Polyphenols in lahpet-so and two new catechin metabolites produced by anaerobic microbial fermentation of green tea

Takuya Shii · Chiori Asada ·Yosuke Matsuo · Yoshinori Saito · Takashi Tanaka*

T. Shii \cdot C. Asada \cdot Y. Matsuo \cdot Y. Saito \cdot T. Tanaka*

Graduate School of Biomedical Sciences, Nagasaki University, Bunkyo-Machi 1-14, Nagasaki 852-8521, Japan

E-mail: t-tanaka@nagasaki-u.ac.jp

Tel.: +81-95-819-2433

Fax: +81-95-819-2477

Abstract The phenolic constituents of lahpet-so, a traditional postfermented tea of Myanmar produced under anaerobic conditions, were examined. The major polyphenols were identified to be pyrogallol and 4'-hydroxyphenyl-3-(2'',4'',6''-trihydroxyphenyl)-propan-2-ol,

3',4',5'-trihydroxyphenyl-3-(2'',4'',6''-trihydroxyphenyl)-propan-2-ol. The

hydroxydiphenylpropan-2-ols were identical to the initial metabolites produced from green tea catechins by mammalian intestinal bacteria. In addition, an anaerobic mixed-fermentation experiment using lahpet-so and Japanese commercial green tea afforded two new catechin degradation products together with known compound bruguierol B and the above-mentioned catechin metabolites. Based on spectroscopic evidence, the structures of the new compounds were concluded to be 4-(2,5-dihydroxyhexyl)benzene-1,2-diol and

(5*S*,8*R*)-6,7,8,9-tetrahydro-5-methyl-5,8-epoxy-5*H*-benzocycloheptene-2,3,4-triol.

Interestingly, the production mechanism was deduced to be the inverse of the biosynthesis of the flavan-3-ol A ring.

Keywords Lahpet-so · Catechin · Anaerobic fermentation · Tea · Polyphenol · Intestinal metabolism

Introduction

Based on epidemiological and biological studies conducted since the 1980s, the various health benefits of green tea catechins have become well recognized [1–3]. However, the bioavailability of tea catechins from the digestive tract is low [4, 5]. Therefore, it has been suggested that catechin degradation products generated by intestinal bacteria are important in the biological activity of green tea [6–8]. Recently, we reported that Japanese postfermented tea produced by anaerobic microbial fermentation of green tea contained polyphenols identical to the tea catechin metabolites formed by mammalian intestinal bacteria [9]. We also demonstrated that the same metabolism was able to be reproduced by in vitro anaerobic treatment of pure tea catechin with microorganisms that remained in the postfermented tea [10].

In the present study, the polyphenols in lahpet-so, a traditional fermented tea of Myanmar, were investigated. Lahpet-so is a pickled tea that is produced by anaerobic fermentation of green tea, and its production process is similar to that used for Japanese postfermented tea, such as *awa bancha* and *goishicha*, produced in the Shikoku region of Japan [9]. In addition, microbial degradation of tea catechins was also examined in a mixed-fermentation experiment of green tea with commercial lahpet-so.

Results and discussion

Comparison of green tea and commercial lahpet-so (Fig. 1) by high-performance liquid chromatography (HPLC) revealed the absence of four major tea catechins, (–)-epigallocatechin (1), (–)-epicatechin (2), and their 3-*O*-galloyl esters, in lahpet-so.

The major constituents detected in lahpet-so were isolated by a combination of column chromatography using Sephadex LH-20, MCI-gel CHP20P, and Chromatorex ODS, and identified pyrogallol (3), were as (2*S*)-1-(3',4',5'-trihydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol (4), (2*S*)-1-(3',4'-dihydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol (5), and (2S)-1-(4'-hydroxyphenyl)-3-(2'',4'',6''-trihydroxyphenyl)-propan-2-ol (6) (Fig. 2). Compounds 4-6 were reported to be metabolites of catechins and proanthocyanidins produced by mammalian intestinal bacteria [6, 7, 11, 12]. Pyrogallol (3) is considered to be produced by degradation of gallic acid [9,10], while the three diphenylpropane derivatives are reduction products of 2, 3, and (-)-epiafzelechin. Compound 6 has been identified only by liquid chromatography/mass spectrometry and was first isolated in this study. This metabolite may be produced from 5, because removal of the oxygen atom was sometimes observed in the anaerobic microbial metabolism of polyphenols [6]. The results revealed that the degradation of tea catechins during the production of lahpet-so is similar to that observed in the production of Japanese anaerobic postfermented tea products such as awa bancha (Tokushima Prefecture), goishicha (Kochi Prefecture), and ishizuchi-kurocha (Ehime Prefecture) [9].

