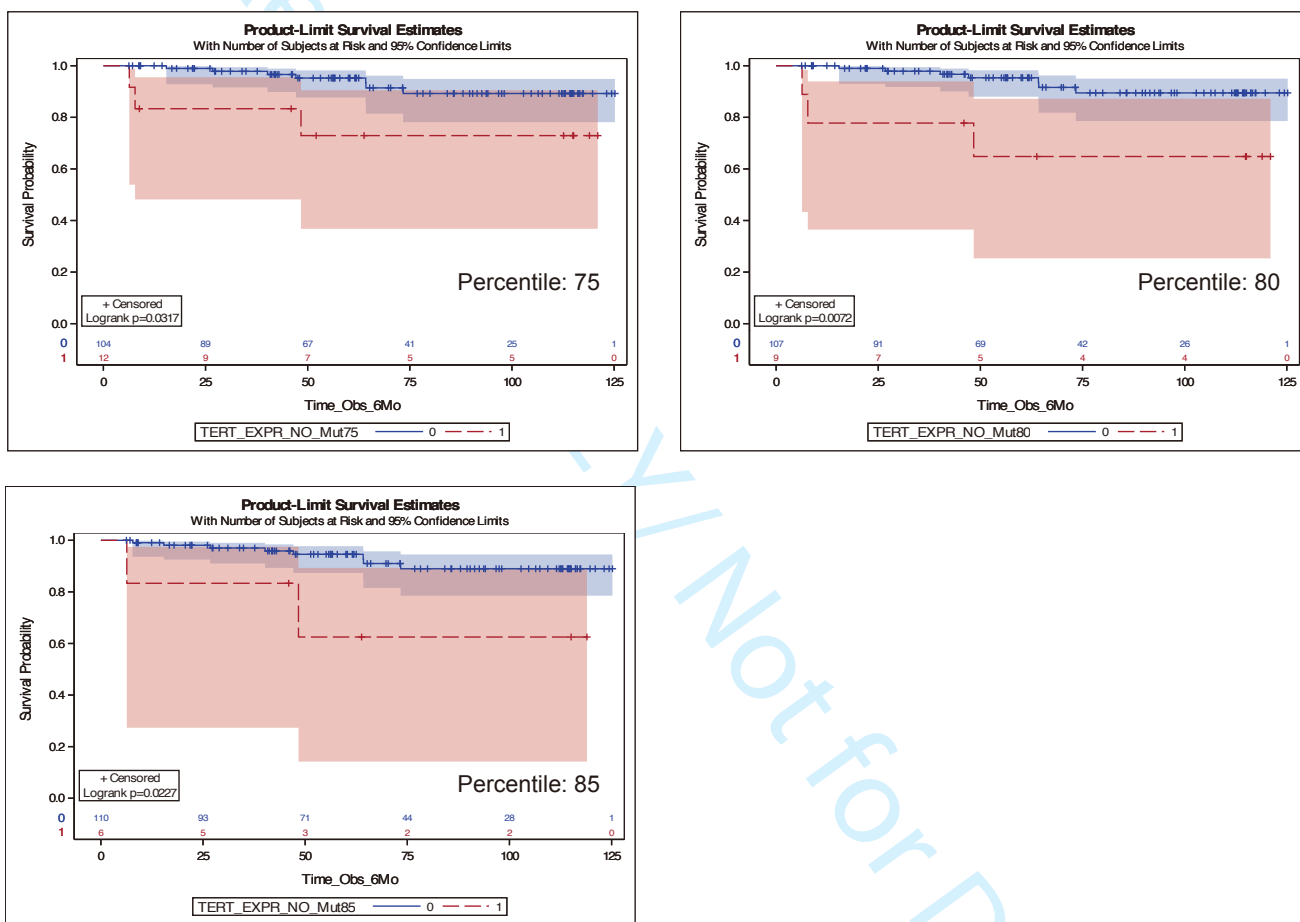


Supplementary Figure S3

C



D



Not for Distribution

SUPPLEMENTARY FIGURE LEGENDS

Figure S1. Detection limit of ddPCR.

The detection limit of ddPCR was determined using serial dilutions of the PCR product of the *TERT* promoter mutation (C228T or C250T) in the wild-type PCR product. The *TERT* promoter region (163 bp) was amplified using DNA extracted from cell lines having only wild-type, C228T, and C250T and purified. We prepared a total 3,000 copies of the mixture of the mutant product (0%, 0.125%, 0.25%, and 0.5%) and the wild-type product and measured the mutant copy number using ddPCR. The results were compared with those of the 100% wild-type product, and the difference was analyzed by Mann-Whitney U test using the GraphPad Prism software. Significant difference was only observed between the 0.25% or more mutant allele samples (both C228T and C250T) and the wild-type samples.

Figure S2. Kaplan-Meier curves of the different grouping based on the *TERT* mutational/expression status.

The vertical tick marks correspond to censored data. p-values of log-rank tests are shown. (A) The current cases were divided based on the mutational status. (B) The current cases were divided based on the expression status.

Figure S3. Hazard ratios and Kaplan-Meier curves of each cut-off percentile based on the *TERT* mRNA expression level.

(A) Hazard ratios were calculated including mutation-positive and negative cases. (B) Kaplan-Meier curves of the indicated cut-off percentiles (expression-negative plus expression levels below the indicated percentile vs expression levels above the indicated percentile) (C) Hazard ratios were calculated using only mutation-negative cases. (D) Kaplan-Meier curves of the indicated cut-off percentiles (expression-negative plus expression levels below the indicated percentile vs expression levels above the indicated percentile)