Next, we examined anaerobic mixed-fermentation of lahpet-so with Japanese green tea. Green tea was swollen in water and mixed with commercial lahpet-so and kept under anaerobic conditions at 37 °C. After 6 weeks, HPLC analysis indicated production of compounds **3–5**, and after 10 weeks, two uncharacterized peaks owing to compounds **7–9** became apparent (Fig. 3). These metabolites were separated by repeated column chromatography, and comparison of physical and spectroscopic data

identified compound **9** as bruguierol B, which had been isolated from *Bruguiera* gymnorrhiza (Rhizophoraceae) [13].

New compound 7 was obtained as a brown amorphous powder, and the molecular formula was found to be $C_{12}H_{18}O_4$ by HR-ESI-TOF MS. The ¹H nuclear magnetic resonance (NMR) spectrum showed three aromatic protons [δ 6.66 (1H, d, J = 8.0 Hz, H-5'), 6.64 (1H, d, J = 2.1 Hz, H-2'), 6.51 (1H, dd, J = 8.0, 2.1 Hz, H-6')], and the coupling pattern indicated a 1,3,4-trisubstituted benzene ring. This benzene ring was shown to be a catechol ring by the appearance of dark-green coloration with FeCl₃ reagent on thin-layer chromatography (TLC) [Rf 0.64; toluene/ethyl formate/formic acid (1:7:1)] and the appearance of six aromatic carbons at δ 146.0 (C-3'), 144.6 (C-4'), 132.0 (C-1'), 121.7 (C-6'), 117.6 (C-2'), and 116.2 (C-5') in the ¹³C NMR spectrum. The remaining part of the molecule contained six aliphatic carbons: two oxygenated methine carbons [δ 74.1 (C-2), 68.8 (C-5)], three methylene carbons [δ 44.5 (C-1), 36.4 (C-4), 33.8 (C-3)], and a methyl carbon [δ 23.5 (C-6)]. The ¹H–¹H COSY spectrum confirmed that these carbons make up a 2,5-dihydroxyhexyl group, and thus, 7 was identified as 4-(2,5-dihydroxyhexyl)benzene-1,2-diol (Fig. 4). This assignment was supported by long-range ¹H-¹H coupling between aromatic proton H-2' and the benzylic methylene proton [H-1, δ 2.61 (1H, dd, J = 13.5, 6.9 Hz), 2.55 (1H, dd, J = 13.5, 6.4 Hz)]. In addition, correlations of H-1 to C-1', C-2', and C-6' observed in the HMBC spectrum confirmed the structure. This metabolite is apparently produced from 2; therefore, the stereostructure at C-2 was deduced to be the R configuration. The configuration at the C-5 methine carbon could not be determined in this study.

Compound 8 was isolated as brown amorphous powder, and the molecular formula was found to be $C_{12}H_{14}O_4$ by HR-ESI-MS (m/z: 245.0761 [M+Na]⁺, calcd. for

 $C_{12}H_{14}O_4Na$, 245.0790). The ¹³C NMR spectrum showed six aromatic carbon signals attributable to a pyrogallol ring [\delta 145.7 (C-5'), 143.7 (C-3'), 132.0 (C-4'), 124.8 (C-1'), 122.4 (C-2'), 108.2 (C-6')] and six aliphatic carbon signals including an oxygenated quaternary carbon [δ 82.2 (C-5)], an oxygenated methine [δ 75.3 (C-2)], three methylene carbons [\$ 43.1 (C-4), 38.0 (C-1), 30.9 (C-3)], and a methyl carbon [\$ 24.3 (C-6)]. The ${}^{1}H-{}^{1}H$ COSY correlations revealed the proximity of three methylenes (C-1, C-3, and C-4) and an oxygenated methine (C-2) (Fig. 4). In the HMBC spectrum, the aromatic singlet at $\delta 6.07$ (H-6') showed correlations with an aromatic quaternary carbon (C-2') and a benzylic methylene carbon (C-1). The benzylic methylene proton correlated to aromatic carbons (C-1', C-2', and C-6'). Furthermore, the methyl group singlet H-6 (δ 1.83) showed correlations with C-5 and C-2'. These correlations suggested that 8 has a benzocycloheptane skeleton. The unsaturation index of 6 and the chemical shift of the aliphatic quaternary carbon [δ 82.2 (C-5)] indicated an ether linkage between two oxygenated aliphatic carbons, that is, C-2 and C-5. This was also confirmed by the HMBC correlation from H-2 to C-5. Thus, the structure of 8 was assigned shown in Fig. 2 [systematic as name: (5S,8R)-6,7,8,9-tetrahydro-5-methyl-5,8-epoxy-5H-benzocycloheptene-2,3,4-triol]. This product is presumed to be a degradation product of 1; thus, the configurations of the C-2 and C-5 carbons were deduced to be *R* and *S*, respectively.

Mechanisms for the production of 7 and 8 were proposed as shown in Fig. 5. Bruguierol B (9) was also deduced to be one of the metabolites of 2. In the mechanism, degradation of the phloroglucinol ring is the inverse of the biosynthesis of the flavan-3-ol A ring, and it is closely related to the production metabolism of hydroxyphenyl-4-hydroxypentanoic acids (10 and 11) and hydroxyphenyl- γ -valerolactones (12 and 13), which are major catechin metabolites produced by mammalian intestinal bacteria [6-8] and were not detected in this experiment. The metabolites 12 and 13 are produced by removal of 2 acetic acid units from 4 and 5 via intermediates 4a,b and 5a,b. In contrast, our results indicated that the microorganisms of lahpet-so lack the enzyme catalyzing the second elimination of the acetic acid unit from 4b and 5b. Instead, the intermediates undergo decarboxylation to generate 1-phenyl-2-hydroxyhexan-5-one intermediates 4c and 5c. Subsequent reduction of the carbonyl group of 5c generates 7. In addition, intramolecular 1,2-addition of aromatic carbon to the carbonyl groups of 4c and 5c gives diol-intermediates 8a and 9a, which are converted to 8 and 9, respectively, by intramolecular dehydration. Although the products obtained in our experiment were different from metabolites of intestinal bacteria, the initial reductive cleavage of flavan C-ring and subsequent elimination of an acetic acid unit commonly occur [6], and particularly, accumulation of the common metabolites 4 and 5 in anaerobic postfermentation is important for the biological activities of tea catechins.

Experimental

General

Ultraviolet (UV) spectra were obtained with a Jasco V-560 UV/VIS spectrophotometer, while CD spectra were measured with a Jasco J-725N spectrophotometer. ¹H and ¹³C NMR spectra were recorded in acetone- d_6 with a Varian Unity Plus 500 spectrometer operating at 500 MHz for ¹H and 125 MHz for ¹³C and with a JEOL JNM-AL 400 spectrometer operating at 400 MHz for ¹H and 100 MHz for ¹³C. HR-ESI-MS spectra were obtained using a JEOL JMS-T100TD spectrometer (JEOL, Tokyo, Japan). HR-FAB-MS were recorded on a JMS 700N spectrometer (JEOL), with *m*-nitrobenzyl alcohol or glycerol as the matrix. Column chromatography was performed using Sephadex LH-20 (25–100 mm, GE Healthcare, Little Chalfont, UK), MCI-gel CHP 20P (75–150 mm, Mitsubishi Chemical, Tokyo, Japan), Diaion HP20SS (Mitsubishi Chemical), Chromatorex ODS (Fuji Silysia Chemical, Kasugai, Japan), and Bondapak C₁₈ 125A (Waters, Milford, MA, USA). TLC was performed on precoated Kieselgel 60 F₂₅₄ plates (0.2 mm thick, Merck) with toluene/ethyl formate/formic acid (1:7:1, v/v) and CHCl₃/MeOH/H₂O (7:3:0.5, v/v). Spots were detected using UV illumination and by spraying with 2% ethanolic FeCl₃ or 5% H₂SO₄ reagent followed by heating. Analytical HPLC was performed on a Cosmosil 5C₁₈-AR II (Nacalai Tesque) column (250 × 4.6 mm i.d.) with gradient elution from 4–30% (39 min) and 30–75% (15 min) of CH₃CN in 50 mM H₃PO₄ at 35 °C (flow rate, 0.8 ml/min; detection, Jasco photodiode array detector MD-910).

Plant material

Commercial lahpet-so, fermented tea packed with food oil imported from Myanmar, was purchased at a local market in Tokyo. Green tea was supplied by Nagasaki Prefectural Agricultural and Forestry Experiment Station, Higashisonogi Tea Branch.

Extraction and isolation

Lahpet-so (112 g) was successively extracted with acetone (200 mL, for 2 days) and acetone/H₂O (7:3, v/v, 200 mL, for 1 day). The extracts were combined and concentrated by rotary evaporation under reduced pressure (ca. 40 °C). The resulting mixture was suspended in H_2O (200 mL) and successively partitioned with hexane (200 mL, three times) and CHCl₃ (200 mL, twice) to give hexane extract (14.5 g) and a CHCl₃ fraction (3.1 g). The hexane and CHCl₃ fractions mainly contained food oil and caffeine, respectively. The H₂O fraction (9.6 g) was subjected to Sephadex LH-20 column chromatography (4 cm i.d. \times 30 cm) with water containing increasing proportions of methanol (120 % stepwise elution from 0 to 100 %) and finally with 50 % aqueous acetone, and fractionated into nine fractions: 1 (5.7 g), 2 (469 mg), 3 (598 mg), 4 (97 mg), 5 (73 mg), 6 (942 mg), 7 (260 mg), 8 (385 mg), and 9 (120 mg). The first fraction mainly contained sugars. Fractions 1 and 2 contained sugars and organic acids. Fraction 3 was identified as pyrogallol (3) by TLC with the authentic sample [Rf 0.84; toluene/ethyl formate/formic acid (1:7:1)] and by ¹H NMR comparison. Fraction 6 was mainly composed of FeCl₃-positive compounds and was separated into three fractions by MCI-gel CHP20P (0-100 % methanol in H₂O, 10% stepwise elution). Subfraction 6-1 (405.5)identified mg) was as (2*S*)-1-(3',4',5'-trihydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol (4). Subfraction 6-2 (290 mg) was applied to a Chromatorex ODS column (2 cm i.d. \times 20 cm) and eluted with 0–100 % methanol in H₂O to give fractions 6-2-1 (11 mg), 6-2-2 (240 mg), and (-)-epicatechin (2) (16.1 mg). Fraction 6-2-2 was subjected to Sephadex LH-20 column chromatography (2 cm i.d. \times 20 cm) with 0–100 % methanol in H₂O to (2S)-1-(3',4'-dihydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol vield (5)

(216.9 mg). Subfraction 6-3 (73.2 mg) was separated by Chromatorex ODS column chromatography (2 cm i.d. \times 20 cm, 0–100 % methanol in H₂O) to give (2*S*)-1-(4'-hydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol (**6**) (12.4 mg) and (–)-epiafzelechin (6.8 mg).

1-(4'-Hydroxyphenyl)-3-(2",4",6"-trihydroxyphenyl)-propan-2-ol (6)

A brown amorphous powder; $[\alpha]_D -12.0^\circ$ (*c* 0.1, methanol). ESI-MS: *m/z* 277 [M+H]⁺. HR-FAB-MS: *m/z* 277.1096 [M+H]⁺ (calcd. for C₁₅H₁₇O₅, 277.1076). IR v_{max} cm⁻¹: 3409, 2923, 1633, 1517, 1457, 1248, 1153, 1075. UV λ_{max} (methanol) nm (log ε): 207 (3.11), 226 (3.39), 276 (4.14). ¹H NMR (400 MHz, CD₃OD) δ : 2.55 (1H, dd, *J* = 8.4, 14.1 Hz, H-1 α), 2.65 (1H, dd, *J* = 7.3, 13.9 Hz, H-3 α), 2.71 (1H, dd, *J* = 4.1, 14.1 Hz, H-1 β), 2.85 (1H, dd, *J* = 4.4, 13.9 Hz, H-3 β), 3.95 (1H, dddd, *J* = 4.1, 4.4, 7.3, 8.4 Hz, H-2), 5.87 (2H, s, H-3", 5"), 6.67 (2H, d, *J* = 8.6 Hz, H-3', 5'), 7.02 (2H, d, *J* = 8.6 Hz, H-2', 6'). ¹³C NMR (100 MHz, CD₃OD) δ : 31.5 (C-3), 43.5 (C-1), 75.4 (C-2), 95.9 (C-3", 5"), 105.7 (C-1"), 115.9 (C-3', 5'), 131.4 (C-2', 6'), 131.8 (C-1'), 156.5 (C-4'), 157.7 (C-4"), 158.2 (C-2", 6").

Mixed fermentation of green tea and lahpet-so

Green tea (200 g) was mixed with H_2O (1.2 l) and heated in a microwave oven (600 W) for 3 min. After cooling (40 °C), commercial lahpet-so (10 g) was mixed with the wet green tea and tightly packed into a bottle with a stopper. After fitting the stopper, the bottle was kept at 37 °C for 10 weeks. The fermented tea (800 g) was extracted with acetone/H₂O (3:2, 1 l) three times, and the extract was concentrated under reduced

pressure. After removal of insoluble material formed in the resulting aqueous solution (600 mL) by filtration, the filtrate was partitioned with ethyl acetate (600 mL, three times) to give an ethyl acetate fraction (23.1 g). This fraction was fractionated by Diaion HP20SS column chromatography (7.5 cm i.d. \times 30 cm, 0–100 % methanol in H₂O) into eight fractions: 1 (0.5 g), 2 (7.0 g), 3 (4.3 g), 4 (3.0 g), 5 (2.1 g), 6 (2.9 g), 7 (0.21 g), and 8 (2.8 g). HPLC analysis of the fractions indicated that fraction 2 contained 3, 4, 5. 1. Fraction 3 (4.3)**g**) was mainly composed of 2. and and epigallocatechin-3-O-gallate. This fraction was separated by column chromatography on Diaion HP20SS (3 cm i.d. \times 25 cm, 0–100 % methanol in H₂O) to give seven subfractions. Subfraction 3-5 (1.8 g) was applied to a Sephadex LH-20 column (2.5 cm i.d. \times 20 cm) with ethanol and the first fraction (31.9 mg) was then passed through a Bondapak C₁₈ 125A column (1.0 cm i.d. \times 10 cm, 0–40 % CH₃CN) to give 7 (7.4 mg). Fraction 4 contained epicatechin-3-O-gallate and caffeine. Fraction 5 of the ethyl acetate fraction was separated by silica gel column chromatography (4 cm i.d. \times 20 cm) with CHCl₃/methanol/H₂O (90:10:1, 80:20:2, and then 70:30:5), and the first fraction (fraction 5-1, 439 mg) was purified by successive column chromatography with Chromatorex ODS (2 cm i.d. \times 18 cm, 0–60 % methanol in H₂O) and silica gel (3 cm i.d. \times 20 cm, CHCl₃/methanol/H₂O 90:10:1 and then 80:20:2) to yield compound 8 (103) mg). Fraction 6 was subjected to silica gel column chromatography (3 cm i.d. \times 20 cm, CHCl₃/methanol/H₂O 90:10:1 and then 85:15:1) to give bruguierol B (9) (120 mg).

Compound 7

Brown amorphous powder; $[\alpha]_D -4.1^\circ$ (*c* 0.10, methanol). ESI-TOF-MS: *m/z* 249 [M+Na]⁺. HR-ESI-MS: *m/z* 249.1093 [M+Na]⁺ (calcd. for C₁₂H₁₈O₄Na, 249.1103). UV λ_{max}^{MeOH} nm (log ε): 220 (3.88), 282 (3.49). IR v_{max} cm⁻¹: 3266, 2966, 2928, 1604, 1556, 1520, 1446. ¹H NMR (500 MHz, CD₃OD) δ : 6.66 (1H, d, *J* = 8.0 Hz, H-5'), 6.64 (1H, d, *J* = 2.1 Hz, H-2'), 6.51 (1H, dd, *J* = 8.0, 2.1 Hz, H-6'), 3.68 (2H, m, H-2, 5), 2.61 (1H, dd, *J* = 13.5, 6.9 Hz, H-1), 2.55 (1H, dd, *J* = 13.5, 6.4 Hz, H-1), 1.61 (2H, m, H-3, 4), 1.43 (1H, m, H-4), 1.33 (1H, br dd, *J* = 18.8, 8.3 Hz, H-3), 1.12 (3H, d, *J* = 6.2 Hz, H-6). ¹³C NMR (125 MHz, CD₃OD) δ : 146.0 (C-3'), 144.6 (C-4'), 132.0 (C-1'), 121.7 (C-6'), 117.6 (C-2'), 116.2 (C-5'), 74.1 (C-2), 68.8 (C-5), 44.5 (C-1), 36.4 (C-4), 33.8 (C-3), 23.5 (C-6).

Compound 8

Brown amorphous powder; $[\alpha]^{23}_{D}$ +9.5° (*c* 0.1, methanol). UV (methanol) λ_{max} (log ε): 272 (3.29), 211 (4.77), 207 (4.77). IR ν_{max} cm⁻¹: 3422, 1653, 1507. FAB-MS (matrix glycerol + NaCl): *m/z* 223 [M+H]⁺, 207 [M-CH₃]⁺. HR-ESI-MS: *m/z* 245.0761 (calcd. for C₁₂H₁₄O₄Na, 245.0790). ¹H NMR (400 MHz, CD₃OD) δ : 6.07 (1H, s, H-6'), 4.57 (1H, m, H-2), 3.15 (1H, dd, *J* = 5, 16 Hz, H-1), 2.28 (1H, d, *J* = 16 Hz, H-1), 2.17 (1H, m, H-3), 2.10 (1H, m, H-4), 1.83 (3H, s, H-6) 1.71 (1H, m, H-4), 1.59 (1H, m, H-3). ¹³C NMR (100 MHz, CD₃OD) δ : 145.7 (C-5'), 143.7 (C-3'), 132.0 (C-4'), 124.8 (C-1'), 122.4 (C-2'), 108.2 (C-6'), 82.2 (C-5), 75.3 (C-2), 43.1 (C-4), 38.0 (C-1), 30.9 (C-3), 24.3 (C-6).

Bruguierol B (9)

Yellow amorphous powder; $[\alpha]^{24}_{D}$ +17.1° (*c* 0.1, methanol). UV (methanol) λ_{max} (log ε): 287 (3.94), 209 (4.51), 206 (4.49). IR ν_{max} cm⁻¹: 3140, 1700, 1605, 1600, 1539. FAB-MS (positive): *m/z* 207 [M+H]⁺. HR-FAB-MS: *m/z* 207.1021 [M+H]⁺ (calcd. for C₁₂H₁₅O₃, 207.1021). ¹H NMR (400 MHz, acetone-*d*₆ + D₂O) δ : 7.65, 7.54 (each 1H, br s, 4, 5-OH) 6.64 (1H, s, H-3'), 6.50 (1H, s, H-6'), 4.57 (1H, m, H-2), 3.08 (1H, dd, *J* = 5, 16 Hz, H-1), 2.31 (1H, d, *J* = 16 Hz, H-1), 2.12 (1H, m, H-3), 1.90 (1H, m, H-4), 1.71 (1H, m, H-4), 1.62 (1H, m, H-3) 1.56 (1H, s, H-6). ¹³C NMR (100 MHz, acetone-*d*₆ + D₂O) δ : 144.5 (C-5'), 143.8 (C-4'), 136.6 (C-2'), 123.8 (C-1'), 116.5 (C-6'), 120.8 (C-3'), 80.4 (C-5), 74.8 (C-2), 43.7 (C-4), 37.4 (C-1), 31.0 (C-3), 23.2 (C-6).

Acknowledgments

The authors are grateful to Mr. K. Inada and Mr. N. Tsuda (Nagasaki University) for NMR and MS measurements, and to Dr. Y. Miyata, Nagasaki Prefectural Agricultural and Forestry Experiment Station, Higashisonogi Tea Branch, for supplying green tea.

References

- 1. Ho CT, Lin JK, Shahidi F (2008) Tea and tea products: chemistry and health-promoting properties. CRC Press, Boca Raton, FL
- Hara Y (2001) Green tea: health benefits and applications. Taylor and Francis, Boca Raton, FL

- 3. Juneja LR, Kapoor MP, Okubo T, Rao TP (2013) Green tea polyphenols: nutraceuticals of modern life, CRC Press, Boca Raton, FL
- Miyazawa T (2000) Absorption, metabolism and antioxidative effects of tea catechin in humans. BioFactors 13:55–59
- Zhu M, Chen Y, Li RC (2000) Oral absorption and bioavailability of tea catechins. Planta Medica 66:444–447
- Takagaki A, Nanjo F (2010) Metabolism of (-)-epigallocatechin gallate by rat intestinal flora. J Agric Food Chem 58:1313–1321
- 7. Wang LQ, Meselhy MR, Li Y, Nakamura N, Min BS, Qin GW, Hattori M (2001) The heterocyclic ring fission and dehydroxylation of catechins and related compounds by Eubacterium sp. Strain SDG-2, a human intestinal bacterium. Chem Pharm Bull 49:1640–1643
- Jin JS, Hattori M (2012) Isolation and characterization of a human intestinal bacterium eggerthella sp. CAT-1 capable of cleaving the C-ring of (+)-catechin and (-)-epicatechin, followed by *p*-dehydroxylation of the B-ring. Biol Pharm Bull 35:2252–2256
- Tanaka T, Nagai S, Shii T, Matsuo Y, Kouno I (2011) Isolation of 1,3-diphenylpropan-2-ols, identical to tea catechin metabolites produced by intestinal bacteria, and pyrogallol from Japanese post-fermented tea. Nippon Shokuhin Kagaku Gakkaishi 18:6–11
- Tanaka T, Umeki H, Nagai S, Shii T, Matsuo Y, Kouno I (2012) Transformation of tea catechins and flavonoid glycosides by treatment with Japanese post-fermented tea acetone powder. Food Chem 134:276–281

- 11. Stoupi S, Williamson G, Drynan JW, Barron D, Clifford MN (2010) A comparison of the in vitro biotransformation of (–)-epicatechin and procyanidin B2 by human faecal microbiota. Mol Nutr Food Res 54:747–759
- Meselhy MR, Nakamura N, Hattori M (1997) Biotransformation of (-)-epicatechin
 3-O-gallate by human intestinal bacteria title. Chem Pharm Bull 45:888–893
- 13. Han L, Huang X, Sattler I, Moellmann U, Fu H, Lin W, Grabley S (2005) New aromatic compounds from the marine mangrove *Bruguiera gymnorrhiza*. Planta Medica 71:160–164

Figure Legends

Fig. 1 HPLC profiles of green tea (A) and lahpet-so (B) (maximum absorbance).
GA, gallic acid; TG, theogallin; GC, gallocatechin; 1, epigallocatechin; Caf, caffeine; 2, epicatechin; EGCg, epigallocatechin-3-O-gallate; GCg, gallocatechin-3-O-gallate; ECg, epicatechin-3-O-gallate

Fig. 2 Structures of compounds 1–9

Fig. 3 HPLC (maximum absorbance) of mixed-fermentation product of green tea with lahpet-so (after 10 weeks)

Fig. 4 $^{1}H^{-1}H$ COSY and HMBC correlations for 7 and 8

Fig. 5 Possible production mechanism for 7 and 8



Fig. 1 HPLC profile of green tea (A) and lahpet-so (B) (max absorbance).
GA: gallic acid, TG: theogallin, GC: gallocatechin, 1: epigallocatechin,
Caf: caffeine, 2: epicatechin, EGCg: epigallocatechin-3-O-gallate, GCg: gallocatechin-3-O-gallate, ECg: epicatechin-3-O-gallate



Fig. 2 Structures of compounds 1–9.



Fig. 3 HPLC (max absorbance) of mixed-fermentation product of green tea with lahpet-so (after 10 weeks).



Fig. 4 1 H- 1 H COSY and HMBC correlations for 7 and 8.



Fig. 5 Possible production mechanism of **7** and **8**.